MARCH NEWSLETTER 2025



We are proud to announce the LNIB Infrastructure/Public Works team is being acknowledged today at the Assembly of First Nations Housing and Infrastructure Conference in Calgary February 20th, 2025.

The National First Nations Water Leadership Award is an annual award that recognizes First Nations individuals or organizations that have demonstrated leadership and outstanding dedication to the advancement of clean and safe drinking water in First Nations communities.

Please congratulate Skyler Peterson, Josh Moore & Cody Kovacs

ELOWER NICOLA NDIAN BA D Œ

In This Issue



| Message from kwúkwpi? Stu Jackson | Page 3 |
|--------------------------------------|---------|
| Message from Executive Director | Page 6 |
| Chief & Council Attendance | Page 7 |
| Chief & Council Motions | Page 9 |
| LNIB Education & Band School | Page 15 |
| LNIB Lands & Housing | Page 27 |
| Bear Den II | Page 38 |
| LNIB Community Services | Page 46 |
| LNSS | Page 50 |
| LNIB Fire Department | Page 52 |
| Posters of Upcoming Community Events | Page 53 |
| Wood for Sale | Page 52 |
| Winter Solitice Powwow | Page 53 |



E 2

Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025

henders and community members.

I think it is fair to say that the spring season is upon us. Although the higher elevations still have vast amounts of snow on the ground, our beautiful Nicola Valley is closer and closer to green grass and dry ground. Although we are closer to spring, I would strongly urge that if you drive to keep your winter tires on your vehicle until the specified time that is required by law. I hope everyone enjoyed the winter season that prefers snow and cold temperatures. Personally, I am guite pleased to feel the warmer temperatures as we move into the month of March. Spring break is just around the corner, and I will venture a guess that school students and teachers are anxious and excited for a break from the books and lectures. I won't say that parents and guardians feel the same. Usually, it is a celebration for parents and guardians when school starts in the fall and the kids and teachers are all bummed out so I guess the tables will change for a brief period of time for Spring Break. Regardless, I hope everyone enjoys this time off. February has been a relatively busy month for LNIB. The council has regularly met this month and continues to engage with two proponents that have an interest in working with LNIB.



Enbridge has been making efforts to meet with LNIB to speak to and work on relationships with LNIB regarding the Sunrise Expansion Project (SEP). I am hoping to invite Enbridge to a community meeting soon to discuss the project and talk about a proposed equity opportunity for LNIB.We have had brief discussions with Enbridge, but we need to engage further. I hope to invite Enbridge this spring. LNIB has also been in discussions with a company named Capstone. LNIB is working on a partnership with Capstone to take advantage of a renewable energy opportunity with respect to wind power. Windmills or turbines is what LNIB is discussing with Capstone. Capstone is a company that is situated in Toronto, Ontario but they have a hub office in Calgary, Alberta. LNIB recently met with Capstone in Vancouver. Capstone is also working with the Ashcroft Indian Band and the Wei Wai Kum First Nation (Campbell River). LNIB has a negotiations committee that was struck from Chief and Council, and this committee will be negotiating with Capstone an electricity purchase agreement as well as other opportunities that LNIB may benefit from. LNIB will be advocating for and lobbying for employment opportunities, contractual opportunities, and other benefits. We have full intention of inviting Capstone to a community meeting as well.

There is a lot of excitement in the valley as of late. I encourage LNIB members seeking housing to apply for housing opportunities at the Nicola Native Lodge. There are application forms available at the band office. Gateway 286 is getting closer and closer to development. Renee Merrifield from Troika did a presentation at our most recent community meeting and there was some good dialogue that ensued. It is our intention to do our best to provide communication to our membership of all the developments that are occurring in our valley. We have a lot of opportunities in our grasp with mining, pipelines, gas lines, wind power, tourism, land development and housing opportunities. We will continue to strive to endorse and pursue economic opportunities as well. Let us all enjoy leaping into the spring season. Remember that Spring Break is coming and that means our children will be out and about playing and being kids. Let's be responsible on our neighborhood streets and roads. Let's keep everyone safe. Take care of yourself, but most importantly take care of your friends and your families. Much love and respect. k^wuk^wscémx^w

kwúkwpi? Stu Jackson

Lower Nicola Indian Band

N?e?iyk Spílạm



Dear LNIB Members,

I am pleased to present our monthly report for February 2025. LNIB continued to be busy with several initiatives. Here are some of the things we have been working on:

Human Resources: While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe.

The Lower Nicola Indian Band welcomes the new members to the team Katolina Peterson, Land Guardian; Julie Bohdanova, School Mental Health Counsellor and Lauren Wrede, Receptionist.

LNIB would like to wish Wyatt Smith, Geographic Information Systems (GIS) Analyst who moved on to other opportunities

Current job postings with Lower Nicola Indian Band are Fisheries Technician, Geographic Information Systems Analyst, Policy Analyst, Teacher K-7 School, Counsellor (specific for Male clients). For job postings visit https://www.lnib. net/jobs/ or https://secure.collage.co/jobs/lnib for further details.

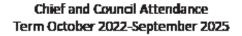
Committees and Liaisons: The Lands Management Advisory Committee met February 13th and 20th, 2025. The Finance and Audit Committee met February 6, 2025. The Housing Policy Review Committee met on February 4, 2025. The Human Resource Policy Review Committee met February 14, 2025.

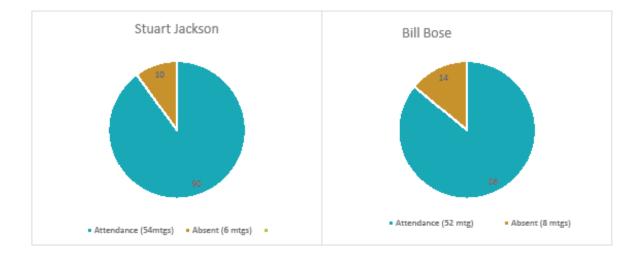
Community Meetings and Workshops: The next Band General meeting is scheduled for March 31, 2025.

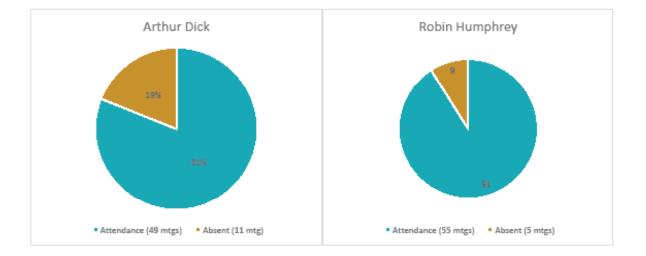
Support to Chief and Council: Chief and Council met February 4th and 25th. Should you require anything on the Chief and Council agenda scheduled for March please contact **Nicola Cox** and I. Finally, members remember that the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom so you can be added to the email invitation for the scheduled Chief and Council meetings.

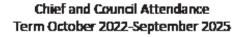
Kari Reilander, LNIB Executive Director

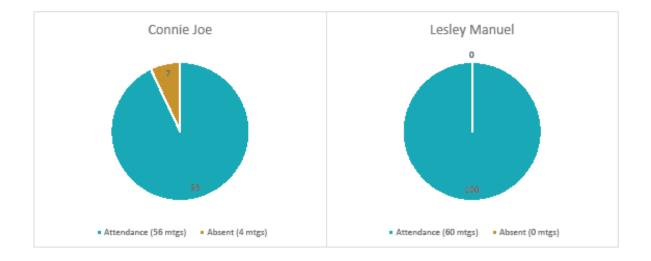
Next Band General Meeting March 31, 2025

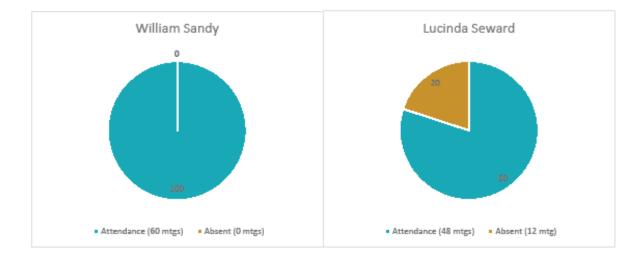












Resolutions from Chief and Council February 4, 2025 meeting

Resolution #02-04-2025-01 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the February 4,2025 Chief and Council meeting agenda.

Motion Carried

Resolution #02-04-2025-02 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the January 21,2025 Chief and Council meeting minutes as presented.

Motion Carried

Resolution #02-04-2025-03 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") move to authorize the Executive Director to approve payments to members who are eligible to receive subsidies from Indigenous Services Canada (ISC).

Motion Carried

Resolution #02-04-2025-04 Reads:

The Chief and Council hereby authorize k^wúk^wpi? Stuart Jackson, Councilor William Bose, and Lands Manager Delta Long to sign the Certificate of Possession documents for the following:

- Certificate of Possession No. 403056763 for Lot 120 CLSR No. 59339 Nicola Mameet IR No. 1 in the name of Sheila Jennifer Joe.
- Certificate of Possession No. 403056784 for Lot 123 CLSR No. 59591 Nicola Mameet IR No. 1 in the name of Sheila Jennifer Joe.
- 3. Certificate of Possession No. 403057194 for Lot 147-2 CLSR No. 101145 Nicola Mameet IR No. 1 in the name of Sheila Jennifer Joe.
- 4. Certificate of Possession No. 403057195 for Lot 350 CLSR No. 104848 Nicola Mameet IR No. 1 in the name of Sheila Jennifer Joe.
- Certificate of Possession No. 403056779 for Lot 351 CLSR No. 104848 Nicola Mameet IR No. 1 in the name of Sheila Jennifer Joe.
 - (the "Properties").

Motion Carried

Resolution #02-04-2025-05 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby:

1. Authorize the formation of an Off-Reserve Range Working Group, in accordance of a project workplan and budget, to provide continuous direction and communication to the, Chief and Council, and LNIB membership, composed of:

- a. One technical staff member from the Economic Development Department,
- b. Minimum of 3 adult Lower Nicola Indian Band Members.

2. The purpose of the Working Group is to bring understanding and prioritizing LNIB community interests and concerns regarding off-reserve range interests and use, ensuring member access to range resources, including, but not limited to Bench, Jesse, Aspen and Hector Pastures through Grazing License RAN#076730 Lower Nicola First Nation. By fostering a holistic approach that incorporates the historic significance, addressing the current challenges and envisions a sustainable and culturally aligned future.

3. Further authorizes the Executive Director, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to this motion, or in connection with the performance by the Lower Nicola Indian Band of its obligations to this motion or the project titled "Off Reserve Range Working Group".

Motion Carried

Resolution #02-04-2025-06 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby acknowledges that it is aware that kwúkwpi? Stuart Jackson is signing a Non-Disclose Agreement in his capacity as

Chair of the Board on behalf of Shulus Electricity Transmission Line LP to investigate and potentially sign a non-binding agreement with Enbridge that would enable Enbridge to use a portion of the Kingsvale Electricity Transmission Line and to undertake the permitting/constructing/ financing/ownership a new 3 km Electricity Transmission Line for Enbridge. For clarity, Shulus Electricity Transmission Line LP's agreement with Enbridge would only become binding if LNIB enters into a Mutual Benefits Agreement with Enbridge.

Motion Carried

Resolution #02-04-2025-07 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby:

1. Authorize kwúkwpi? Stuart Jackson, on behalf of LNIB's Chief and Council, to sign the attached letter addressed to TransMountain Pipeline Expansion Project (TMX), requesting funding to implement the Helmer Lake Dam Raise project; and

2. Further authorizes the Executive Director, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to this motion, or in connection with the performance by the Lower Nicola Indian Band of its obligations to this motion.

Motion Carried

Resolution #02-04-2025-08 Reads:

The Chief and Council of the Lower Nicola Indian Band hereby:

- 1. Approve the updated Terms of Reference to include Section XI. Remunerations
- XI. Remuneration
 - LNIB IPCA Steering Committee representatives for LNIB Chief and Council, LNIB Member at Large and LNIB Elder or Key Knowledge Holder are entitled to remuneration for each steering committee meeting attended and any other events attended as agreed to beforehand through an IPCA Steering Committee motion.
 - 2. Remuneration rates are subject to LNIB Chief and Council oversight.
 - 3. The remuneration rates are as follows:
 - a. For LNIB Chief and Council representative, \$200 per meeting or half day activity and \$400 for full day activity.
 - b. For LNIB Member at Large representative, \$200 per meeting or half day activity and \$400 for full day activity.
 - c. For LNIB Elder or Key Knowledge Holder representative, \$250 per meeting or half day activity and \$500 for full day activity.
 - 4. For the purposes of this committee, a half day is any scheduled event up to an including four hours in length and a full day is any scheduled event longer than four hours.

Motion Carried

Resolution #02-04-2025-09 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby:

1. Supports the Contribution Agreement, Project Number: GCXE25A162 with the Minister of the Environment ("Canadian Water Agency" or "CWA") for the amount of \$362,430;

2. Authorizes the Executive Director to sign the Contribution Agreement, Project Number: GCXE25A162, titled "Nicola Watershed Restoration Committee and Water Quality Monitoring" with the Minister of the Environment; and

3. Further authorizes the Executive Director, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to this motion. *Motion Carried*

Resolutions from Chief and Council February 25, 2025 meeting

Resolution #02-04-2025-10 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby authorizes

the Executive Director to:

1. negotiate a contract with Four Directions Management Services (FDMS) to produce a tenyear Stuwix/Naik Comprehensive Community Plan (CCP) in an amount not to exceed one hundred

- and sixty thousand dollars and zero cents (\$160,000.00); and
- do all such acts and things as may be necessary or desirable to give effect to this resolution, or in connection with the performance by LNIB of its obligations pursuant to these resolutions or the contract.

Motion Carried

Resolution #02-04-2025-11 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby:

To: LOWER NICOLA INDIAN BAND DEVELOPMENT CORPORATION

(the "Company")

Registered Office Delivery Address: 1000 - 595 Burrard Street, Vancouver, BC, V7X 1S8 The undersigned, being the holders of not less than 1/20 (5%) of the issued shares of the Company that, at the date on which this requisition is received by the Company, carry the right to vote at general meetings of the Company, hereby require the directors of the Company to proceed immediately to call a general meeting of the shareholders of the Company to be held within four months after the date of receipt of this requisition for the purpose of:

- 1. elect Directors for the Company;
- 2. approve altered Articles for the Company by special resolution;
- 3. appoint an authorized person as auditor for the Company;
- 4. place before the Shareholders the financial statements for the most recently completed financial year end along with any auditor's report on the financial statements.

Dated at Merrit, British Columbia, Canada on February 4, 2025.

Motion Carried

Resolution #02-04-2025-12 Reads:

The Chief and Council of the Lower Nicola Indian Band ("LNIB Chief and Council") hereby approves issuing a Canadian Construction Documents Committee, (CCDC 1- 2025) Stipulated Price Contract for the LNIB School, interior painting project, and further authorizes the Executive Director or the Director of Finance to issue the tender once it has been reviewed by legal counsel.

Motion Carried

Resolution #02-04-2025-13 Reads:

The Lower Nicola Indian Band Chief and Council move to move to go IN Camera at 9:42 pm. and the meeting be closed to the public to consider matters of that are at their preliminary stages and that, in the view of the council, could reasonably be expected to harm the interests if they were held in public. Motion Carried

Resolution #02-04-2025-14 Reads:

The Lower Nicola Indian Band Chief and Council move to reconvene the February 4, 2025 meeting at 11:20 pm.

Motion Carried

Resolution #12-03-2024-15 Reads:

NOW THEREFORE BE IT RESOLVED THAT the Chief and Council:

1. supports and approves the recommendation made by the Lands Management Advisory Committee on December 5, 2024;

2. prohibits Jordan Renee Harris, and Jayden Dwight Smith from continuing to reside in the modular home; and

3. instructs Jordan Renee Harris, and Jayden Dwight Smith to remove the modular home that was placed on Lot 32, Nicola Mameet IR No.1 with a civic address of 207 Crab Apple Lane, Merritt, BC due to non-compliance with the Lower Nicola Indian Band Land Code.

Motion Carried

Resolution #12-03-2024-16 Reads:

The Lower Nicola Indian Band Chief and Council move to adjourn the December 3, 2024 meeting at 11:25 pm.

Motion Carried

Resolutions from Chief and Council February 25, 2025 meeting

Resolution #02-25-2025-01 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the February 25,2025 Chief and Council meeting agenda.

Motion Carried

Resolution #02-25-2025-02 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the February 4,2025 Chief and Council meeting minutes as presented. *Motion Carried*

Resolution #02-25-2025-03 Reads:

The Chief and Council of the Lower Nicola Indian Band hereby:

 The Finance Committee recommends Council to approve the internal Operating Financial Statements as at September 30, 2024 (6 months).
 Motion Carried

Resolution #02-25-2025-04 Reads:

The Chief and Council of the Lower Nicola Indian Band hereby:

The Finance Committee recommends Council to approve the internal Operating Financial Statements as at December 31, 2024 (9 months). *Motion Carried*

Resolution #02-25-2025-05 Reads:

The Chief and Council of the Lower Nicola Indian Band hereby:

- Supports the Economic Development Department to tender a Request For Proposals (RFP) to allow competitive bids on the final 3 rounds (of 4) of sampling, testing, analysis and reports to fulfil the 'Nicola Watershed Water Quality Monitoring Program' funded through the previous LNIB Chief and Council Motion February 4th 2025, and resulting Resolution #02-04-2025-09;
- 2. Authorizes the Executive Director to sign the Agreement that will be developed to contract the work following the acceptance of the most suitable bid; and
- **3.** Further authorizes the Executive Director, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to this motion, or in connection with the performance by the Lower Nicola Indian Band of its obligations to this motion. *Motion Carried*

Resolution #02-25-2025-06 Reads:

The Chief and Council of the Lower Nicola Indian Band hereby:

- 1. Approves payment to ISE Consulting Group for invoice #1011260 in the amount of \$305,707.50, for all outstanding fees for work completed from April 2021 through to February 2024; and
- 2. Authorizes the Executive Director to sign the Lower Nicola Indian Band Cheque Requisition ED10488 for ISE Consulting Group's invoice #1011260 in the amount of \$305,707.50.

Motion Carried

Resolution #02-18-2025-07 Reads:

1. The Chief and Council move to approval kwúkwpi? Stuart Jackson's travel to and overnight stay in Vancouver, BC to attend the Capstone Project Meeting for February 24, 2025 in an amount not to exceed \$5,000.00.

Motion Carried

Resolution #02-18-2025-08 Reads:

1. The Chief and Council move to approval Councilor Robin Humphrey's travel to and stay overnight in Vancouver on February 24, 2025, to attend an in-person meeting regarding the Capstone project.

Motion Carried

Resolution #02-25-2025-09 Reads:

The Chief and Council move to approval Councilor William Sandy's travel to Spokane, Washington for March 12-14, 2025, to attend the 2025 Celebrating Salish Conference. **Motion Carried**

Resolution #02-25-2025-10 Reads:

The Lower Nicola Indian Band Chief and Council move to adjourn the February 25, 2025, meeting at 8:15 pm. **Motion Carried**





Important Notice to LNIB Members

February 28, 2025

Re: LNIB Development Corporation

Chief and Council are committed to maintaining the highest standards of corporate governance and financial oversight across all of our operations. As part of this ongoing commitment, we wish to inform you that Chief and Council has initiated a standard governance and financial review of the Lower Nicola Indian Band Development Corporation and its subsidiaries.

This review is being conducted as part of our regular corporate governance practices and is focused on:

- Ensuring appropriate financial transparency between the LNIB and its Development Corporation
- Evaluating governance structures and reporting mechanisms
- Confirming that the value to our members is being appropriately maximized

Chief and Council have engaged qualified financial and legal professionals to conduct this review in a thorough and objective manner.

The review is currently in its initial phase. We anticipate that the process will be conducted efficiently and with minimal disruption. Chief and Council will provide an appropriate update once the review has been completed and the findings have been thoroughly assessed.

Chief and Council take our fiduciary responsibility to protect and enhance value for our members very seriously. This review reflects our proactive approach to corporate governance and our commitment to ensuring the Development Corporation operates with appropriate transparency and accountability.

181 Nawishaskin Lane, Merritt, BC V1K 0A7 Phone: 250-378-5157 | Fax: 250-378-6188 | Toll Free: 1-888-447-1744 Email: reception@lnib.net

Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025

LOWER NICOLA BAND SCHOOL FEBRUARY NEWSLETTER

Hello Everyone,

I am excited to share with you all everything we have been up to the past month. Like always it is go go go around here!

Our school recently had the opportunity to attend the district educational powwow at the recreation center. It was an interesting event, and a couple of our talented students were fortunate enough to showcase their dances, representing our school with pride and joy.

In addition, our students had a couple of great ice fishing trips. The first trip, to Kentneky, brought home a few fish, and even though we got skunked on the second trip, the experience was still a great opportunity for the kids to learn and be outside.

January was an exciting month for Ma. Sheena and Ma. Cardypie's class as they went skiing and snowboarding. The kids and the adults had a lot of fun and really enjoyed it. It's also been amazing to see many of our students get into anowhoarding and we're looking forward to seeing how they continue to develop their skills!

Valentine's Day brought a special treat as we hosted our Elders for Lunch. It was a "heartfelt" gathering, and our students enjoyed spending time with the elders while sharing a delicious meal.

Another highlight of the month was our very first-over basketball tournament. Hearing the chants of "Let's Go Grizzliest" echoing through the gym, and seeing the stands were filled with pumped up fans. It was a wonderful way for our community to come together and celebrate our school spirit.

As we move into next month, we are preparing for our Grade 4/5 handball teams to begin their season. We can't wait to see our students continue to grow and excel in sports.

Lastly, we would like to invite all families to our next Parent Gathering on Wednesday, February 26. We hope to see you there for an avesome home cooked meal and an opportunity to connect with all the teachers. Also, a friendly reminder that the last day of school is Friday, March 14th and then we are on Spring Break until March 31st, which will be our first day back.

Cheers,

Lercy Slanzi Principal LNIB School Go Grizzlics !!



Principal Lerov Slanzi Leroy, slanxi@lnib,net Evocutive Assistant Sioux.8wakum@luib.nct Teachers: Derek Hanna-Gr K/I Juliis Gulakovs-Gr.1/a Rhonda Sheenn-Gr.8/S Donelda Haller-Gr.q/5 Brenda Ens- Gr. 6/6 Randi Garcypie-Gr.6/7 Office & Support Barb Basil toe Collins Nikki Flottorp Alexanciria Gitató: Bill Heard Cody Jones Shelley LeBlanc Ryan McDougall April Morel Kriss Morel Devan Nagata Reese Paterson Benudy Pinyon Annie Rabbitt Marnee Shipelark Garry Stelluk Peony Toodlican Phone: 250.378.5527 School cell: 250-315 8546

It's been a busy and exciting February! Grade ½ students have made great strides in their learning, tackling word problems and continuing to develop their sound blonding skills. We've also had fun with creative crafts, celebrating Valentine's Day and proparing for the Elders Lunch.

A special highlight was the wonderful collaboration with our Grade 6/7 buddles, where the younger students enjoyed making bracelets and robots together. It's been a month full of growth, creativity, and teamwork!





Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025

















Ms. Sheena's Class experimenting with slime and making sushi!

My class has been working hard on the Science of Reading! The Science of Reading is based on the 5 BIG IDEAS! **Phonemic Awaremett** - The ability to identify and play with individual sounds in spoken words. **Phonics -** Reading instruction on understanding how latters and groups of letters link to sounds to form letter- sound relationships and spelling patterns. **Fluency** - The ability to read words, phrases, sentences, and stories correctly, with enough speed, and expression. **Vecabulary** - Knowing what words mean and how to say and use them correctly. **Comprehension** - The ability to understand what you are reading. **Merphology-** is the study of how parts of words, called *merphones*; create different meanings by combining with each other or standing alone



Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025









Ms. Sheena's Class skiing at Harper Mountain in Kamloops! I am very proud of all students for being brave and trying without giving up.



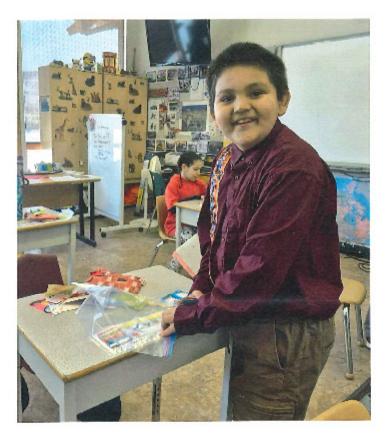
Burrrrr! The temperature dropped but the learning is rising in our grade 4/5 class.

We all know that February is the second month of the year, but did you know it is the third and final month of winter in our Northern Hemispherel It is also the snowiest month, so it only makes sense that the full moon in February is called the Snow Moon, the usual length of February is 28 days unless it's a leap year then it has 29 days (which only occurs once every four years!). February comes from the Latin word februum, which means "purification". Above all! February is a month of love and romance.

Students were excited to show and share their kindness and thoughtfulness during our Valentines Day card exchange. Big bright smiles filled the room! Cheeks were puffed with goodies while they watched a captivating movie.







James, our Language and Culture teacher, brought some freshwater Lingcod (Burbot) to school to teach the students about these fish.

Burbot are the only freshwater members of the cod family. They closely resemble their saltwater true cod relatives- the Gadiforms- which include several valuable commercial species like Atlantic cod or haddock.



A Burbot's habitat is usually on the bottom of a lake or river where it is deep and cooler.

They have long, slender bodies with short fins. Their skin feels smooth because of their microscopic scales. Their skin is also mottled (speckled) and can be many colours including brown, black, green, grey and even yellow.

Burbot is healthy for us! It's an excellent source of protein. It is packed with Vitamin A, so it keeps the skin, bones, and eyes healthy. This fish is considered one of the healthiest foods available!

March 2025



Thank you, James! It was very educational and interesting! So glad it's getting warmer out. Until next time...This is Mrs. Haller signing off.

March 2025



The Grade 5/6 class made over 12 dozen valentine commest cookies in preparation for the Elder's Valentine Luncheon. Working in small groups they had to double the cookie recipe and then measure and mix the ingrodients. Next, came rolling out the dough, pressing in the shapes and baking.



Students then made all the icing and added the food coloring. The students then did a practice coukie inorder to be prepared to demonstrate and help Elder's decorate their cookies and share in the deliciousness of 'home baked' cookies.



March 2025









Fun Valentino Art



Everyone was invited to decorate a cookic. Great job Grade 5/6!

Dear Parents and Guardians,

I hope this newsletter finds you well! The Grade 6/7 class has been working hard since returning from the Christmas break, and I'm excited to share some of the incredible learning and experiences we've had.

Wrapping Up Our Learning

Over the past few months, we've completed our units on **Chemistry** and **Ancient Civilizations**. Students explored the fascinating world of chemical reactions, the properties of matter, and how chemistry connects to everyday life. In Social Studies, we took a doop dive into Ancient Civilizations, examining how early societies shaped government, trade, and innovation. The students engaged in thoughtful discussions and activities, showcasing their critical thinking and curiosity!

Outdoor Adventures & Leadership Moments

This term, students had the opportunity to participate in several **exciting outdoor activities**, including skiing, snowshoelng, and hockey training. These experiences helped build resilience, teamwork, and confidence while allowing students to connect with the land and each other.

A highlight of the past month was the **Elders Gathering**, where our students stepped into leadership roles by setting up art tables for Elders and younger students. It was heartwarming to see them **teach and mentor younger students**, guiding them through **Valentine's-themed art projects** with patience and enthusiasm. Their kindness and leadership truly shone, and I couldn't be prouder!

Spring Break Learning Encouragement

With **Spring Break just around the corner**, Lencourage students to continue practicing their skills at home. Here are two simple ways to keep learning fresh:

Reading – Encourage your child to read something they enjoy daily. Whether it's a novel, a graphic novel, or nonfiction, daily reading builds vocabulary, comprehension, and confidence.
 Multiplication Facts – Quick daily practice (flashcards, online games, or skip-counting) will help strengthen their math fluency and problem-solving skills.

Looking Ahead

As we move into the final stretch of the school year, we have **new learning adventures** ahead, and I can't wait to see the students continue to grow and challenge themselves. Thank you for your continued support—your partnership makes all the difference!

If you have any cuestions or would like to connect, please don't hesitate to reach out.

March 2025

Wishing you and your family a wonderful and restful Spring Break!

Warm regards, Ms. Gardypie Grade 6/7 Teacher



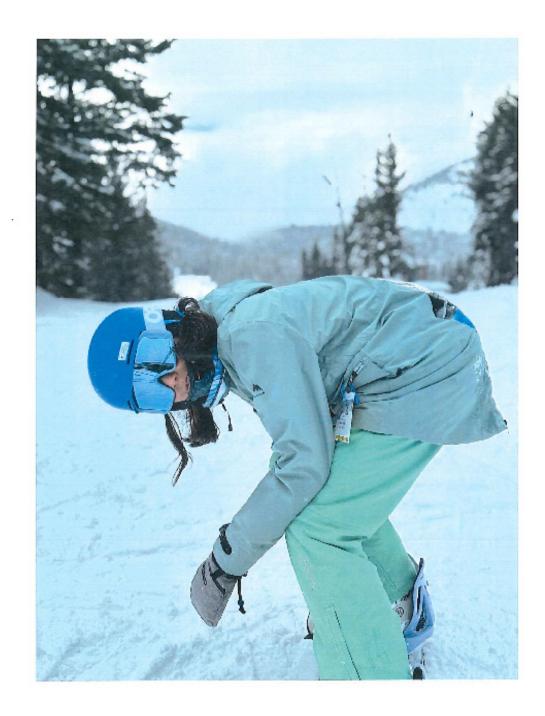




March 2025







N?e?iyk Spílạm

BSOUGTELYNO NUTS AND NO PEANUT BUTTER MARCH 2025

| Mon | Tue | Wed | Thu | Fri |
|---|--|--------------------------------------|--------------------------------------|--|
| 3 Chicken noodle soup/ Mac & cheese pockets | 4 Puncukey/bacon & fruit CRAZYHAIRDAY | 5 Potato soup & gritled cheese | h Chicken stir fry & rúce | 7 Spaghetti & garlic toust |
| 10 Teriyaki meatballs & rice | 11 Chicken Greek pasta | 12 Eggs Bennie & ham | 13 Cream of chicken soup & ban | 14 PIZZA DAY WEAR GREEN REPORT CARDS GO HOME LAST DAY BEFORE SPRING BREAK |
| 17 SPRING BREAK | 18 SPRING BREAK | 19 SPRING BREAK | 20 SPRING BREAK | 21 SPRING BREAK |
| 24 SPRING BREAK | 25 SPRING BREAK | 26 SPRING BREAK | 27 SPRING BREAK | 28 SPRING BREAK |
| 31 Taco salad | | | | And Control of Control |

| LNIB EDUCATION DEPARTMENT | SHARON PARSONS EDUCATION PROGRAMS MANAGER | | | |
|-------------------------------|--|--|--|--|
| | Dring is coming. | | | |
| aharon.paraona@inib.net. | Upcoming Events: | | | |
| | -Wednesday, March 5: Days shortened for parent/teacher interviews | | | |
| | -Friday, March 14: elementary grades & grade 8 Report cards go home | | | |
| (250) 878 - 5157 | Friday, March 14: Community Learning Centre (CLC) report cards go home | | | |
| OR | -Monday, March 17: St.Patricks Day | | | |
| | -March 17-28: Spring Break | | | |
| (236) 576 - 2106 | Hello LNIB, | | | |
| 183 NAWISHASKIN LANE Hwy 8 | Post-secondary students will be in the home stretch of the 2 nd semester. And high school students will be preparing for graduation in June. Is it too soon to think about summer jobs? Or maybe you've completed your program and are looking for a permanent position. Come work for the Lower Nicola Indian Band or tell your friends about the many positions available. Use this link to check out the posted jobs. <u>https://www.lnib.net/jobs/</u> | | | |
| HELP ASSISTANCE SUPPORT | School District #58 continues to recruit staff to fill various positions at the Merritt and Princeton schools as well as in the administration sector. As a member of the Indigenous Education Committee, it is my pleasure to participate in many of the interviews. If you are interested in applying to the school district, use the following link to explore: https://www.makeafuture.ca/careers-in-bc-education/ | | | |
| | Just a friendly reminder to LNIB membership that you are free to contact Education staff if you or your child could use help navigating a challenge. Education department staff may be able to find resources to suit your needs. Wishing you good health, and good fortune! | | | |
| | Until next time, Humelth | | | |

Lower Nicola Indian Band



ADDRESS

183 Nawishaskin Lane

PHONE

LNIB: 250-378-5157 Direct: 236-575-2100

EMAIL

Reception.education@lnib.net

WEBSITE

www.lnib.net

Lenessa Seward

LOWER NICOLA INDIAN BAND EDUCATION DEPARTMENT ADMINISTRATIVE ASSISTANT

MARCH 2025

HELLO EVERYONE

Hope all the students are doing well in their studies, spring break is almost here!

Happy St Patrick's Day! Hope everyone enjoys the warm weather and officially saying goodbye to winter!

REMINDER TO STUDENTS

 Post-Secondary Application Forms for funding are due May 31

If interested, please contact the education department for more information and the next steps

SPRING BREAK

If your child has a camp of any sort between March 15[®]-29 they may be eligible for a reimbursement of up to \$400

Contact the education department for more info

LNIB EDUCATION DEPARTMENT SCHOOL SUPPORT

If you haven't applied for the following school support, please do so at the LNIB Education Department

- School Start Up
- Extra-Curricular Activities
- K-12 Tutoring
- International Field Trip Support

We can email fillable forms, or we have printed copies in the office

Reminder that we have moved office buildings, New Address: 183 Nawishaskin Lane

FOR MORE INFORMATION, PLEASE CONTACT THE EDUCATION DEPARTMENT

LOWER NICOLA

March 2025

Spring Break Camps 2025

The LNIB Education Department is providing a onetime Spring Camp reimbursement for LNIB Band Members attending school from K-12!

Your child can attend one Spring Break camp of your choice. There are many scheduled throughout BC such as art classes in Merritt at the Nicola Valley Arts council, riding lessons at the Erin Valley Riding Stables in Kamloops, and More!

Please Note that the **first 100 members** that provide proof of registration and payment will be reimbursed. (Proof of payment must be provided before receiving reimbursement)

Each LNIB student is eligible to receive up to a maximum reimbursement of \$400 to attend <u>one camp</u> during March 15th-29th Spring Break!

For More Information, Please Contact the LNIB Education Department

> Phone: 236-575-2100 Email: reception.education@Inib.net

March 2025



WOODLANDS INDIGENOUS STUDEN1 SCHOLARSHIP PROGRAM 2025

TWENTY FIVE \$1,000 AWARDS

Tolko Woodlands is proud to offer twenty five scholarships to Indigenous students who are pursuing postsecondary education, with priority given to applicants registered in Forestry and related fields of study.

ELIGIBILITY CRITERIA

Applicants must be:

- enrolled in a recognized post-secondary institution
- reside within Tolko's areas of operation
- of Indigenous Ancestry

HOW TO APPLY

Applicants must provide the following:

- proof of acceptance into a recognized postsecondary program
- a completed application form

APPLICATION DEADLINE: JUNE 30, 2025

For more information and to submit application visit: Tolko.com

March 2025

HEADSTART NEWLETTER

MARCH 2025

WHAT WE LEARNED

Fingers crossed spring is on its way back for year .This month we will be focusing on under the sea and St. Patrick's Day. we will be moving onto the letters R,S,T and U. our number will be 8 and Our shape is crescent like Moon.

UPCOMING EVENTS March 6th- Fire Drill March 10th Day light savings (Spring ahead an hour) March 10th pajama day March 14th Wild onion pickup (James) March 17th St .Patrick's/ Wear Green March 24th Crazy Hair day March 31th Head Start Family Dinner

REMINDERS

Thank you all that have made sure to send their children dressed for the weather. The month of march usually bring changes to weather again .We do have some extra muddy buddy's and muck boots but please be sure to send your children with appropriate outdoor wear.

WE WILL BE RUNNING OUR HEAD START PROGRAM THROUGH SPRING BREAK!!

CONTACT INFO

HINAL THAKER hinal.thaker@lnib.net #587-888-2454 JUSTICE FORMAN justice.forman@lnib.net #604-860-3028

MARCH 2025

| 3 | 4 | 5 SCRAMBLED | 6 | 7 |
|--|---|--|---------------------------------------|---------------------------------------|
| PANCAKES AND FRUITS | CHEESE QUESADILLA AND VEGE | EGGS BACON HASBROWN | MINI PIZZA AND CUCUMBER | FRUITS SALAD AND YOGURT |
| 10 | 11 | 12 | 13 | 14 |
| ENGLISH MUFFINE AND YOGURT | MAC AND CHEESE WITH CORN+ PEAS | CHICKEN BURGER AND FRIES | MEAT CHEESE PICKELS CRACKERS | HOT DOGS AND VEGE |
| 17 GRILLED CHEESE AND VEGE | 18 WAFFLES AND FRUITS | 19 CHICKEN NOODLES SOUP +CRACKERS | 20 CHEESE NACHOS AND VEGE | 21 CHICKEN NUGGETS AND FRIES |
| 24 | 25 | 26 | 27 | 28 |
| HAM CHEESE SANDWICH AND VEGE | SNACK PLATTER AND FRUITS | LASAGNA AND GARLICE TOAST | FRECH TOAST AND FRITS | OATMEAL AND YOGURT |

Discuss land activities with the Lands team and exchange stories. Reach out to the Lands Department for any inquiries regarding LMAC, community meetings, and general land matters.

STEPHEN JIMMIE DIRECTOR OF LANDS & HOUSING stephen.jimmie@lnib.net

Reach out to Stephen for questions regarding Land Code, Individual Agreements, Law and Policy Development, Special Land Projects, and Land Use Planning.

MONICA PETTINGER LANDS AGENT monica.p@lnib.net

For inquiries related to lease and permit applications, land access requests, as well as easement and right-of-way applications, please reach out to Monica.

KRIS POR LANDS RESEARCHER kris.por@lnib.net

Please reach out to Kris for assistance with Family/Traditional Research, support with Allotment Applications, coordination of Will Development, and Estate Administration support.

ALEX BUKKOS SURVEY COORDINATOR alex.bukkos@lnib.net

For inquiries regarding ongoing and historical land projects, including surveys and mapping efforts, please contact Alex.

Lands Portal LNIBLANDS.NET

DELTA LONG LANDS MANAGER delta.long@lnib.net

Connect with Delta for discussions on general inquiries, land allotments, transfers, and CPs, as well as matters of law and policy enforcement.

SAYGE FISHER

ENVIRONMENTAL PROTECTION COORDINATOR sayge.fisher@lnib.net

Reach out to Sayge for information on Environmental Management and Protection, Invasive Weed Management, Illegal Dumping, and Special Environmental Projects.

JUSTICE CISCO ADMINISTRATIVE ASSISTANT justice.cisco@lnib.net

Reach out to Justice for general inquiries, questions related to LMAC meetings, and information about community events.

VACANT SURVEY ASSISTANT

If you have any questions regarding land or current projects, visit the lands portal online or contact the Lands Department.

Updates are posted regularly, and printed copies can be made for pick up at the land's office.

NOTICE ABOUT RECREATIONAL VEICHLES

The Lower Nicola Indian Band prohibits RV's to be utilized as long-term primary dwellings, residences, or cabins on LNIB Lands including CP Lands and Custom Family Lands (also known as Family Lands) unless they receive prior written authorization from the Lands Manager.

NOTICE TO COMMUNITY MEMBERS ON WILDLIFE SAFETY

Please refrain from leaving hunting remains, animals' entrails or trimmings up Mamit Lake Branch Road or anywhere near the community / residential areas.

Animal remains attract predators, leaving remains from a hunting trip too close to the community habituates the predators to keep returning for more food. Predators such as coyotes, bears and wolves will keep returning where there is food available to them. Attracting additional predators into the community will create an unsafe environment for children, pets, and all members of the community. Please relocate hunting remains or animal innards outside of the community by leaving them far away from residences or known industry. An alternative to Mamit Lake Branch Road could be up highway 97C, past the industrial park.

LANDS MANAGEMENT ADVISORY COMMITTEE

UPCOMING MEETING THURSDAY February 13, 2024 4:30 PM

Lands Management Advisory Committee (LMAC) meetings are open to all LNIB Members to attend virtually starting at 4:30 PM. Listen in to learn about Lands activities and developments. Check the Members Only portal for LMAC meeting links or contact Stephen, Lands Director, for more details.

LNIB SECURITY

250-215-5048



LNIB Members,

Our Securiguard is on duty 40 hours each week and responds to calls and messages while on shift.

The securiguard is here to assist as needed and monitor any issues reported by residents, such as noise, nuisances, illegal dumping and general safety concerns.

If you or anyone else is in Immediate danger or emergency situation, please CALL 911 FIRST.

N?e?iyk Spílạm

Security Measures for LNIB Reserve Lands 🛛 🗉 🗉 🗉

The Lands Department oversees the management and protection of LNIB reserve lands, ensuring their sustainability and security for the community. To address concerns such as the improper use of land and the illegal dumping of hazardous materials, measures have been implemented to safeguard these valuable areas.



Camera Installation

To complement the gate system, security cameras have been placed in key locations throughout the reserve. These cameras are strictly for monitoring and security purposes, ensuring the safety of the lands without infringing on the privacy of nearby homes, businesses, or communities. Trail cameras are used in areas where gate installation would be impractical, providing a flexible yet effective solution.

Gates for Land Protection

In September 2021, four gates were installed across Nicola Mameet IR1. These gates serve as a barrier to prevent unauthorized activities while still allowing controlled access. While members of the community retain full access to reserve lands, some areas may require gate codes for entry.

The installation of gates follows a dedicated effort to clean up areas contaminated by environmental hazards. These measures are essential to preserving the health and safety of the reserve lands for current and future generations.

Members' access to reserve lands will not be restricted by the GATES, though some areas may require gate codes.

Call 250-280-7270 for access outside of regular office hours or contact LNIB security at (250) 215-5048

BUYER'S NOTICE BOARD

If you're interested in buying land or property from a landowner, the Lands Department can help! Submit your contact information to be included in the monthly LNIB Newsletter.

Jennie Blankenship

I am looking to purchase enough property for two homes and a hobby farm in Zoht, Sunshine Valley, or Nicola Mameet (Hwy 97C). If you have property for sale, please contact me

CONTACT | 604-928-2985 | scwexmx@gmail.com

Mindy Garcia

I am seeking land to build a home, summer home, and a sweat lodge. I am also interested in properties with existing homes, even fixer-uppers. If you or someone you know is selling, I would love to hear from you.

CONTACT | 250-280-5684

Lorne Dunn

I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

CONTACT | 250-315-7501 | lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

Are you a landowner looking to sell?

Contact the Lands Department to have your property featured in the monthly LNIB newsletter.

Available Opportunities for Purchase:

- Potential Business Highway Frontage | Located on Highway 8.
- CP Residential Lots for Sale

For more information, please contact Donelda Haller at 250-315-5315.

40

BUYER'S NOTICE BOARD

If you're interested in buying land or property from a landowner, the Lands Department can help! Submit your contact information to be included in the monthly LNIB Newsletter.

Jennie Blankenship

I am looking to purchase enough property for two homes and a hobby farm in Zoht, Sunshine Valley, or Nicola Mameet (Hwy 97C). If you have property for sale, please contact me CONTACT | 604-928-2985 | scwexmx@gmail.com

Mindy Garcia

I am seeking land to build a home, summer home, and a sweat lodge. I am also interested in properties with existing homes, even fixer-uppers. If you or someone you know is selling, I would love to hear from you.

CONTACT | 250-280-5684

Lorne Dunn

I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

CONTACT | 250-315-7501 | lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

Are you a landowner looking to sell?

Contact the Lands Department to have your property featured in the monthly LNIB newsletter.

Available Opportunities for Purchase:

- Potential Business Highway Frontage | Located on Highway 8.
- CP Residential Lots for Sale

For more information, please contact Donelda Haller at 250-315-5315.



41

Monthly Invasive Weed Spotlight

Butterfly Bush

Buddleja davidii





Origin: This invasive weed originated in Asia

Description:

This flowering evergreen shrub is sometimes also referred to as Orange Eye or Summer Lilac, it can grow quite rapidly to about 5 meters tall. Each bush produces numerous fragrant flower heads, which contain over 40,000 seeds each. These seeds are mostly commonly dispersed through waterways or wind. This species readily invades disturbed soils, open areas, roadsides and in particular, sensitive riparian areas. This invasive is more commonly found near the SW coastal regions of BC but it can spread rapidly in many locations once established. Due to the rapid spread of this invasive, it easily out-competes and replaces native plant species by forming dense patches. Despite the name, this plant does not provide adequate habitat or food for butterfly egg / larvae development.

Control Options:

Prevention

 Reseed all areas where ground disturbance has occurred and minimize ground disturbance near invasive weeds.

- Remove seeds and plant fragments from gear, equipment, or vehicles before leaving a site. Clear Livestock of seed or plant fragments before changing pastures.

 Do not compost this plant, as root and stem fragments can continue to grow and resprout after being removed.

Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025

Monthly Invasive Weed Spotlight

Cultural Control

 Burning may be an effective tool to reduce the surface growth of the weed but this method would either need to be repeated regularly or used in combination with other control methods to prevent vegetative regrowth.

- Reseed any disturbed / bare soil with native plant species.



Mechanical Control

Hand-pulling small infestations is the most effective method for managing this weed. Ensure the
entire root system is removed and bag the removed plants before disposal to prevent root
systems detaching and spreading.

 Mowing patches repeatedly will prevent it from setting seed, but this method may also result in continued vegetative production.



Chemical Control

- No herbicide recommendations for this species at this time.



Disclaimer - ANY & ALL herbicide applications must be applied as spot spraying; broadcast spraying may negatively impact other vegetation in the area & harm sensitive ecosystems.

Herbicide application within 5m of any body of water (seasonal or not) is prohibited.

March 2025

Monthly Invasive Weed Spotlight

LNIB is requesting that the application of herbicide to treat half an acre or more, is carried out by a person holding a valid BC Pesticide Applicator Certificate. Before selecting and applying herbicides, you must review and follow herbicide labels and application rates; municipal, regional, provincial, and federal laws and regulations; species-specific treatment recommendations, and site-specific goals and objectives.

Grow This Instead:

The ISCBC has created a guide to suggest native plant species that can be grown instead of Butterfly bush. Please see the recommendations below!

- Blue elderberry (Sambucus cerulea)
- California lilac (Ceanothus spp. and hybrids)
- Lewis's mock orange (Philadelphus lewisii)
- Meyer lilac (Syringa meyeri)
- Red-flowering currant (Ribes sanguineum)

Additional Resources:

Invasive Species Council of BC (ISCBC)

If you are interested in additional resources or information on invasive weeds, including herbicide application and biological management options, please visit the Invasive Species Council of BC webpage to explore their Resources and Learning links.

Resources -

Link to Webinar Gallery: https://bcinvasives.ca/resources/webinar-gallery/

Link to Resource Library: https://bcinvasives.ca/resources/webinar-gallery/

Link to Research Collection: https://bcinvasives.ca/resources/research-collection/

Link to PlantWise program - https://bcinvasives.ca/play-your-part/plantwise/

Learning –

Link to Learning Centre : https://bcinvasives.ca/resources/learning-centre/

Link for educators: https://bcinvasives.ca/for-youth/for-educators/

Link to Games & Activities: https://bcinvasives.ca/for-youth/games-activities/

Monthly Invasive Weed Spotlight

Thompson Nicola Regional District (TNRD)

The Thompson-Nicola Regional District webpage also has valuable information and materials for identifying, reporting and disposal methods for regional invasive weeds. Please see the link below to explore.

Link to Management Resources: https://www.tnrd.ca/services/invasive-plantmanagement/resources/

Sources:

- All photos by Unknown Author is licensed under CC BY-SA

- ISCBC (2023) Invasive Plant. Butterfly bush, Buddleja davidii. Retrieved from URI: https://bcinvasives.ca/invasives/butterfly-bush/







C LOWER NICOLA

THE ALLOTMENT & CUSTOM Family lands law

WHAT IS IT?

The Allotment and Custom Family Lands Law will define a fair process for assessing members' Certificate of Possession (CP) applications for their Traditional or Family Lands. The decision-making process will be defined in the law and will be structured to ensure fairness.

WHAT DOES IT MEAN FOR LNIB?

WHY SHOULD YOU CARE?

Be Part of Shaping the Future

Stay informed about changes that impact our community and land; participate in discussions and provide feedback. Help shape policies that honor LNIB culture and future generations.

Support for Housing Dreams

Trade your allotment as security for a mortgage or loan and reclaim it once paid. LNIB helps make homeownership a reality!

Preserve Family Traditions

Custom Family Allotments ensure your family's connection to the land is recognized through cultural protocols and oral histories.

SOVEREIGNTY

LNIB controls its lands under its own laws.

CULTURAL PRESERVATION Protects LNIB Traditions and family land use.

TRANSPARENCY

Open and Fair processes for land allocation.

SUSTAINABILITY

Ensures future infrastructure and land stewardship.

GET INVOLVED!

- Family Meeting info sessions; Wednesdays at 1:30 PM (afternoon) and 5:00 PM (evening).
- Contact Justice Cisco: 250-378-5157 | justice.cisco@lnib.net for details and appointments.

The Housing department is responsible for managing the housing program, including property management functions, planning and construction of New Houses, Maintenance and upkeep of the housing stock, the realtionship with Canada Mortgage Housing Fund, and Indigenous Service Canada (ISC)

JORDANA MCIVOR- GRISMER HOUSING ADMINISTRATOR

jordana.mcg@lnib.net

Contact Jordana about the First Nations Market Housing Program, external renovation and building funding options, needs and requirements

SARA FRAZIER-SHUTER HOUSING ADMINISTRATIVE ASSISTANT sara.fraziershuter@lnib.net

JON MOORE HOUSING MAINTENANCE ASSISTANT

ASHLEY DEGRAY TENANT RELATIONS COORDINATOR ashley.degray@lnib.net

Contact Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing policy and general housing questions

MEL BLANKINSHIP HOUSING MAINTENANCE

LUKE FLOWER HOUSING CARPENTER

REMINDER TO ALL TENANTS

We kindly request that residents take responsibility for the conduct of their guests in both the unit and community. This responsibility includes being mindful of noise levels, driving with care and ensuring that all activities are lawful and respectful of others.

Any failure to meet these expectations may be viewed as violation of the rental agreement, potentially leading to the issuance of breach notice or eviction. Your understanding and cooperation in upholding these standards are greatly appreciated.

If you wish to report any disturbance or illegal activity, please contact our security service (250) 215-5048, or the RCMP.

If you have any questions or concerns, please feel free to contact us at (250) 378- 5157

Lower Nicola Indian Band

Septic System Maintenance

DO NOT USE KIRKLAND BRAND TOILET PAPER, as it does not break down and clogs the toilet.

Your septic system is a living ecosystem, and you need to do your part to ensure it is healthy and working as it should.

Never put anything down the drain or toilet that will not biodegrade, including but not limited to, wipes (Lysol, baby, etc.), clothes, bottles, feminism products, paper towel, plastic, etc.

Don't use chemicals like bleach as it kills the good bacteria that breakdown the solid waste.

Space out your water consumption so the tank and drain field are not overwhelmed. By this we mean don't do excessive loads of laundry in a day, have extended showers, leave your tap running unnecessarily, etc.

The drain field (or leach field) is the area on your property where wastewater from your septic system is dispersed into the soil. To avoid damaging the drain field and overall functioning of the septic system; - Never park a vehicle, build a structure, have large livestock animals, have fires, or plant trees or a garden over your septic system's drain field - You should also prevent excess water from flowing over your drain field by making sure your downspouts are pointing away from it because a saturated field cannot drain and process wastewater.

These are some of the simple steps that can save time and money and extend the life of your septic system.

VEHICLE REMOVAL

We are excited to be partnered with Kamloops Auto Recycling and Mario's Towing for scrap vehicle removal in all our LNIB communities. Keeping our communities clean of old vehicles assists with potential environmental concerns that could arise from batteries, tires, old paint decaying and releasing hazardous substances into the environment. Things like coolant, old oil and other liquids can leak over time, seep into the ground, and contaminate the ground water. We would love to get these old vehicles cleaned up to keep our community healthy for generations to come!

If you have multiple vehicles, you would like to be picked up you can call Kamloops Auto Recycling 250-574-4679.

If you have single vehicles, you would like to be picked up you can call Mario's Towing 250-378-9241.



VACANT UNIT UPDATES

We currently have three vacant units. We are just wrapping up some much-needed renovations, decisions are being made about the next steps for one of these units for when this work is complete. We have been working on some much-needed updates and some structural changes to the other two permanent rentals. We appreciate your patience and understanding as we get this unit ready for the next family that will call it home.

LNIB HousingImage: Image: Image:

The LNIB Housing Department has completed the renovations at 216 Nawishaskin Lane and are excited to welcome the new tenants that will be moving in on March 1, 2025!

We have attached a QR code below that you can scan with a smartphone to view the pictures of the completed project!





N?e?iyk Spílạm

The housing Department is asking for homeowners and renters to please fill out the following questionnaires. Acera Insurance questionnaire is for all homeowners, the solid fuel heating questionnaire is for any homeowner or rental unit that has a wood stove or pellet stove installed.

All homeowners, if they can, please fill out the following questionnaires:

- Acera Insurance Questionnaire
- Solid Fuel Heating Questionnaire

All renters to fill out the following questionnaires:

Solid Fuel Heating Questionnaire

REMINDER ALL RENTERS THE HOUSING DEPARTMENT INCOURAGES YOU ALL TO HAVE CONTENTS INSURANCE FOR ALL PERSONAL ITEMS FOR YOURSELF.

The forms will be located at the main office at the front desk.

Please have the forms handed in by: March 15th, 2025

If you have any questions or concerns, Please contact the housing department at, 1-250-378-5157





N?e?iyk Spílạm

#1 – 1315 Summit Drive, Kamloops, BC V2C 5R9 T: 250-828-2135 TF: 1-800-410-2040 F: 250-374-5557 acera.ca



NEW BUSINESS INFORMATION QUESTIONAIRE

| Today's Date | ate Effective Date | | | | |
|---|--|--|--|--|--|
| Name of Insured (s) | | | | | |
| Full Address | | | | | |
| | Email | | | | |
| Date of Birth (s) | | | | | |
| Occupation (s) | | | | | |
| Last Move/Occupied Since | Claims/Losses in last 10yrs? | | | | |
| Previous Insurance? Y / N or First time | sured? Y / N | | | | |
| How many years of continuous claims free I | surance? | | | | |
| Company Name | Policy # | | | | |
| Expiry Date A | ny Lapse In Coverage? | | | | |
| Ever Cancelled/ Declined/ Refused Insurance | by an Insurance Company? Y or N | | | | |
| Mortgage? Y / N Name & Address | | | | | |
| Fire Protection (Circle) Hydrant 300m | Firehall Protected 8 kms Unprotected | | | | |
| Occupancy (Circle) Primary Residence Se | asonal Rental Secondary Vacant | | | | |
| Type of Policy (Circle) Homeowners/ Cond | o/ Tenant/ Seasonal/ Mobile Home/ Farm | | | | |
| Dwelling/ Personal Property Limit \$ | | | | | |
| Deductible Requested (Circle) \$500 \$100 | \$2500 \$5000 | | | | |
| Property – Year Built | Style of Building | | | | |
| Square Footage? (Excluding bsmt) | Bsmt? Finished? | | | | |
| Construction Type (Circle) Detached Frame | / Concrete / Townhouse / Condo | | | | |
| Roof Type | Updated Year | | | | |
| Heating Type | Updated Year | | | | |
| Electrical Type # of | Amps Updating Year | | | | |
| Plumbing Type | Updated Year | | | | |

| Age of Hot Water Tank Alarm System? | | | | | | |
|--|-------------------------------|------------|----------------|----------------|------------|--|
| Number of Families? | Any Roomers/ Boarders/Suites? | | | | | |
| Type of Exterior (Circle) Vinyl | Brick | Log | | | | |
| Garage/ Carport/ Outbuildings? | | | | | | |
| # of Bathrooms | # of | Kitchens _ | | | | |
| Water Protection (Circle if apply) Sump Pump Water Alarm Back-Up Water Valve | | | | | | |
| Pool/ Hot Tub? Y / N Details | | | | | | |
| Business Operation on Premises? | Y / N | Any Wood | l Heat? Y* / N | *Separate Ques | tionnaire | |
| Consent for Credit Score? (Soft Cr | edit Che | ck Only) | Y / N | | | |
| Strata Deductible (if applicable) _ | | | | | | |
| If Rental, Rental Income Coverage | ? | | | * Separate Que | stionnaire | |
| Has this home ever been a grow-op? Do you grow Cannabis? | | | | | | |
| Is the land owned? Or Leased Land, Bare Land, Band Land | | | | | | |
| If over 1 acre, how any acres? Any Farming on Land? | | | | | | |

Information Collected is for Quoting Purposes Only, All Polices are subject to a fully completed application.

(Photos, Alarm Certificates, Additional questionnaires may be needed prior to binding)

Additional Coverages Wanted:

Earthquake?

Surface Water?

Ground Water?

Scheduled Items?

52

N?e?iyk Spílạm

| CEPA SULID FUEL F | IEATING QUESTIONNAI | | YYYY SIM DD | | |
|--|---|-----------------------------------|--|--|--|
| | | | PHOTO REQUIRED YES NO PHOTO ATTACHED YES NO | | |
| INSURANCE COMPANY | INSURED | AGENT/ BROKER | BROKER CLIENT ID# | | |
| 1. HEATING UNIT | | | | | |
| ТҮРЕ | ACORN STOVE, BOX, FRANKLIN OR POT BELLY STOVE (LOOSE FITTING OR NO DOORS | | OTHER (SPECIFY) | | |
| MAKE | | WOOD STOVE, AIRTIGHT | | | |
| MODEL | FIRE PLACE INSERT | WOODSTOVE, NOT AIRTIGHT | | | |
| AGE | FIREPLACE, ZERO CLEARANCE | WOOD FURNACE | | | |
| | MASONRY FIREPLACE | WOOD FURNACE ADD ON | | | |
| | PELLET STOVE | WOOD / OIL COMBINATION | | | |
| | CANADIAN STANDARDS ASSOCIATION (CSA) | UNDERWRITERS' LABORATORIES | OF CANADA (ULC) | | |
| IS THE UNIT CERTIFIED? YES NO IF YES, BY: | WARNOCK-HERSEY PROF. SERVICE LTD. | OTHER (SPECIFY) | | | |
| ADDRESS OF PREMISES WHERE UNIT IS INSTALL | | IFY) | | | |
| WHERE IS THE HEATING UNIT LOCATED? | | | | | |
| ATTACHED GARAGE | DETACHED GARAGE | | | | |
| □ WORKSHOP | | | | | |
| DWELLING (SPECIFY) | | | | | |
| OTHER (SPECIFY) | | | | | |
| IS THE HEATING UNIT 🗌 PRIMARY 🗌 AUXIL | IARY HOW OFTEN IS HEATING UNIT USED? NU | MBER OF HOURS PER DAY NUM | MBER OF DAYS PER YEAR | | |
| | E FAG | CE CORD (16" x 4' x 8') | | | |
| a superside and a superside an | IUMBER OF CORDS USED ANNUALLY STA | | | | |
| WOOD AND OIL | PELLET (SPECIFY TYPE) | OTHER (SPECIF) | Y TYPE) | | |
| IF FUEL IS NOT WOOD, SPECIFY AMOUNT BURNE | D ANNUALLY | | | | |
| ARE ASHES DISPOSED OF IN A METAL CONTAINE | R? YES NO IS THE CONTAINER EQUIPPED | WITH A METALLID? 🗌 YES 🗌 NO | D | | |
| IS THE ASH CONTAINER PLACED ON A NON-FLAM | IMABLE SURFACE? | | | | |
| 2. CHIMNEY | | | | | |
| TYPE MASONRY | CHIMNEY LINING: C FLUE TILE | SS STEEL OTHER (SPECIFY) | | | |
| FACTORY BUILT DOUBLE WALLE | D METAL CHIMNEY - NAME OF MANUFACTURER | | | | |
| INSTALLATION BY PROFESSION | AL? 🗌 YES 🗌 NO IF YES, NAME OF FIRM | | | | |
| LABELLED: | | | | | |
| | ASSOCIATION (CSA) | ORIES OF CANADA | | | |
| WARNOCK-HERSEY PRO | | | | | |
| | | | | | |
| OTHER TYPE OF CHIMNEY (SPEC | CIEX) | | | | |
| | 5ii 1) | | | | |
| AGE: SAME AS HEATING UNIT OR | | | | | |
| DOES UNIT SHARE A CHIMNEY FLUE? | | | | | |
| CHIMNEY IS INSTALLED INSIDE BUILDIN | g 🔲 outside building 🗌 outside building in II | NSULATED ENCLOSURE | | | |
| | LEANED? DATE OF LAST CLEANING? | | | | |
| | | | PERATURE OF 650°C 🗌 YES 🗌 NO 🗌 UNKNOW | | |
| CLEARANCE OF CHIMNEY TO NEAREST COMBUS | IBLES IS CHIMNEY RAT | FU FOR A CONTINUOUS FLUE GAS TEMP | PERALURE OF 650°C FTT YEST F NO TTT UNKNOV | | |
| | | | | | |

| | HEATING QUESTI | | | | |
|---|---|-----------------------|----------------|------------------|-----------|
| . CLEARANCES | | 1000 | | | |
| | SHORTEST DISTANCE OF STOVE TO: | BACK WALL | ACTUAL | REQUIRED | |
| | SHORTEST DISTANCE OF STOVE TO. | SIDE WALL | | | |
| IMPORTANT | | CORNER | | ×. | |
| PLEASE COMPLETE THE FOLLOWING CHART. THE ACTUAL | | CEILING | | | |
| CLEARANCE IS WHAT YOU MEASURE, WHEREAS THE REQUIRED | SHORTEST DISTANCE OF STOVE | BACKWALL | | | |
| DISTANCE IS THAT SPECIFIED IN THE OWNER'S MANUAL OR ON THE LABEL ATTACHED TO THE HEATING UNIT. | PIPE TO: | SIDEWALL | | | |
| THE MEASUREMENTS ARE IN: | | CEILING | | | |
| | SHORTEST DISTANCE FROM HEATING UNIT TO EDGE OF FLOOR PAD IN: | FRONT | | | |
| | GIVEN TO EDGE OF TEOOK FAD IN. | LEFT SIDE | | | |
| | | RIGHT | | | |
| | | BACK | | | |
| S THERE A THIMBLE WHERE THE PIPE PASSES | | DRAW ANI | D LABEL DIAGE | RAM OF HOW THE U | NIT LOOKS |
| THROUGH WALL? YES NO | \rightarrow | | | WALL | |
| TOTAL LENGTH OF ALL STOVE PIPE (INCLUDING ELBOWS) | | | | | |
| | | | | | |
| NUMBER OF ELBOWS IN STOVE PIPE? | | | | | |
| CONSTRUCTION OF STOVE PIPE: | | | | | |
| DOUBLE WALLED | | | | | |
| SINGLE WALLED (INCLUDING BLACK STEEL) | | | | | |
| OTHER (SPECIFY) | | WALL | | | |
| | | M | | | |
| CONSTRUCTION OF: | | | | | |
| 3ACKWALL | | | | | |
| | | | | | |
| | | | | | |
| S THERE A NON-COMBUSTIBLE PAD? YES NO | | * | | | |
| SHORTEST DISTANCE OF UNIT TO FURNITURE, FUEL | | | | | |
| DR OTHER COMBUSTIBLE MATERIAL: | | | | | |
| | | | | | |
| I. INSTALLATION | | | | | |
| NHO INSTALLED THE HEATING UNIT? HEATING CONTRACTOR | | | | | |
| DOES THE STOVE PIPE PASS THROUGH A CONCEALED SPACE/WALL? | | | | | |
| | | | | | |
| TYPE OF SHIELDING: SHEET METAL PERMANENTLY INSTALLED? VES NO | CERAMIC TILE DRICK | | | HER | |
| DISTANCES ARE IN : 🔲 INCHES 🔲 CENTIMETRES | | | | | |
| DISTANCE FROM WALL TO SHIELD: DISTANCE FROM TOP OF STOVE TO TO | OP OF SHIELD DISTANCE I | FROM HEAT SHI | ELD TO FLOOF | | |
| RE THE WALL SPACERS NON-COMBUSTIBLE? YES NO IS THERE AN AIR SPA | | | | | YES |
| OTHER | | | 1.02403 | | COLUMN 1 |
| | | and the second second | Constant and a | | |
| IAS THE INSTALLATION, INCLUDING CHIMNEY, BEEN INSPECTED BY VES NO IOMEONE WHO IS WETT CERTIFIED? |) (EXPLAIN) | | | | |
| AVE ANY MODIFICATIONS BEEN MADE TO THE HEATING UNIT OR YES NO HIMMEY SINCE INSTALLED OR INSPECTED? | (EXPLAIN) | | | | |
| REMARKS | | 1. 2 | The second | an the second | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| OMPLETED BY: | | Strive Last | | | |

Subject: Expression of Interest for Contractors - Lower Nicola Indian Band (LNIB) Revegetation Program - 2025 Planting Season

Lower Nicola Indian Band (LNIB) is seeking qualified and experienced contractors to express their interest in participating in our upcoming Revegetation Project on reserve. This opportunity is 100% funded by the Natural Infrastructure Fund from Infrastructure Canada.

https://www.canada.ca/en/housing-infrastructure-communities/news/2024/06/federalgovernment-invests-in-revegetation-to-improve-biodiversity-in-thompson-nicolaregional-district.html

Project Overview

The LNIB Revegetation Program aims to restore and rehabilitate specified areas within the Lower Nicola Indian Band reserve through strategic planting, erosion control, beautification, and invasive species management.

Qualifications: Interested contractors should possess the following qualifications:

- Proven experience in planting or landscaping;
- · Knowledge of indigenous plant species and ecosystems in the region;
- Compliance with environmental regulations and standards;
- Ability to work collaboratively with the LNIB and adhere to project timelines;
- Access to heavy equipment for site preparation;
- Access to a water truck or ability to source a rental;
- Insurance to meet LNIB contractor requirements; and
- Ability to create partnerships with local vendors.

Submission Guidelines: Contractors interested in participating in the LNIB Revegetation Program are requested to submit their contact information to receive the specifications of the job to provide a quote:

- Name, email, phone number.
- Project Portfolio (if applicable).

Deadline

Please submit your Expression of Interest by March 17, 2025. Once you submit your expression of interest, you will be provided with the planting sites and species so that you can provide a quote for the work. The project team aims to review the quotes and select a contractor by March 31, 2025.

Send to:

Adam Ova Economic Development Project Manager Adam.ova@Inib.net LNIB Economic Development has been contacted by Jordan Rainer of Future Reforestation seeking to add 1-2 LNIB Members to their 2025 Spring Contract. This opportunity is open to any LNIB Member seeking work for approximately one month. This contract is available for the next three years and is a great opportunity to get introduced to silviculture and further opportunities with other LNIB Economic Development initiatives, including further planting opportunities.

LNIB Economic Development is aware of numerous opportunities in this industry, directly in the Nicola Valley for the next seven years at minimum with contracts spanning multiple months. These other opportunities are in their infancy and the timing of the opportunity with Future Reforestation could be an excellent segway into becoming a successful Treeplanter, foreman or even small company owner completing subcontracts.

This opportunity offered by Future Reforestation is an excellent way to have training and mentorship to build a solid foundation to grow from.

Please see information from Jordan below:

Future Reforestation is looking to hire 1-2 LNIB Band Members interested in tree planting to join our crew for the 2025 planting season!

What is Tree Planting?

Tree planting is tough but rewarding work that requires endurance, resilience, and a strong work ethic. Planters work outdoors in various conditions, reforesting areas by planting thousands of trees per day. It's a physically demanding job, but it offers great earning potential, a close-knit team environment, and the satisfaction of restoring forests for future generations.

Pay Rates

Job Details

- Location: Merritt, BC. Planting burnt forest.
- Length: 3-4 weeks
- When: End of: April Mid May

Tree planting is a piecework job, meaning planters are paid per tree they plant rather than by the hour. The price per per tree for this contract ranges from \$0.26 - \$0.36, depending on the terrain.

Experienced planters typically plant 2,000 - 3,500 trees per day, earning between \$350 - \$800 per day.
Motivated and physical fit new planters can expect to plant 500 - 1,000 trees per day in their first week, with earnings of \$200 - \$300 per day as they improve.

Additional Details

- Accommodation can be provided, though we are looking to hire locals.
- Training and mentorship provided.
- Planting bags and shovel provided

Contact - Submit your resume today!



You can contact Darcie DeBruyne, LNIB Training and Employment Coordinator to submit your resume by email or phone at: Email: darcie.debruyne@lnib.net Phone: 250-378-5157

For any questions about the job you want answered prior to applying, please contact Adam Ova, Economic Development Project Manager at: Email: adam.ova@lnib.net & Phone: 236-575-2230

You can also contact Jordan Rainer, Futures Reforestation Owner by email or phone at: Email: info@futurereforestation.com Phone: 250-682-2251



Career Development Tips

Keep Your Resume Updated with Relevant Experience Make sure your resume reflects your latest work experience, certifications, and any skills gained. An up-to-date resume ensures you're always prepared for new opportunities.

Set Clear Personal Career Goals Think about where you want to be in your career and create a roadmap to get there. Set short-term and long-term goals that align with your aspirations, and track your progress to stay on course.

Focus on Building Valuable Skills Continuously develop skills that are in demand, such as technical abilities, communication, and problem-solving. Whether through workshops, online courses, or on-the-job training.

Take Advantage of Available Training Resources Stay informed about the training programs and workshops offered by the Band. These resources can help you develop new skills, stay up to date on industry trends, and enhance your career prospects.

Contact: Darcie DeBruyne, BISW Employment Coordinator Economic Development Lower Nicola Indian Band (250) 378-5157 Email: darcie.debruyne@lnib.net **LOWER NICOLA**

March 2025

First Aid Intermediate & Transportation Endorsement (Formely OFA Level 2)

Open to LNIB Staff & Membership

March 26, 27, 28, 2025

Please forward your name and contact information ASAP to register due to limited seating.

Call Darcie DeBruyne (250) 378-5157 or email darcie.debruyne@lnib.net



LNIB Member Sponsored Training RISC Archaeological and Culturally Modified Tree Inventory Training for Crew Members

April 14,15,16,17,18

The RISC Archaeology & CMT Inventory Training for Crew Members course is a **fiveday** applied training program that provides participants with introductory research and sampling skills in the field of archaeology and heritage resources.

This RISC course includes both daily classroom and field training and exercises, where participants learn skills and abilities in site identification, survey design and procedures, and data and site recording procedures. Upon successful completion, participants are registered with the BC provincial government as a Certified RISC Technician, and receive a certificate signed and endorsed by the BC Archaeology Branch.

The BC Provincial Resources Information Standards Committee (RISC) is responsible for establishing standards for natural and cultural resources inventories, including the collection, storage, storage, analysis, and interpretation and reporting of inventory data.

Help jump start your environmental career with the RISC and CMT Training.

- This course will be both classroom and infield training.
- Training will be at the Shulus Band Hall
- 8:30am-4:30pm each day
- This course will be both classroom and in field training



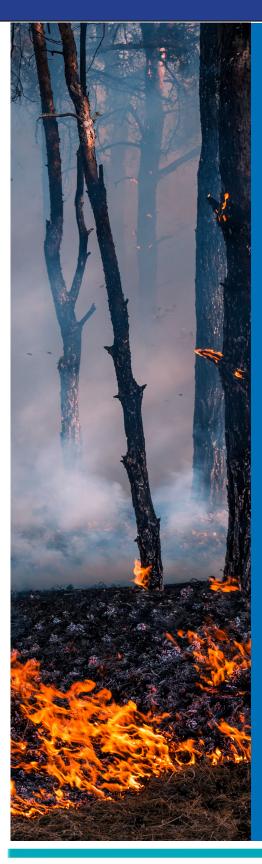


Contact: Darcie DeBruyne Employment Coordinator 236-575-2119 Darcie.debruyne@lnib.net

Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025





UPCOMING TRAINING

S100 - Fire Suppression

S185 - Fire Entrapment & Avoidance Safety

Limited Seating

Get your training to fight wildfires

To register please contact Darcie DeBruyne at (250) 378-5157

or email

darcie.debruyne@lnib.net

Monday, March 17, 2025 Tuesday, March 18, 2025 Shulus Hall 8:30 am - 4:30 pm

Update from the LNIB Fire Department

Billie Pierre joined the Fire Department as a full-time firefighter.

All Firefighters and Paid On-Call Firefighters completed their S-100 and S-185.

The LNIB Fire and Rescue has been receiving ongoing Emergency Support Service Training every Wednesday morning.

Firefighters received a visit from Elder and Human Resources Support, Richard Jackson, who brushed off all the firefighters and the fire station. After that we attended the Elder's Potluck at the Rocky Pines Community Centre for a quick visit on our Tuesday night practice.

The Fire Department attended the Missing and Murdered Indigenous Women Walk in Merritt.

Full-time members conducted a fire drill at the Lower Nicola Indian Band School.

Tips for flooding:

- Clear storm drains of any debris
- Have 72 hours' worth of fresh drinking water and food
- Check weather updates regularly
- Have a to go bag ready
- Check on your neighbors and family

-DURING A FLOOD –

Get to higher ground and evacuate if asked to do so Stay safe



Any questions please contact the Fire Chief Hayley Parsons (250) 378-5110 Non emergency phone number if it's an emergency call 911

March 2025

Elders Events March 2025

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---|--|---|--|---|-----|
| | | | | | | 1 |
| 2 | 3 RP Centre Unfinished Beading Projects 2pm - 4pm | 4 | 5 RP Centre Pipe Cleaner Flowers 2pm – 4pm | 6 | 7 RP Centre Floral Wall Art 2pm – 4pm | 8 |
| 9 | 10 | 11 RP Centre Potluck 4pm – 6pm | 12 RP Centre Pompom Decoration 10am - 12pm | 13 RP Centre Floral Picture Frame Art 2pm – 4pm | 14 | 15 |
| 16 | 17 RP Centre Paint Pouring 2pm – 4pm | 18 RP Centre SCFSS Elders Recruitment 4pm – 8pm | 19 | 20 Soup Kitchen Elders Luncheon 12pm – 2pm | 21 RP Centre BINGO 2pm – 4pm | 22 |
| 23 | 24 RP Centre Beaded Lizard 12pm – 2pm | 25 Kamloops Shopping/Movie 10am - 5pm (Deadline to RSVP by March 14 th) | 26 Shulus Hall IPCA Engagement 10am - 2:00pm | 27 Shulus Hall IPCA Engagement 9am – 3:00pm | 28 | 29 |
| 30 | 31 RP Centre DIY Keychain 2pm – 4pm | | | | | |

If you have any questions or require a ride to any of these events, please call or text Courtney at 236-575-2083.

(RSVPs to the craft making events and out of town trips help me plan better)

WE WANT YOUR FEEDBACK

We're planning an out-of-town trip for 2025 and want to know your preference! We can only attend one big trip this year.

Your Options:

- Harrison Hot Springs
- Elders Gathering in Vancouver

How to Vote:

- A sign-up sheet is available at the Health Centre Reception Desk.
- Fill in your full name, phone number, and trip choice (one option only).
- You may also call the Health Centre Reception to cast your vote.

Deadline to Vote:

📅 March 31st at 12:00 PM

The trip with the most votes will be chosen.

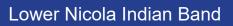
For any questions, please contact Courtney at 236-575-2083.

Thank you for your input!

2025

Thursday Wednesday March Culture Calendar with. Joe Shuter (250) 315-7487 Tuesday

Coyote Men's Group, UBC Museum Saturday 29 വ 22 ω Language Conference Spokane Friday 28 4 2] \sim Language Conference Nłe?kepmx Language Group 5:00 -7:00 pm Nłe?kepmx Language Group 5:00 –7:00 pm Spokane 20 <u>1</u>3 27 ശ Language Conference Cedar Root Basket Weaving Continued Spokane 26 12 പ വ Language Conference Spokane Staff Group Havesting Sp'ec'n (Hemp) Staff group 9-11 1:00 pm ß 25 4 Ξ Coyote Men's Group Toolie Stem Harvesting 1:00 pm Bee Propolus Medicinal Uses 7:00 pm Monday 24 2 [3 ო Coyote Men's Group, UBC Museum Sunday 30 9 23 ດ 2



N?e?iyk Spílạm

March 2025



LNIB Land Guardians Partner with Fisheries and Oceans to Deliver Coho Salmon Eggs to Classrooms for Hands-On Conservation Education



The Stream to Sea program provides students with an immersive educational experience by rearing coho salmon eggs in the classroom. This hands-on initiative allows students to observe the hatching process and early development of the salmon, tracking their growth from eggs to alevins and fry. Through this process, students gain a deeper understanding of the challenges salmon face during their early life stages and develop a sense of responsibility toward protecting the environment.

In partnership with Fisheries and Oceans Canada and Spius Creek Fish Hatchery, the Lower Nicola Indian Band Land Guardians contributed to this program by delivering coho salmon eggs to six classrooms throughout the Nicola Valley including one at LNIB's School. The program fosters a strong connection to local ecosystems and emphasizes the importance of environmental stewardship.

The initiative raises awareness of the environmental challenges faced by salmon, such as habitat loss, pollution, and the effects of climate change. By participating in the release of the coho salmon into local waterways, students actively contribute to the restoration and protection of aquatic habitats, gaining insights into broader ecological issues. Ultimately, the program helps students appreciate the intricate relationship between freshwater ecosystems and the ocean, while encouraging conservation efforts to safeguard these vital species.

Do not hesitate to reach out to the Land Guardian Team if you have any questions or concerns at (250)378-5157.

Please Post on Bulletin Board

Nicola Valley Junior Native Hockey Association PO Box 1294, Merritt, BC V1K 1B8 Fax: (250) 378-2025 - Phone: (250) 378-4905 Email: billbose2012@yahoo.com

35th Annual

Under 9 (2019, 2018, 2017, 2016) Under 11 (2015, 2014)

Under 13 (2013, 2012)

Under 15 (2011, 2010)

Under 18 (2009, 2008, 2007, 2006) - 1st yr Juvenile

In the Beautiful Nicola Valley At Merritt & Shulus Arena

PLAN TO ATTEND - SUPPORT THE YOUTH

March 20, 21, 22, & 23, 2025

Daily Admission \$5.00 per person Children Under 12 and Seniors Free Admission Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025

Come join us to support people living with Cerebral Palsy

Cerebral Palsy Awareness Month

MARCH

Everyone Welcome



March 25, 2025 11:00 am Shulus Hall to the Shulus Arbour

Any questions

Call Naomi Stewart (250) 315-9521



Kyla Pigeon – March 4

"The grea<mark>t t</mark>hing about getting older is that you don't lose all the other ages you've been." Madeleine L'Engle

Happy Birthday Granddaughter

Love your Grandma Anna and Grandpa Doug

Teri Clayton – March 18

Celebrate your journey of life. We hope you have a day filled with laughter and excitement.

Happy Birthday Auntie and Great Auntie

Love your niece-Anna, Nephew-Doug, Great Nephew-Briar, Great Nephew-Bryson, Great Nephew-Shadin, and Great Niece-Kayla

Donelda Haller – March 21

The greatest gift of life is family, you may notice we've made your life so full! Happy Birthday Mom and Grandma Love your daughter-Anna, Son-in-law-Doug, Grandson-Briar, Grandson-Bryson,

Grandson-Shadin, and Granddaughter-Kayla

Sara Brown – March 25

We hope you, "count your age by friends not years. Count your life by smiles, not tears." John Lennon

Happy Birthday Sissy and Auntie

Love your sister-Anna, Brother in-law-Doug, Nephew-Briar, Nephew-Bryson, Nephew-Shadin, and Niece-Kayla

Sandra Tiessen – March 26

"Today you are you! That is truer than true! There is no one alive who is you-er than you!" Dr. Seuss

Happy Birthday Auntie and Great Auntie

Love your Niece-Anna, Nephew-Doug, Great Nephew-Briar, Great Nephew-Bryson, Great Nephew-Shadin, and Great Niece-Kayla

Submitted by: Anna Brown & Family

Lower Nicola Indian Band

N?e?iyk Spílạm

March 2025

