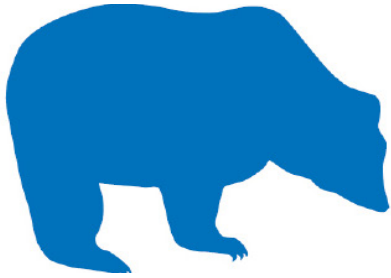


Lower Nicola Indian Band

August 2024

N?e?iyk Spíłəm





LOWER NICOLA INDIAN BAND



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Lower Nicola Indian Band
181 Nawishaskin Lane
Merritt, B.C. V1K 0A7
Telephone: (250) 378-5157
Toll Free: 1-888-447-1744
Website: www.lnib.net





Dear LNIB Members,

I am pleased to present our monthly report for July 2024. LNIB continued to be busy on several initiatives.

Here are some of the things we have been working on:

Human Resources: While visiting or receiving services at other buildings, please feel free to ask the staff member you are visiting to use a mask and to adhere to safety protocols if you are concerned. We are committed to keeping the community and employees safe during this pandemic.

The Lower Nicola Indian Band also like to welcome the new members to the team at LNIB: Doug Allen, Fisheries Technician; Haidyn Clark, Summer Student; Julliia (Julia) Gulakova, Teacher; Tyrese Basil, Summer Student; Brooke Shintah, Summer Student; Melissa Pinyon, Summer student; Adeline Seward, Summer Student; Danielle McDougall, Home Care Aide; and Roberta Brabant, Home Maker. LNIB would like to wish Destiny Sam-Deneault, Temp assistant who moved on to other opportunities.

Current job postings with Lower Nicola Indian Band are Council Clerk, Environmental Monitor, Land Guardian, Policy Analyst, Teacher K-7, Carpenter, and Youth Program Coordinator, visit <https://www.lnib.net/jobs/> or <https://secure.collage.co/jobs/lnib> for further details.

Committees and Liaisons: Chief and Council: The Lands Management Advisory Committee did not meet in July. The Finance and Audit Committee met July 17, 2024. Housing Policy Review Committee met July 30, 2024.

Community Meetings and Workshops: The next Band General meeting is scheduled for August 26, 2024.

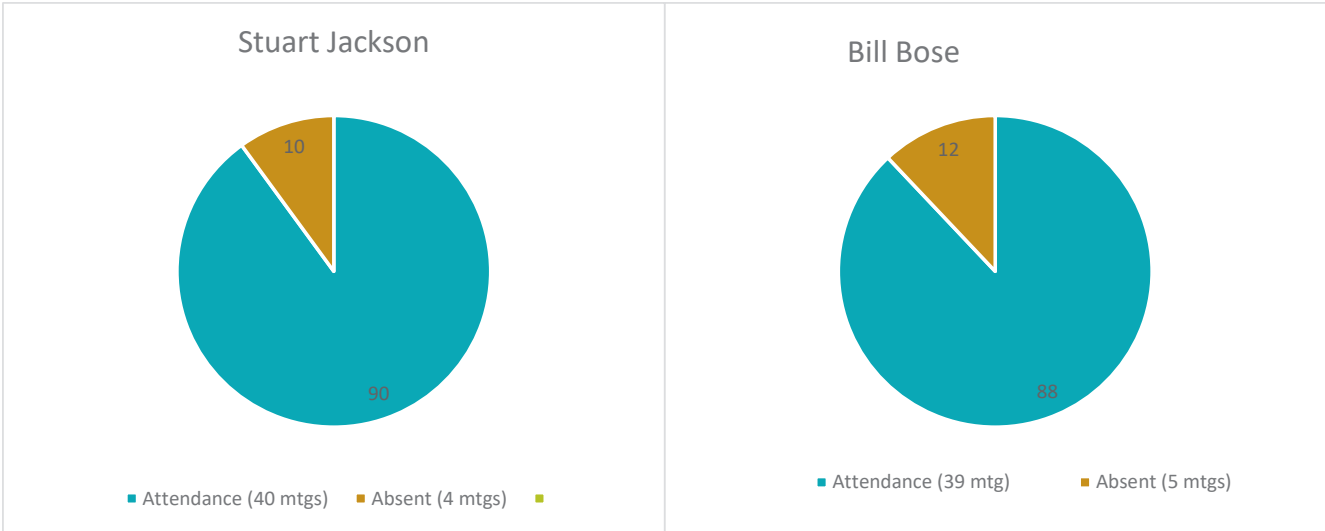
Chief and Council Summer Schedule: Chief and Council will be meeting during the summer as follows:

- Chief and Council meetings
- July 2, 2024
- August 20, 2024
- Band General Meeting
- August 26, 2024

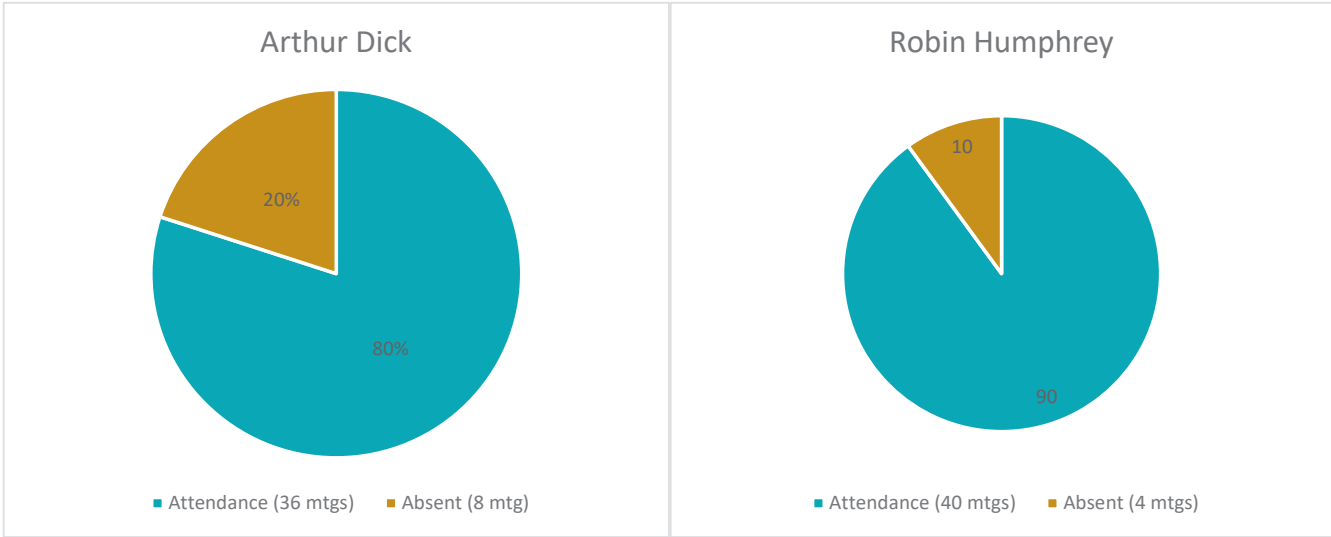
Support to Chief and Council: Chief and Council met July 2nd and 16th. Should you require anything on the Chief and Council agenda scheduled for July please contact Sondra Tom and I. Finally, members remember that the Chief and Council meetings are open to membership to join via online or telephone. Please contact Sondra Tom so you can be added to the email invitation for the scheduled Chief and Council meetings.

Kari Reilander,
LNIB Executive Director

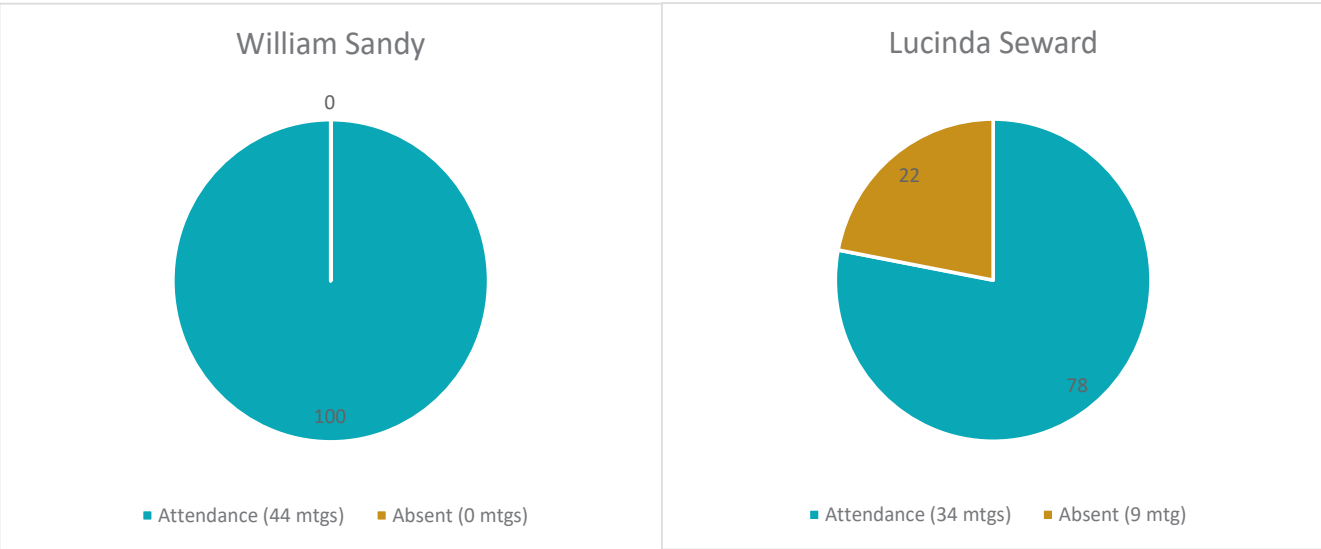
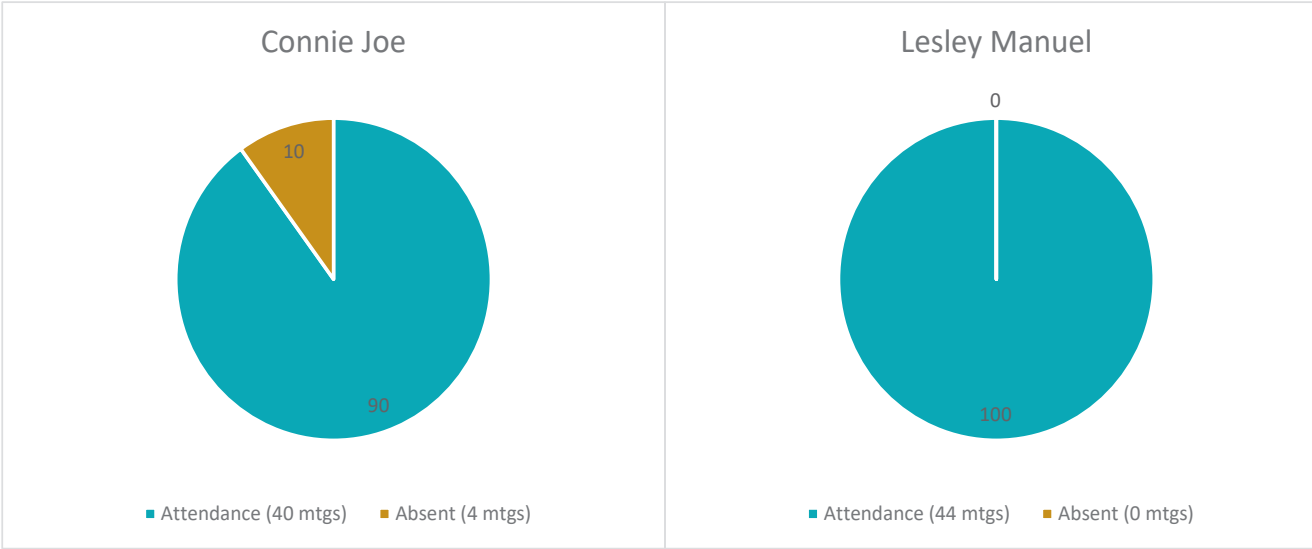
Chief and Council Attendance
Term October 2022-September 2025



|



Chief and Council Attendance
Term October 2022-September 2025



Resolutions from Chief and Council July 2, 2024 meeting

Resolution #07-02-2024-01 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the July 2, 2024 Chief and Council meeting agenda.

Motion Carried

Resolution #07-02-2024-02 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the June 18, 2024 Chief and Council meeting minutes as presented.

Motion Carried

Resolution #07-02-2024-03 Reads:

The Lower Nicola Indian Band Chief and Council move to move to go IN Camera at 5:21 pm. and the meeting be closed to the public to consider matters of that are at their preliminary stages and that, in the view of the council, could reasonably be expected to harm the interests if they were held in public

Motion Carried

Resolution #07-02-2024-04 Reads:

The Lower Nicola Indian Band Chief and Council move to reconvene the regular meeting at 10:25 pm.

Motion Carried

Resolution #07-02-2024-05 Reads:

NOW THEREFORE BE IT RESOLVED THAT the Chief and Council:

1. *Approves the First Nations Land Management Land Survey and Knowledge Sharing Agreement, in substantially the form presented with any modifications, amendments or changes thereto that may be approved by the Executive Director in his/her discretion, such approval to be conclusively evidenced by his/her execution thereof; and*

2. *Authorizes the Executive Director, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to these resolutions, or in connection with the performance by LNIB of its obligations pursuant to these resolutions or the First Nations Land Management Land Survey and Knowledge Sharing Agreement*

Motion Carried

Resolution #07-02-2024-06 Reads:

NOW THEREFORE BE IT RESOLVED THAT the Chief and Council:

1. *Approves the Licence Agreement with the Canadian Wildlife Federation, in substantially the form presented with any modifications, amendments or changes thereto that may be approved by the Executive Director in his/her discretion, such approval to be conclusively evidenced by his/her execution thereof; and*

2. *Authorize the Executive Director, for and on behalf of Council, to do all such acts and things as may be necessary or desirable to give effect to these resolutions, or in connection with the performance by LNIB of its obligations pursuant to these resolutions or the Licence Agreement with the Canadian Wildlife Federation.*

Motion Carried

Resolution #07-02-2024-07 Reads:

NOW THEREFORE BE IT RESOLVED THAT the Chief and Council approve the BC Hydro Construction

*Plans for three utility poles, and four anchors for Lot 413 Nicola Mameet Indian Reserve No. 1
Motion Carried*

Resolution #07-02-2024-08 Reads:

The Lower Nicola Indian Band Chief and Council move appoint Councilor Arthur Dick, Lesley Manuel and Robin Humphrey as well as Executive Director and Director of Economic Development to the Stuwix Cecwe? Capstone Infrastructure Corporation (Negotiations Committee).

Motion Carried

Resolution #07-02-2024-09 Reads:

The Lower Nicola Indian Band Chief and Council approves the Joeyaska Contamination Settlement Agreement and Release between Lower Nicola Indian Band and His Majesty the King in Right of the Province of British Columbia ("Province"), as presented to Chief and Council on July 2, 2024, which fully resolves the litigation known as LNIB V. Province (Vancouver Registry VLC-S-S-132658).

Motion Carried

Opposed:

Resolution #07-02-2024-10 Reads:

The Lower Nicola Indian Band Chief and Council move to adjourn the July 2, 2024 meeting at 11:22 pm.

Motion Carried

Resolutions from Chief and Council July 2, 2024 meeting

Resolution #07-23-2024-01 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the July 23, 2024 Chief and Council Special meeting agenda.

Motion Carried

Resolution #07-23-2024-02 Reads:

The Lower Nicola Indian Band Chief and Council move to adopt the July 2, 2024 Chief and Council meeting minutes as presented.

Motion Carried

Resolution #07-23-2024-03 Reads:

Whereas: The Lower Nicola Indian Band's Finance and Audit Committee has reviewed the Lower Nicola Indian Band's Annual Consolidated Audited Financial Statements for the year ended March 31, 2024 and make a recommendation to the Chief and Council to approve the statements.

Therefore be it resolved: The Lower Nicola Indian Band Chief and Council approve the Lower Nicola Indian Band's Annual Audited Consolidated Financial Statements for the year ended March 31, 2024.

Motion Carried

Resolution #07-23-2024-04 Reads:

Whereas: The Lower Nicola Indian Band's Finance and Audit Committee has reviewed the Lower Nicola Indian Band's Social Housing Program Audited Financial Statements for the year ended March 31, 2024 and make a recommendation to the Chief and Council to approve the statements.

Therefore be it resolved: The Lower Nicola Indian Band Chief and Council approve the Lower Nicola Indian Band's Social Housing Program Audited Financial Statements for the year ended March 31, 2024.

Motion Carried

Resolution #07-23-2024-05 Reads:

Whereas: The Lower Nicola Indian Band's Finance and Audit Committee has reviewed the Lower Nicola Indian Band's Local Area Revenue Fund Audited Financial Statements for the year ended March 31, 2024 and make a recommendation to the Chief and Council to approve the statements.

Therefore it be resolved: The Lower Nicola Indian Band Chief and Council approve the Lower Nicola Indian Band's Local Area Revenue Fund Audited Financial Statements for the year ended March 31, 2024.

Motion Carried

Resolution #07-23-2024-06 Reads:

The Lower Nicola Indian Band Chief and Council move to adjourn the July 23, 2024 meeting at 5:07 pm.

Motion Carried

Current and Future Job Openings at LNIB

(For all jobs and full job descriptions go to <https://secure.collage.co/jobs/lnib>)

Council Clerk

Wage: 25 per hour

Reporting to the Executive Director, the Council Clerk is the primary contact regarding LNIB Council business and governance. It manages Council and Committee meetings, quasi-judicial boards, manages corporate information governance, including information management and oversight of information access and privacy services.

Performing duties as the Council Meeting Coordinator, this position is instrumental in ensuring the smooth functioning, legislative compliance and sound governance of Council and Council Committees. This position exercises a high degree of judgement and discretion by working with confidential, urgent, and sensitive items related to governance and decision-making processes.

Carpenter

Wage: \$30 to \$45 per hour based on education and experience: Red Seal certification preferred
The successful candidate will coordinate and complete repairs and maintained on over 200 Band housing units. The candidate will perform skilled carpentry work at the journeyman level in construction, repair and maintenance of structural elements, fittings, roofs, stairs, fences, etc.

Part time Drivers

Department: Health Centre
Wage: \$21-\$24 depending on experience
Summary
The on-call driver MUST HAVE a BCDL Class 4 or better. The driver works as needed (on-call) to transport small groups to various events in the Elders program, Recreation program and other related member transportation needs.

Teacher Grades K-7 (starting next September)

Hours: 35 hours per week
Start Date: Sep 2024
Term: Permanent full time position based on approved Budgets and funding.
Wage: Equivalent to SD 58
Summary:
We are seeking a passionate Grade school Teacher for the Lower Nicola Band School beginning August 28th, 2023.
We are an independent school where nte?kepmx culture and language are a big part of our school community as our way of life truly embraces social-emotional learning and diversity, equity and inclusion. The successful candidate will demonstrate empathy, creativity, strong communication skills and the ability to build a caring rapport with students and colleagues. Our goal is to honour our culture while educating kind inquiring global citizens who can become leaders in helping to create a balanced and harmonious and sustainable world. We do this with integrity and in the spirit of deep respect, curiosity and joy in a safe and enriching setting that supports students in their pursuit of academic success, personal growth, and social responsibility.

For full job descriptions go to <https://secure.collage.co/jobs/lnib>, you may also apply by sending a resume to HR@LNIB.net

We are also accepting applications for the following positions that are Pending Final Approval, Qualified applicants will be notified when and if hiring commences.

Policy Analyst

Department: Economic Development
Hours: 35 Hours per week
Wage: up to \$40/hr depending on experience

Summary of responsibilities

The Policy Analyst will be responsible for assisting the Title and Rights Administrator in researching, analyzing, and developing policies related to the implementation of the Declaration on the Rights of Indigenous Peoples Act (DRIPA) within the context of the Lower Nicola Indian Band. This position requires a deep understanding of Indigenous rights, laws, and policies, along with a commitment to social justice, equity, and community well-being.

Minimum Qualifications

- Bachelor’s or Master’s degree in Indigenous Studies, Law, Public Policy , Natural Resource Management, or a related field.
- In-depth knowledge of Indigenous rights, UNDRIP principles, and relevant Canadian and provincial legislation.

Land Guardian

Department: Economic Development
Hours: 35 hours per week
Wage: up to \$35/hr dependent on experience

Summary of Organizational Responsibilities:

The Land Guardian will take an active role in land and resource stewardship throughout the Nlaka’pamux Environmental Management Program (NEMP), while exerting the Lower Nicola Indian Bands continued management across the Tmixw. They will be responsible for maintaining a presence throughout the Nlaka’pamux Traditional Territory; monitoring the impacts of resource use; reporting violations to policies, as well as provincial and federal regulations; accurately collecting data; and reporting on activities. Work supports all lands & natural resource programs including terrestrial and resource use planning, fisheries, referrals, and cultural heritage protection.

Minimum Qualifications

- Strong written and verbal communication skills;
- Recognizes and respects cultural diversity, have experience working with local Indigenous people and has knowledge of their Culture and Traditions;
- Physically fit, able to work long hours outdoors and in all weather conditions;
- Knowledge of traditional protocols for hunting, fishing, and gathering;
- Respect for Indigenous and Western knowledge systems;

For full job descriptions go to <https://secure.collage.co/jobs/lrib>, you may also apply by sending a resume to HR@LNIB.net

LANDS MANAGEMENT ADVISORY COMMITTEE

UPCOMING MEETING

**THURSDAY
August 15, 2024
4:30 PM**

Lands Management Advisory Committee (LMAC) meetings are open to all LNIB Members to attend virtually starting at 4:30 PM. Listen in to learn about Lands activities and developments. Check the Members Only portal for LMAC meeting links or contact Stephen, Lands Director, for more details.

NOTICE TO COMMUNITY MEMBERS ON WILDLIFE SAFETY

Please refrain from leaving hunting remains, animals' entrails or trimmings up Mamit Lake Branch Road or anywhere near the community / residential areas.

Animal remains attract predators, leaving remains from a hunting trip too close to the community habituates the predators to keep returning for more food. Predators such as coyotes, bears and wolves will keep returning where there is food available to them. Attracting additional predators into the community will create an unsafe environment for children, pets, and all members of the community. Please relocate hunting remains or animal innards outside of the community by leaving them far away from residences or known industry. An alternative to Mamit Lake Branch Road could be up highway 97C, past the industrial park.

THE LANDS TEAM

Talk with the Lands team about lands activities and share your stories. Members can contact the Lands Department with questions about the LMAC, community meetings, and general land inquiries.

STEPHEN JIMMIE
DIRECTOR OF LANDS & HOUSING
stephen.jimmie@lnib.net

Contact Stephen with inquiries about Land Code, Land policies, law development, housing policies & housing development.

DELTA LONG
LANDS MANAGER
delta.long@lnib.net

Contact Delta about land administration, programs & services

MONICA PETTINGER
LANDS AGENT
monica.p@lnib.net

Contact Monica about Land enquiries and land transfers, land access.



LNIB SECURIGUARD SECURITY

(250) 215-5048

LNIB Members,

Our Securiguard is on duty 40 hours each week and responds to calls and messages while on shift.

The securiguard is here to assist as needed and monitor any issues reported by residents, such as noise, nuisances, illegal dumping and general safety concerns.

If you or anyone else is in Immediate danger or emergency situation, please **CALL 911 FIRST.**

LANDS PORTAL LNIBLANDS.NET

If you have any questions regarding land or would like to know about current projects, visit the lands portal online or contact the Lands Department.

Updates are posted regularly, and printed copies can be made for pick up at the land's office.

Call the Lands Department if you would like printed copies

NOTICE ABOUT RECREATIONAL VEICHLES

The Lower Nicola Indian Band prohibits RV's to be utilized as long-term primary dwellings, residences, or cabins on LNIB Lands including CP Lands and Custom Family Lands (also known as Family Lands) unless they receive prior written authorization from the Lands Manager.

SAYGE FISHER
ENVIRONMENTAL PROTECTION
COORDINATOR
sayge.fisher@lnib.net

Contact Sayge for details about environmental management and protection

KRISTOPHER POR
LANDS RESEARCHER
kristopher.por@lnib.net

Contact Kristopher with questions about research, historic records, as well as wills and estates planning.

JUSTICE CISCO
LANDS ADMINISTRATIVE ASSISTANT
justice.cisco@lnib.net

Contact Justice about general inquires and questions about LMAC and community meetings.

ALEX BUKKOS
SURVEY COORDINATOR
alex.bukkos@lnib.net

Contact Alex for details about current and past Lands projects including surveys and mapping.

VACANT
SURVEY ASSISTANT

COMMUNITY NOTICE ON ILLEGAL DUMPING



LNIB LANDS

An illegal dump site was reported to the Lands Department on April 26th, 2024. The dump site included a large amount of residential garbage scattered across an actively flowing irrigation ditch.



Multiple site visits were conducted by LNIB Lands Department staff to locate, document and investigate the dumped garbage. Illegal Dumping is strictly prohibited on reserve lands, supported by the signage and cameras throughout this area.

Thank you to LNIB Lands staff who removed the garbage by hand on June 28th, 2024, after multiple notices were sent out to the individual identified as responsible, requesting that it be cleaned up. Some invasive weeds had to be removed in order to access the full extent of the garbage. All invasives were bagged and disposed of offsite, alongside the garbage.

LNIB LANDS

Before:



During:



After:



LNIB LANDS

Illegal Dumping on LNIB Lands has been an ongoing issue for years, resulting in the formation of an Illegal Dumping Mitigation Strategy to address the problem. This has included the installation of locked gates, cameras, and signage to deter illegal dumping.

It is noteworthy, this illegal dump site occurred during the Spring Clean Up Event, an event aimed at reducing garbage in the community and facilitating a free dump service for members. This residential garbage could have been deposited in one of the 10 bins located throughout LNIB reserves free of charge. Please utilize available events and services so we can keep garbage where it belongs!



Please be mindful that all dumped materials negatively impact community lands and degrade local ecosystems. Dumped residential garbage also attracts animals, who will then continue to return in search of more 'food' regularly. This poses an increased wildlife safety risk for field workers and others in the area.

Practice land stewardship by reporting illegal dump sites to the LNIB Lands Department, so they may be investigated and cleaned up.

**PROJECT UPDATE:
SECURITY CAMERAS
AND GATES**

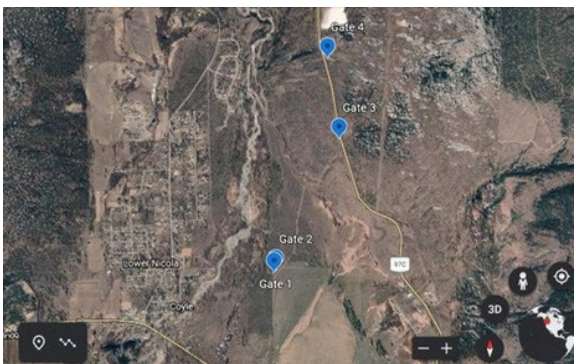
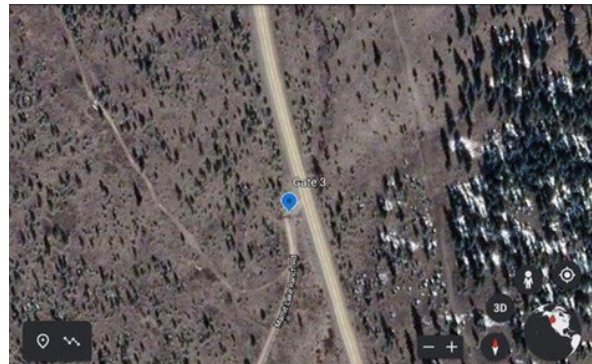
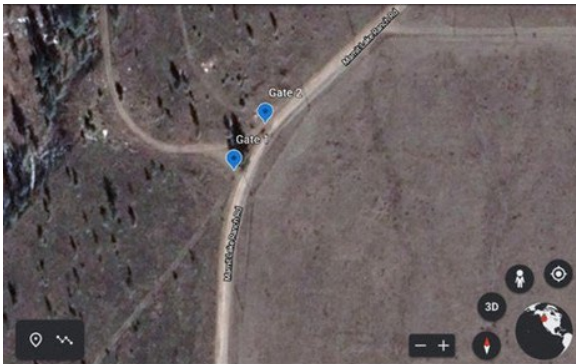
The lands department is responsible for the management and protection of all LNIB reserve lands. To prevent unlawful activity including dumping of hazardous materials and waste, as well as improper use of LNIB, four gates were installed across Nicola Mameet IR1 in September of 2021.

SOLID WASTE MANAGEMENT

After hours of hard work was done to clean up various environmentally contaminated areas on LNIB land, multiple gates were put in place to protect reserve lands.

CAMERAS

Security cameras were recently installed near important areas on reserve. Cameras are intended for security purposes only and will not interfere with the privacy of neighboring homes, businesses, and communities. The use of trail cameras is the best strategy for sites where it would not be appropriate to restrict access by installing gates.



MEMBERS' ACCESS TO RESERVE LANDS WILL NOT BE RESTRICTED BY GATES THOUGH SOME AREAS MAY REQUIRE GATE CODES.

ALL GATES ARE NOW CLOSED AND LOCKED AS OF OCTOBER 26, 2023

CALL 250-280-7270 FOR ACCESS OUTSIDE OF REGULAR OFFICE HOURS OR CONTACT LNIB SECURITY AT (250) 215-5048

BUYER'S NOTICE BOARD

If you are interested in purchasing land or property from a landowner, Contact the Lands Department to have your contact information listed here in the monthly LNIB Newsletter.

Hello, my name is Jennie Blankenship, I am looking to purchase enough property for two homes and a hobby farm at Zoght, Sunshine Valley or Nicola Mameet (HWY 97C). If you have property for sale, Contact me, Jennie, Jamie, Robbyn Blankenship.

CONTACT | 604-928-2985 | scwexmx@gmail.com

Hello, my name is Mindy Garcia, I am interested in purchasing land to build a home, summer home and a sweat lodge on or land with a home even if it's a fixer upper, I am interested. If you or someone you know may be interested in selling, please let me know. Thank you.

CONTACT | 250-280-5684.

Hello, my name is Lorne Dunn, I am interested in purchasing around an acre parcel of land at Nicola Mameet IR1 to place a home.

CONTACT | 250-315-7501 | lorne.dunn@yahoo.com

SELLER'S NOTICE BOARD

If you are interested in selling land or property as a landowner, contact the Lands Department to have your information listed here in the monthly LNIB newsletter.

LNIB Members and Non-Band Members – Potential Business Hwy Frontage Available Located on Hwy 8.

Please call Donelda Haller at 250-315-5315 for more information.

**Potential CP Residential Lots FOR SALE
Please call Donelda Haller at 250-315-5315**



Monthly Invasive Weed Spotlight

Yellow Flag Iris

Iris pseudacorus



“Can be toxic to humans and animals and cause human skin irritations-Invasive”

-Species Council of BC

Description

Commonly known as the Water flag Iris, this invasive weed is prolific in invading wet ecosystems from roadside ditches and shallow ponds to sensitive wetlands and streams. This invasive weed spreads multiple ways: Seed dispersal allows floating seeds to move throughout aquatic ecosystems, by water currents / movement. Flag Iris can also spread

Monthly Invasive Weed Spotlight

through tuber root systems growing horizontally to create entirely new plants adjacent to the parent plant. Hundreds of plants or more can all grow from the same extensive root systems. This root systems creates a dense matt of roots, stifling other aquatic plants, reducing water flow and degrading natural habitat for other species. Root fragments, broken off of the main root body can also become dislodged from the main plant and transported through water currents to then continue to grow, eventually becoming an entirely new plant as well. Large infestations of Yellow Flag Iris will outcompete native plant species via overcrowding and negative habitat alternation. The extensive root systems can begin to slowly elevate the soil over time through compaction and eventually the overall topography of the area can become elevated / dried out, making the habitat no longer suitable for beneficial native aquatic species to grow.

Since this invasive is particularly damaging to natural ecosystems, toxic to humans / animals and spreads rapidly, it has earned a designation of a *provincial noxious weed* by the BC Weed Control Act and a *Containment/ Control species* by the BC Provincial Priority Invasive Species List.



Monthly Invasive Weed Spotlight

Origin

This invasive originated in Europe, western Asia and North Africa.

Control Options

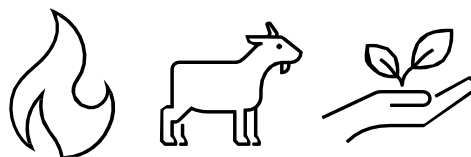
Prevention

- Educate gardeners and individuals on the risks of Flag Iris to prevent intentional establishment for ornamental purposes.
- Do not compost this plant, as root fragments can continue to grow and resprout after being removed.
- Monitoring programs can be established to try and identify early signs of Flag Iris in aquatic / riparian zones, so that it may be controlled before spreading further or infesting an entire area.
- Avoid tilling or random digging near this weed as fragmented pieces can sprout into a new plant.
- Ensure no seeds or root fragments are attached to clothing / equipment when leaving a site.



Cultural Control

- Burning is likely an ineffective tool for this weed as it grows primarily in wet areas, with 'wet feet', meaning their roots are generally submerged in water and would be unaffected by fire.
- This weed is known to be toxic to humans and animals alike so using livestock to eat the plant is not a good option.
- Plant native plant species in disturbed riparian zones or for ornamental purposes in your water garden as an alternative.



Monthly Invasive Weed Spotlight

Mechanical Control

- Hand-pulling small infestations is effective, ensure the entire root system is removed and bag the removed plants before disposing of them in the landfill. This is important to prevent root systems detaching and spreading during transportation. Wear Gloves and long sleeves to avoid contact with this plant!
- Ensure hand pulling methods are done with caution to avoid skin irritation as well as small fragments of root breaking off and forming a new plant.
- The Benthic Barrier approach involves mowing patches of Flag iris down to its base and then placing a thick rubber mat over the roots to prevent the rhizomes from growing.
- Flowers should be clipped off to prevent seed production.



Chemical Control

- No Chemical control is available for this invasive due to the offset requirements of all herbicide/ pesticide from bodies of water, seasonal or otherwise. This is necessary for the protection of sensitive aquatic species and sources of drinking water.



Disclaimer - ANY & ALL herbicide applications must be applied as spot spraying; broadcast spraying may negatively impact other vegetation in the area & harm sensitive ecosystems.

Herbicide application within 5m of any body of water (seasonal or not) is prohibited.

LNIB requesting that the application of herbicide to treat half an acre or more, is carried out by a person holding a valid BC Pesticide Applicator Certificate. Before selecting and applying herbicides, you must review and follow herbicide labels and application rates; municipal, regional, provincial, and federal laws and regulations;

Monthly Invasive Weed Spotlight

species-specific treatment recommendations, and site-specific goals and objectives.

Plant me Instead!

Instead of Flag Iris, here are some great native species that you can plant as an alternative to support ecosystems health & biodiversity in your garden.

Yellow Monkey Flower:



Glacier Lily:



Sources

- All photos by Unknown Author is licensed under [CC BY-SA](#)

Monthly Invasive Weed Spotlight

- Fraser Valley Invasive Species Society. Yellow Flag-Iris. Retrieved from URL: <https://fviss.ca/invasive-plant/yellow-flag-iris>
- ISCBC Factsheet (2017) Yellow Flag Iris, *Iris pseudacorus*. Retrieved from URL: <https://bcinvasives.ca/wp-content/uploads/2021/01/Yellow-Flag-Iris.pdf>

Additional Resources

Invasive Species Council of BC (ISCBC)

If you are interested in additional resources or information on invasive weeds, including herbicide application and biological management options, please visit the Invasive Species Council of BC webpage to explore their Resources and Learning links.

Resources -

Link to Webinar Gallery: <https://bcinvasives.ca/resources/webinar-gallery/>

Link to Resource Library: <https://bcinvasives.ca/resources/webinar-gallery/>

Link to Research Collection: <https://bcinvasives.ca/resources/research-collection/>

Learning –

Link to Learning Centre : <https://bcinvasives.ca/resources/learning-centre/>

Link for Educators: <https://bcinvasives.ca/for-youth/for-educators/>

Link to Games & Activities: <https://bcinvasives.ca/for-youth/games-activities/>

Thompson Nicola Regional District (TNRD)

The Thompson-Nicola Regional District webpage also has valuable information and materials for identifying, reporting and disposal methods for regional invasive weeds. Please see the link below to explore.

Link to Management Resources: <https://www.tnrd.ca/services/invasive-plant-management/resources/>

LNIB HOUSING

FIND INFORMATION ABOUT LNIB HOUSING ONLINE ON THE LNIB WEBSITE

The Housing department is responsible for managing the housing program, including property management functions, planning and construction of new houses, maintenance and upkeep of the housing stock, the relationship with Canada Mortgage Housing Corporation, First Nation Market Housing Fund, and Indigenous Service Canada (ISC)

REMINDER TO ALL TENANTS

We kindly request that residents take responsibility for the conduct of their guests in both the unit and community. this responsibility includes being mindful of noise levels, driving with care, and ensuring that all activities are lawful and respectful of others.

Any failure to meet these expectations may be viewed as a violation of the rental agreement, potentially leading to the issuance of breach notice or eviction. Your understanding and cooperation in upholding these standards are greatly appreciated.

If you wish to report any disturbances or illegal activity, please contact our security service (250) 215-5048, or the RCMP.

If you have any questions of concerns please feel free to contact us at (250) 378-5157

THE HOUSING TEAM

JORDANA McIVOR-GRISMER
HOUSING ADMINISTRATOR

jordana.mcg@lnib.net

Contact Jordana about the First Nations Market Housing Program, external renovation and building funding options, needs and requirements.

ASHLEY DEGRAY
TENANT RELATIONS COORDINATOR

ashley.degray@lnib.net

Contact Ashley for details regarding rent collection, housing maintenance, LNIB Rental Housing policy and general housing questions

SARA FRAZIER-SHUTER
HOUSING ADMINISTRATIVE ASSISTANT

sara.fraziershuter@lnib.net

MEL BLANKINSHIP
HOUSING MAINTENANCE

JON MOORE
HOUSING MAINTENANCE ASSISTANT

VACANT
HOUSING MAINTENANCE ASSISTANT



Please understand you're responsible for your animals. You're responsible for any offsprings, any damage to a person, other animals, or property that they may have caused. Also keep in mind that pets are to be kept within the confinements of your rental property except for the multi-plex buildings including the 4 plex and new apartment buildings, which are not permitted to have any animals in the units.

As a reminder your pets should be up to date with their vaccinations, should be spayed or neutered. LINB Infrastructure can assist with the cost, up to \$150, only one procedure per year per status number. Make an appointment, pay upfront then submit your receipt and fill out 'Reimbursement Request form'; for more information, please contact Infrastructure Department.

We want to provide a safe environment for our members as well as their animals.



Housing

Announcement



Septic System Maintenance

DO NOT USE KIRKLAND BRAND TOILET PAPER, as it does not break down and clogs the toilet.

Your septic system is a living ecosystem, and you need to do your part to ensure it is healthy and working as it should.

Never put anything down the drain or toilet that will not biodegrade, including but not limited to, wipes (Lysol, baby, etc.), clothes, bottles, feminism products, paper towel, plastic, etc.

Don't use chemicals like bleach as it kills the good bacteria that breakdown the solid waste.

Space out your water consumption so the tank and drain field are not overwhelmed. By this we mean don't do excessive loads of laundry in a day, have extended showers, leave your tap running unnecessarily, etc.

The drain field (or leach field) is the area on your property where wastewater from your septic system is dispersed into the soil. To avoid damaging the drain field and overall functioning of the septic system; - Never park a vehicle, build a structure, have large livestock animals, have fires, or plant trees or a garden over your septic system's drain field - You should also prevent excess water from flowing over your drain field by making sure your downspouts are pointing away from it because a saturated field cannot drain and process wastewater.

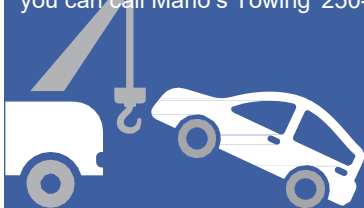
These are some of the simple steps that can save time and money and extend the life of your septic system.

VEHICLE REMOVAL

We are excited to be partnered with Kamloops Auto Recycling and Mario's Towing for scrap vehicle removal in all our LNIB communities. Keeping our communities clean of old vehicles assists with potential environmental concerns that could arise from batteries, tires, old paint decaying and releasing hazardous substances into the environment. Things like coolant, old oil and other liquids can leak over time, seep into the ground, and contaminate the ground water. We would love to get these old vehicles cleaned up to keep our community healthy for generations to come!

If you have multiple vehicles, you would like to be picked up you can call Kamloops Auto Recycling 250-574-4679.

If you have single vehicles, you would like to be picked up you can call Mario's Towing 250-378-9241.



VACANT UNIT UPDATES

We currently have three vacant units. We are just wrapping up some much-needed renovations, decisions are being made about the next steps for one of these units for when this work is complete. We have been working on some much-needed updates and some structural changes to the other two permanent rentals. We appreciate your patience and understanding as we get this unit ready for the next family that will call it home.

Lower Nicola Indian Band

August 2024

LNIB EDUCATION SECTOR

LNIB School/K-12/PSE/Head-Start/Career-Development

Shane's Submission

While I am not excited to see half of our summer gone I am somewhat glad to see the extensive heat wave we experienced last month now behind us...WOW...it sure was hot out there!!

As you will see below our collective submission this month is somewhat lean due to most education systems being shut down for the summer. This being said though we do have a handful of items to share with everyone. On behalf of LNIB Education Sector I hope everyone enjoys the last part of your summer!!!

Here are a couple items I wish to share this month with LNIB membership:

- As we have very few files of families with school aged children living outside the Nicola Valley there will be an aggressive effort being made this school year to ensure we have every member on our list...we offer the same supports/resources/advocacy to our members living off reserve as we do for those who live on reserve. If you are reading this and know of a family member living off reserve please contact Shane Coutlee at 236-575-2135 so I can follow up and arrange to get supports into place right away.
- Another aggressive focus taking place is to ensure all our youngest LNIB Members, and their parents, have everything they need to feel supported. Our Head-Start Program Manager Tamika Bob has started to make personal connections as we are increasing our scheduled time this year specifically targeting our 0-3 year old program/service.

As always I both welcome and encourage all LNIB Members to reach out and share information with me...ideas, suggestions, and/or any other comments that are of interest to you. We are here to serve the needs of LNIB and it is your voice that will help us get there. Call/Text/Email Shane.Coutlee@lnib.net or 236-575-2135.

Sector Leadership

Director of Education
Shane Coutlee

LNIB School Principal
Leroy Slanzi

Culture/Language
Admin Angie Sterling

Education Manager
Sharon Parsons

Head-Start Manager
Tamika Bob



LNIB Education 2024-2025

Lower Nicola Indian Band

August 2024

New LNIB School Logo

Earlier this year we organized a contest for LNIB Members to submit entries for the purpose of creating a logo for our school. The entire process towards making the final decision included both staff and students at the school. The logo below, with mother bear cheering “Go Grizzlies Go” was chosen. **Congratulations to LNIB Member Jessie Rabbitt** for her submission. This past school year was the first time LNIB School took part in extracurricular sports with SD58 which was a huge success for those who took part. The logo will serve many areas within the school, including being stitched on all our uniforms used in various sports.



LNIB Education 2024-2025

LNIB EDUCATION DEPARTMENT

SHARON PARSONS
EDUCATION PROGRAMS MANAGER



sharon.parsons@lnib.net



(250) 378 – 5157

OR

(236) 575 – 2105

2160 SETTLERS ROAD
HWY 8



Hello LNIB,

The Education Department have moved into a new location. Gail, Lenessa and Sharon are now at 183 Nawishaskin Lane. We are still unpacking and putting things away, but you are welcome to pop in to say hello.



Although it's late, I want to congratulate and recognize a job well done by all LNIB post-secondary and high school graduating students of 2024. Onward and upward! You may have seen those smiling faces in the Merritt Herald. It was a beautiful full page spread.

On July 4th, graduating students stopped into the office to pick up a gift and get a photo taken. A staff member will call those who still have a gift waiting to be picked up from the office.

NVIT will be coming into the community in September to deliver the Adult Graduation Diploma Program/College Readiness Program. If you would like to take courses that will result in the equivalency of a High School Graduation Diploma, contact the Education staff to sign up or to get more information.

The Education Summer Learning Program is running again this year. This year the group is scheduled to go to Apex Trampoline Centre, Oyama Ziplining, Scandia in Kelowna, Cultus Lake Waterslides, Adams River Rafting, Vancouver Aquarium and Vancouver Science World. Feel free to recommend an activity you think the kids will enjoy next year.

NVIT will be coming into the community in September to deliver the Adult Graduation Diploma Program/College Readiness Program. If you would like to take courses that will result in the equivalency of a High School Graduation Diploma, contact the Education staff to sign up or to get more information.

Just a friendly reminder to LNIB membership that you are free to contact Education staff if you or your child could use help navigating a challenge. Education department staff may be able to find resources to suit your needs.

Wishing you good health, and good fortune!

Until next time, Humelth

LNIB Education Department – Gail La Rochelle – PSE/Trades/Training Coordinator



Hello everyone! It is amazing how fast the summer is flying by. In another month students will be back in Elementary, High School and Post-Secondary for another year of education!

I hope everyone has been able to stay cool and still enjoy the great weather we are having and doing lots of fun stuff with your family and friends. With no swimming in Nicola Lake, there are a lot of other nice places to go swimming and have a picnic.

I hope everyone's garden is producing a lot of tasty veggies. My garden is doing well this year, and the tomato plants are as tall as me!

To all High School graduates in the area that haven't picked up their grad gift, please stop by our new office at 183 Nawishaskin Lane, by the Administration Office, and pick it up. Out of town High School and PSE grads will have their gift mailed this month.

We are still busy settling into our new office space and finding a spot for everything. This year there were 22 PSE graduates plus another 3 completing their programs in August. Congratulations to everyone, what an accomplishment!

We received 55 PSE Applications this year, with 3 deciding not to go to school. It is going to be another busy year for our office.

School Start-up Forms will be available this month at the office or let us know and a copy can be emailed to you.

If you haven't already, check out these Scholarships and Bursaries:

<https://indspire.ca/programs/students/bursaries-scholarships/> Check the deadlines

<https://newrelationshiptrust.ca/apply-for-funding/student-funding/student-scholarship-and-bursaries/>
Closes August 1, 2024

<https://www.atco.com/en-ca/our-commitment/indigenous-relations/education.html> Closes August 16

To all Membership in the Nicola Valley and away from the area, you can sign up for courses or programs throughout the year. If you find a program or course you are interested in taking, such as first aid, a post-secondary course, skills training for employment, or an online course, we are here to assist you with the process. We can also help create or update your resume. Contact our office to find out how we can best support you.

Please call or email our office to ensure we have your current and up-to-date contact information.

Until next month, stay safe, and be good to one another.

Gail La Rochelle

Phone: 250-378-5157

Email: gail.larochelle@lnib.net



ADDRESS

216 Settlers Road

PHONE

LNIB:

250-378-5157

Direct:

236-575-2100

EMAIL

Reception.education@lnib.net

WEBSITE

www.lnib.net

Lenessa Seward

**LOWER NICOLA INDIAN BAND EDUCATION DEPARTMENT
ADMINISTRATIVE ASSISTANT**

AUGUST 2024

HELLO EVERYONE

Hope everyone is enjoying their last weeks of summer break!

A shame that it is coming to an end, but I am excited for our students to return to school in September!

Hope everyone is staying safe in these smokey & hot conditions outside. Hope all these fires get put out sooner than later!

UP COMING TRAINING

There are a few on-going training courses that the Education Department is funding for LNIB members.

- o Pro Driver Training
- o Computer Training
- o Adult Grad upgrading courses.

TECHNOLOGY SUPPORT

Students in need of a technological equipment for school can apply at Indigenous Disability Canada for a laptop, mouse, or headphones.

Note that those without a disability are still eligible to apply

LNIB EDUCATION SUMMER PROGRAM

Big thanks to all the kids who participated in the LNIB Education Department Summer Program this year! We love seeing the kids come together and have a great time. The Education Department is thankful to have these connections with the kids in our community. We look forward to seeing them next year!

For more information, please contact the Education Department



LNIB GRADUATES 2023-2024

PROUD TO BE
LNIB

HIGH SCHOOL GRADUATES



Franchesca Adams



Tyrese Basil



Lane Charters



Simon Cisco



Isaiah Davis



Brooke Gray



Brooke Shintah



Sophie Sterling



David Sterling



Corbin Vaughan



Jaxsin Vaughan



Domanic Beckett



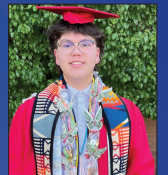
Landan Swakum



Wayne Voght



Keira Heard



Ansel Peterson

Photos Not Available: Mateo Peterson, Bella Anderson, Jade Wynne, Jonas Demmitt

POST SECONDARY CERTIFICATE

Photos Not Available:
Lincoln Sterling NVIT – Carpentry Foundations
Alyssa Ledene, U of C – Leadership in Human Services
Casey Allen, CMC – Education Assistant
Sydney Joe – NVIT Indigenous Early Childhood Education



Shawna Coutlee,
NVIT – Welder
Foundations



Michael Mansfield-
Sterling, NVIT – Health
Care Assistant



Moses Moore,
NVIT – Culinary Arts
Professional Cook 1



Jaime Swakum,
NVIT – NLEK

DIPLOMA

Photos Not Available:
Susan Aguinaga, BTC – Medical Administration
Tylar Clark, OC – Human Service Worker



Molly Toodlican,
NVIT – NLEK



Shawna Harris, NVIT
– Indigenous Human
Services

DEGREE

Photos Not Available:
Daniel Cox, U of S – Bachelor of
Commerce in Marketing
Jonathan Gilchrist, TRU – Bachelor of
Science in Math & Physic
Charity Honeywell, VIU –
Bachelor of Visual Arts



May Kirstyn Isaac,
UNBC - Bachelor of Arts

GRADUATE

Photo Not Available:
Ayana Brown, U of U – Masters in Accounting
Anna Brown – SFU Master of Education in
Educational Leadership



Alice (Jaime)
Grismer, TRU –
Master's in Business
Administration



Matthew Peterson,
U of U – Executive
Master's in Business
Administration



Nicholas Peterson,
TRU – Masters in
Environmental Science



Marshal Polykovskiy
(Kraus), TRU –
Masters in Business
Administration



LowerNicolaBandSchool

Culture and Language Program

Administrator: Angie Sterling

Culture and Language Teachers:

James Shuter

Annie Major

(250) 378-5527

Dear Community Members:

Henle! I can't believe the month of July has gone by so quickly! We only have one more month of summer left. I have been working in the summer planning for fall culture initiatives. I do plan on taking some time off to have a little break and enjoy the sun.

We had an excellent year end, it was sad to see the students leave, good luck to all the Grade 7's in Grade 8 next year, I know they will do great.

I will be networking in the fall reaching out to First Nations organizations in Merritt, to see if anyone would like to contribute their knowledge and expertise to our culture and language program in the classroom with the students teaching cultural traditions for example "how to make a basket" where the students would make a basket and then the school would display one up in our school once the project is complete. Projects like that would be wonderful. If you have any ideas, please contact me at the School.

If you have any ideas about our Culture and Language Program, I would love to hear them. Please email me at this address: angie.sterling@lnib.net or call the school at 378-5527.

K^wuk^wscēm^w

Angie Sterling, Culture and Language Administrator

"The most important thing is to teach the children, so that our Culture never dies." "You've got to know your language to understand your culture."



AUGUST
15



INTRO TO HORSES
Beginner Horse Camp
LNIB Youth Age 7-18 (Limited Space)
Intended for those with little to no experience

Inspire Trails (Logan Lake)
10am-3pm - Lunch Provided

Camp Highlights:

- Equine Knowledge and Grooming
- Basic Riding Skills (Arena/Trail)
- Horseshoe Painting Activity

TO HAVE YOUR CHILD ADDED TO THE LIST CALL OR TEXT
DIRECTOR OF EDUCATION SHANE COUTLEE **236-575-2135**
TRANSPORTATION ASSISTANCE (\$50.00 GAS CARD)



Salmon Stock Projections LNIB Newsletter Submission

LNIB Aquatics

Kasey M. Stirling, LNIB Fisheries Research Assistant

After attending several meetings for in-stream assessments of returning salmon stocks in the Fraser River region, we share the following information with LNIB to be made aware about the specific situation of our struggling salmon relatives. It is with great deliberation and sadness that we recommend LNIB members prepare for an extremely low salmon return to our waters this year. Below are excerpts from Pacific Salmon Commission Fraser River Panel In-Stream Meeting reports and the Watershed Talk newsletter prepared by the Fraser Salmon Management Council.

Pacific Salmon Commission (PSC):

Fraser River Panel In-Stream Meeting

Weekly report from July 12, 2024

“The sockeye run size forecast for 2024 is the lowest forecast on record. This low forecast is due to the low number of sockeye that returned in 2020 and the impact of the Big Bar landslide in the previous year, in particular for early migrating stocks such as Early Stuart and Bowron. ... To put the forecast uncertainty into context, there is a one in four chance that the actual number of returning sockeye will be less than 299,000 fish (25% probability level forecast) and there is a one in four chance that the actual number of returning sockeye will be greater than 1,121,000 fish (75% probability forecast).

Given the constraints imposed by low returns to all management groups at the median forecast and the potential for adverse Fraser River conditions, pre-season plans were developed which indicate that both Canada and the United States are unlikely to have [commercial] harvest opportunities.

Due to the extremely low forecast for Early Stuart sockeye, 180 fish, an in-season estimate will be challenging. The estimated escapement plus catch of Early Summer-run sockeye through July 11 is 22,200.”

Weekly report from July 19, 2024:

The 2024 season is the second return year of sockeye affected by the Big Bar landslide. For stocks upstream of Big Bar, escapements in 2020 were some of the lowest on record with

Early Stuart experiencing near total in-river mortality. Consequently, the forecast for Early Stuart sockeye of 180 fish, is the lowest forecast on record for this management group. The Early Stuart management group is supplemented by a highly uncertain forecast of Early Stuart hatchery fish, perhaps totaling 1,400 fish. With the extremely low return for this management group, collection of broodstock will be challenging, and the captive broodstock will be heavily relied upon.

In addition, current extremely warm water temperatures are expected to negatively impact Early Stuart migration success to the spawning grounds.

The estimated escapement plus catch of Early Summer-run sockeye through July 18 is 60,900.

Watershed Talk newsletter, produced by the Fraser Salmon Management Council

July 19, 2024, volume 5, Issue 2:

- Canadian Fraser River Panel Area Waters – remain closed to commercial salmon fishing.
- United States Fraser River Panel Area Waters – remain closed to commercial salmon fishing.

Secwepémc Fisheries Commission (SFC) – Environmental Summary and advice to DFO:

PLAN FISHERIES WITH EXTREME CAUTION

- Salmon River: (Fraser Summer Chinook 5-2 - Endangered): Elevated to Drought Level 3 from Level 1. Flows are dropping quickly and are below spawning thresholds throughout the system. Water temperatures are outside optimal thresholds for both migrating adults and rearing juveniles and daily maximum temperatures are exceeding lethal limit with chinook expected to start arriving in the system in next few weeks.
- Bessette Creek: (Fraser Spring Chinook 4-2 - Endangered): Elevated to Drought Level 3 from drought level 1. Flows are dropping quickly and are below the spawning threshold and approaching the migration threshold. Water temperatures are outside the optimal threshold for both migrating adults and rearing juveniles, and daily maximum temperatures are

exceeding lethal limit. Chinook are expected in the system any day - if not already.

- Deadman River: (Fraser Spring Chinook 4-2 - Endangered): Elevated to Drought Level 2. Flows are above threshold, however there are no migration concerns to date. Water temperatures are above thresholds for migration and rearing chinook. Daily maximum temperatures are exceeding the lethal limit. Chinook are in the system and approximately 100 passed over the resistivity counter.
- Louis Creek: (Fraser Spring Chinook 4-2 – Endangered): Remaining at Drought Level 1 Flows are above migration thresholds; however, flows have dropped below the July environmental flow needs of 2.04 cms. Currently there are no passage concerns at the confluence.
- Lemieux Creek: (Fraser Summer 5-2 - Endangered): Remaining at Drought Level 1. Flows are above the migration threshold and there are no passage concerns at the confluence. Water temperatures are within the optimal range.

Nak’azdli Whuten – STUART SALMON CLOSURE

The following notice was shared this week on the FSMC Facebook page by the Nak’azdli Natural Resource Department:

 **Stuart Salmon Closure**

All Fraser River Nations including Nak'azdli Whut'en is closing all Salmon Fishing for this year 2024.

We expect 200 fish for the Early Stuart Run and expect Less than 5000 in Late Stuart run

We will be trying to bring in other salmon from the Skeena or Nass to help our community (if available).
Pete Erickson - Nak'azdli Fisheries representative

For Additional Information
Please Contact Pete Erickson or Rosemarie Sam
250-996-0088

Snukwe? Security Services

This month's article from Economic Development will feature an LNIB member owned business that came about due to the owner having bigger dreams and putting them in motion.

Snukwe? Security Inc., created by Robert Moses is a security patrol company that offers security patrolling services in Merritt and Lower Nicola.

As the current security guard for LNIB as an employee of Securiguard, Robert has been patrolling LNIB since 2020. During this time, he has won several awards for his services and has become a pillar of safety, communication and comfort for many community members living on reserve. His dedication and commitment have become staples in the community and he has even picked up some fans along the way!



Working with LNIB Economic Development

In March 2024, Robert reached out to the Economic Development Department seeking guidance on how to make a business plan and start his own security company. To do this, Robert needed a business plan, a security license and insurance.

After several meetings, Robert reserved his business name, incorporated his company and obtained his security license in June 2024 and insurance. From the inception of the business Robert's had self-capitalized his Snukwe? and was on his way to becoming a businessman.

Snukwe? Today

As of writing this article Robert was able to set up meetings and pitch his business to several organizations. He has dedicated himself to his business and his energy towards his entrepreneurial journey has been infectious. Within one month he secured a contract

through Citxw Nlaka'pamux Assembly (CNA) to monitor their fish distribution. He then doubled down and secured another contract to monitor the construction of their new office 7 days a week!

We also paid a visit to Quality Bookkeeping Services managed by Nadia Ward. Nadia was able to set up Snukwe?'s accounting, invoicing and government deductions so that Robert could focus on his business and promote his company.

A special shoutout to his spouse Brenda who encouraged him and given him the confidence to move forward when he had his doubts.

Nekusem's words about working with Economic Development

"I reached out to Adam in March 2024 for information on how to start my own security company. We have been working together since then to build Snukwe? Security Inc. During this time, as an inexperienced entrepreneur, I had my doubts about wanting to continue. Through several meetings and each process step by step, it gave me the confidence to continue this journey. Now, here I am today, my company is alive, we have contracts, and we are on a path to continue growing and thriving locally. The relationship I built with Adam and the support he provided made me a better businessperson and increased my confidence to continue as a business owner and President of my company.

- Robert Moses, President, Snukwe? Security Inc.

Snukwe? Security Inc.

Get in touch Snukwe? Security Services for security services or if you are interested in becoming a security guard on their roster:

Email: snooka1979@gmail.com

Next Month

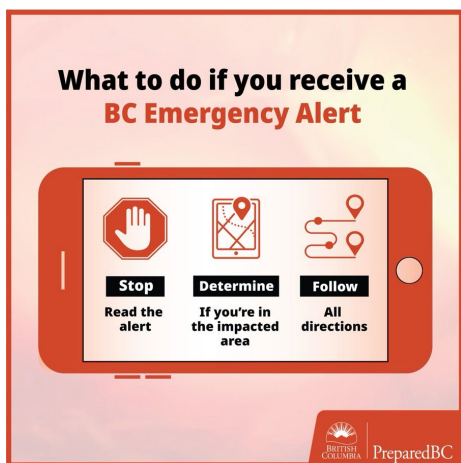
If you're an LNIB member and you would like to be featured in next month's article, please reach out to the Economic Development Project Manager Adam Ova by email to create your article:

Email: Adam.ova@lnib.net



LNIB Fire Department

Fire smart starts at home! It is important that you and your family members are prepared in the event of an emergency. Know your hazards, make a plan and gather your supplies.



Should an emergency occur, you may receive a BC emergency alert; do not panic. Stop, read the alert thoroughly, determine if you are in the impacted area and follow all directions carefully. Knowing the difference between an evacuation alert and an evacuation order are important!

We encourage you to use the following checklists as a guideline to prepare your own home emergency kit and grab-and-go bag.

Pack only the essentials and include reminders to take prescription medications and/or what is necessary for your pets.

STAGES OF EVACUATION

Evacuation Alert
Be ready to leave on short notice

Evacuation Order
You are at risk. Leave the area **immediately**

Evacuation Rescinded
The risk to life and safety has now passed

Home emergency plan

Home emergency kit

Following an emergency such as a power outage, you may need to stay in your home (“shelter-in-place”) and use your emergency kit.

Your emergency kit should include supplies for up to two (2) weeks.



- 1 To build a home emergency kit, gather some of the following basic supplies:

	Water, four litres per person per day		Non-perishable food with a manual can opener
	First aid kit and medications		Garbage bags and moist towelettes
	Phone charger, power bank or inverter		Copy of your emergency plan, important documents and Help/Ok sign
	Battery-powered or hand-crank radio and flashlight		Seasonal clothing, sturdy footwear and emergency blanket
	Personal toiletries		Dust mask to filter air
	Cash in small bills		Whistle to signal for help
	Extra batteries		Comfort items

- 2 Next, include items specific to your needs, such as pet supplies and prescriptions.
- 3 Store your emergency kit in a secure, dry and easy to get to location, such as a closet.

PreparedBC

Home emergency plan

Grab-and-go bag

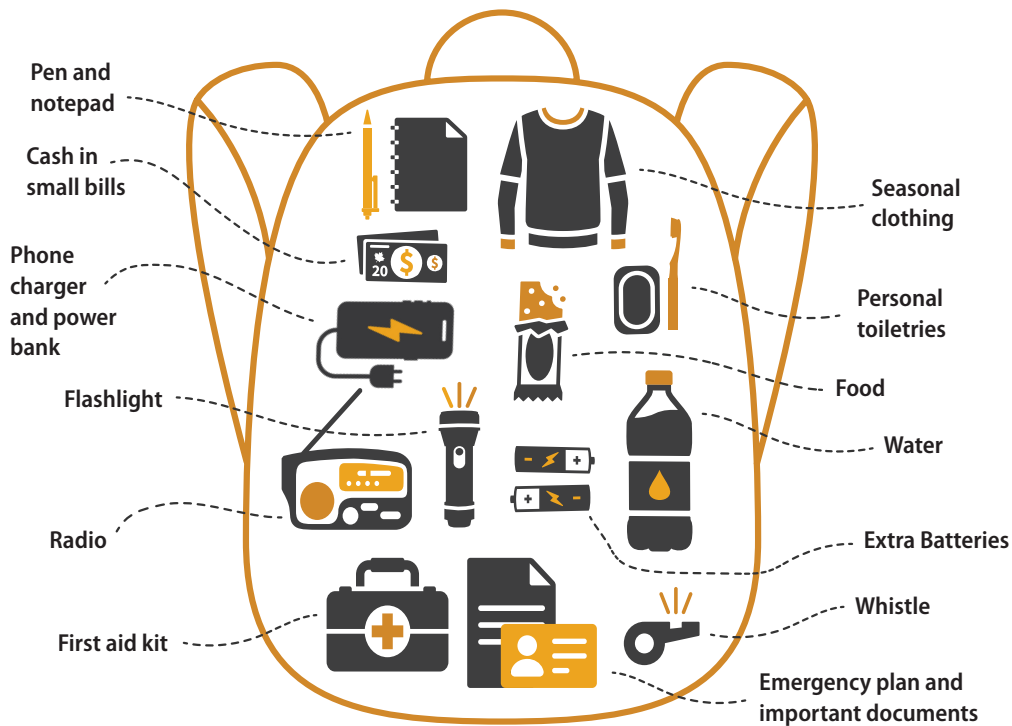
Following an emergency such as a flood or wildfire, you may need to leave immediately with a grab-and-go bag.



A grab-and-go bag is a smaller version of a home emergency kit with supplies for a minimum of one day (24 hours).

Everyone you live with should have their own grab-and-go bag at school, at work and in their vehicle. Make grab-and-go bags for your pets as well.

- 1 To build a grab-and-go bag, gather the following basic supplies:



- 2 Next, include items specific to every individual's needs, such as items to help pass time.
- 3 Store your grab-and-go bags in a secure, dry and easy to get to location, such as under beds.

*****YOU COULD WIN LNIB FIRE DEPARTMENT SWAG*****



Complete the following home evacuation plan (include reminders for locations of important belongings and power shut off) and return it to the fire department or the administration building to be entered to win.

LNIB Indigenous Protected and Conserved Area Project**What is an IPCA?**

IPCA's are lands and waters where Indigenous Nations, communities, or governments have the primary role in protecting and conserving ecosystems through Indigenous laws, governance and knowledge systems. IPCA's are indigenous led, area-based expressions of rights and title. Culture and language are the heart and soul of an IPCA. Unlike western conceptions of "wilderness", IPCA's integrate indigenous practices and culture into their design. IPCA's enhance ecological health and introduce climate change mitigation strategies, provide protection to Indigenous culturally sensitive areas, and create Indigenous economic development opportunities and jobs across the region. IPCA's facilitate opportunities for on-the-land education, language revitalization, and overall health.

Why is LNIB pursuing an IPCA?

An IPCA is another tool for LNIB, and all scw'exmx and Nlaka'pamux peoples to re-assert governance in the territory. An LNIB-led IPCA will articulate Nlaka'pamux laws, customs, and protocols to community members and outsiders alike, including colonial governments, private enterprises and settlers. An LNIB-led IPCA initiative will be designed by LNIB members for the benefit of all Nlaka'pamux peoples and be designed in collaboration with other IPCA initiatives in the territory. LNIB received a grant from Environment and Climate Change Canada to undertake community engagement with the aim of establishing an IPCA within LNIB's traditional territory.

What have we been up to?



The IPCA project kicked off March 27th, 2024, with our initial elders' luncheon at Crystal Gardens and subsequent discussion at the Civic center. 35+ elders attended lunch and the spirited discussion that followed. Priorities identified by the elders included: traditional knowledge, language, stories, place names, prayer and following protocol; protecting the land for future generations; asserting title across the territory; that the entire territory is important because of the interconnection across the land, and that animals and fish eat and swim throughout the entire territory; and that Chief and Council should be involved in the project.

Lower Nicola Indian Band Indigenous Protected and Conserved Area Steering Committee

Terms of Reference

I. Committee Name and Type

Indigenous Protected and Conserved Area Steering Committee (“IPCA Steering Committee”), which is a special committee of the Lower Nicola Indian Band. Ideally preference will be given to LNIB members who possess experience and knowledge in title and rights, forestry, culturally sensitive areas, and knowledge of the Nlaka’pamux language.

II. General Purpose and Mandate

1. The Lower Nicola Indian Band possesses unextinguished Aboriginal rights and title throughout its traditional territories and reserve lands. The LNIB seeks to preserve and protect its Aboriginal rights, title, and traditional lands.
2. The mandate of the IPCA Steering Committee is, under the direction and supervision of Chief and Council, to oversee the implementation of an Indigenous Protected and Conserved Area within LNIB’s traditional territories.
3. Chief and Council must review and approve the annual budget for the IPCA Steering Committee.

III. Key Duties and Responsibilities

The IPCA Steering Committee shall be responsible for the following:

1. Determining Lower Nicola Indian Band’s strategy for IPCA implementation.
2. Identifying LNIB’s priorities and member interests as they relate to the establishment of an IPCA within LNIB’s traditional territory.
3. Consulting with key knowledge holders, technical experts, the IPCA Project Team, and LNIB membership on IPCA implementation priorities and strategies.
4. Providing strategic advice to the IPCA Project Team and recommendations to Council regarding the implementation of an IPCA within LNIB’s traditional territory.
5. Retaining counsel, in consultation with the Chief and Council, to facilitate negotiations with external organizations or interested parties, including government, private landowners, crown tenure holders, private industry, and other First Nations, as necessary to implement an IPCA within LNIB’s traditional territory.
6. Commissioning IPCA-related studies or surveys where appropriate.
7. The IPCA Steering Committee shall have, within its jurisdiction, the ability to hire and retain such expertise as it deems necessary within the parameters of its budget and in accordance with LNIB HR and Finance policies, as may be amended from time to time.
8. The IPCA Steering Committee shall report to Council at least once per quarter, and at any time at which there is a material change or significant development in the implementation

On May 21st, 2024, LNIB Chief and Council authorized the creation of an IPCA steering committee to provide strategic advice and ongoing dialogue between LNIB elders, membership, the IPCA project team, and Chief and Council. The Committee is still looking for applicants for the member at large position. If you’re interested, please contact Monica Charters by Friday, August 16th. The complete terms of reference approved by Council is available upon request.



A second elders' dinner occurred June 13th, 2024, at Shulus Hall. Staff presented on IPCAs as a refresher, and 13 elders discussed responsibilities, values, and concerns. Highlights include the importance of food, medicine, and cultural survival, concerns around unregulated access to the tmixw by settler public, fee simple land excluding members from harvesting sites, and contamination of harvesting sites by tailings dust from the Highland Valley Copper Mine.



On June 25, 2024, 15 LNIB elders and two councilors joined staff at Tunkwa Lake Resort for the third community engagement on LNIB's Indigenous Protected and Conserved Area (IPCA) Project. It was the project's first meeting on the land, and likely LNIB's first band-led event at the resort since purchasing the resort. A core group of elders have attended all three engagements, and conversation highlighted the importance of protecting not just plants, animals, water, and medicine, but also protecting cultural practices and protocols, passing on knowledge, and managing for abundance.



Johnny Jackson let a welcoming song and ceremony.



The IPCA project team facilitated in-depth discussion with a core group of LNIB elders about their concerns, priorities, and vision for the project. Culture and language were identified as priorities over economic considerations. We discussed how protecting the land is more than just a designation, but is based in culture, language, and protocol. The relationship between abundant harvesting sites and other cultural protocols, including courtship, was discussed. There were several calls for unity and collaboration between bands and nations on the initiative. Several participants expressed an appetite for learning more about existing provincial and federal policies, including the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP), and the provincial Declaration on the Rights of Indigenous Peoples Act (DRIPA).

Staff facilitated breakout groups with discussion around specific traditional uses: hunting, fishing, gathering of plants, and place names. The topics and display boards stimulated deeper discussions around the relationship between the activities, the land, and cultural practices. Historic abundance, especially in fish, was contrasted to contemporary scarcity, with separation from the resource linked to loss of past kinship ties and connections.



We closed the day with marshmallows roasted over the fire and stories as the sunset.

What's next?

Our next engagement is scheduled for Thursday, September 19th, 2024, at the Merritt Civic Centre. This is an open house event for all community members. Dinner will be served, and staff will present on our work to date with the aim of refining the priorities identified this spring into a vision for implementation. We invite all those interested in protecting the land to join us to learn more about the project and provide feedback on its direction. Once Steering Committee nominations close, staff will present the candidates to Council, likely September 2nd. We hope to introduce the Steering Committee members at the dinner.



LNIB is looking for TWO committee appointees

The Lower Nicola Indian Band invites you to apply to sit on the Indigenous Protected and Conserved Area Steering Committee for a one-year term.

The Indigenous Protected and Conserved (IPCA) Steering Committee (“the committee”) is tasked with determining LNIB’s strategy for implementing an IPCA within Nlaka’pamux territory. The Committee will provide strategic direction to the IPCA project team, consult with key knowledge holders, technical experts, and membership, and identify LNIB’s priorities and member interests related to the establishment of an IPCA within LNIB’s traditional territory.


The committee was formed because of feedback the IPCA project team received from LNIB elders. The committee will be composed of one member of chief and council, one elder or key knowledge holder, the director of economic development, one member of the IPCA project team, and one LNIB member at large.

We are looking for members to apply for the **Elder/key knowledge holder position** or the **member at large position**. There will be a committee on the third Thursday of each month.


How to apply:

- Provide your name,
- Which position you are applying for,
- and a brief description of your interest in the project.

Send your applications to Monica Charters via email or apply in person at the Economic Development office.

 Economic Development Office
88 Hwy 8 E
Merritt, BC

 Monica.charters@lnib.net

 250-378-5157

Deadline Extended: Friday, August 16th, 2024.

 **LOWER NICOLA
INDIAN BAND**

HVC Mine Life Expansion Open House

Session 1 - 3:00 pm - 4:30 pm
Session 2 - 5:30 pm - 7:00 pm
Dinner will be provided

September 26, 2024

Shulus Hall

Contact Monica Charters - Economic Development

(250) 378-5157 or email monica.charters@lnib.net

Highland Valley
Copper

Teck

Nscuw Fair

Job Fair



 **LOWER NICOLA**
 **INDIAN BAND**

October 1, 2024 / 10:00 AM - 3:00 PM

Civic Centre - 1950 Mamette Avenue

(250) 378-5157
Monica Charters
Economic Development
monica.charters@lnib.net

**DON'T
MISS**



LNSS's CFO Takes a Dunk at LNIB Fun Day!

We are delighted to share the highlights of the Lower Nicola Indian Band's Fun Day, held on July 5th. It was an honor for us to attend and participate in such a vibrant and meaningful community event.

Our very own CFO, Savannah Noel, added to the excitement by bravely taking a seat in the dunk tank. It was a joy to see the community come together for this fun activity, with many eager participants taking their shot to dunk our executive!

Beyond the fun and laughter, it was heartening to witness the strong bond between our team and the LNIB community. Our volunteers had a blast engaging with LNIB youth and running the dunk tank to support the day's success.

We are proud to have been a part of this special day and look forward to more opportunities to engage and support the LNIB community.

Thank you to everyone who participated and made the event so memorable.



UPDATE: Lower Nicola Site Services Ready Mix Concrete Operations

Lower Nicola Site Services (LNSS) proudly launched its Ready Mix Concrete Plant in April 2024, marking a significant milestone in the company's growth and commitment to community development. The plant has rapidly established itself as a cornerstone of local infrastructure projects, delivering high-quality concrete to meet the needs of various construction initiatives.

The Ready Mix Concrete Plant has swiftly ramped up operations since its inception. With a focus on

efficiency and quality, the plant has met and exceeded initial production targets, positioning LNSS as a reliable supplier in the region.

LNSS takes pride in its diverse team of 8 dedicated employees. Notably, 5 of these employees are indigenous, and 4 are proud members of the Lower Nicola Indian Band. This strong representation underscores the company's commitment to fostering local talent and supporting the indigenous community.

Beyond its operational achievements, LNSS continues to engage with and support the local community. By providing employment opportunities and contributing to local projects, the company reinforces its role as a vital community partner.



As LNSS moves forward, the Ready Mix Concrete Plant is poised for continued success, driven by a strong workforce, a commitment to quality, and an unwavering dedication to community development.

Employment Opportunities for the 2024 Construction Season

With the 2024 construction season upon us, LNSS is seeking applications from interested candidates to support our project activities for the following positions to work on a new project at Highland Valley Copper Mine:

Construction Labourers

1-2 years previous experience as a construction labourer or industrial labourer is ideal

Class 5 Drivers Licence is desired

OFA Level 1, SiteReady BC (CSTS) certifications

Rock Truck Drivers

Minimum Class 5 Driver's License and clean Driver's Abstract is Required

3 years' previous experience operating a 30t-40t rock truck

OFA Level 1, SiteReady BC (CSTS) certifications

If you are interested in a career in the construction industry please apply on-line through Infracon's online career portal: <https://infracon.com/careers-resume/>

August 2024 Newsletter Article by Tony Broman

Growing in Satisfaction – Workplace Wellness Month

Many of us go through our days with a schedule and a to-do list leading the way. Work is in front of us to do and it gets done. Lumber gets moved, loads transported, log books updated, maintenance done, phone calls made, clients visited, reports written, meetings attended, and on it goes. We have the lists to evaluate how did the day go and that helps us.

Under the surface, we also evaluate how things are going and this is where pressure can bite at us. We make decisions about measuring up with our speed, with our quality, with others, with the job we did last time. Comparing and perfection are two traps we can fall into that ramp up the pressure big-time without producing any lasting benefit.

For some, this evaluation and feeling comes and goes, for others it can be persistent and relentless, even when we are doing a solid job. It can steal moments of satisfaction from us and it can suck the enjoyment out of our work. We can end up “under” it, believing something that isn’t true, causing us to fatigue before the next day even starts; or cause us to avoid people, or trying new things. Perfectionism is the idea that we have to always do it better than before or always have it right, always have the answers, always more, etc.

What to do? The key lies in living each day for itself, and in how we evaluate ourselves.

Living Today means accepting it as it is – embracing it, working with it rather than fighting with it or against it. We notice what we bring to the day with our energy, knowledge, skill, along with the elements we can’t control – other people, supply limits, delays, breakdowns. Living today means that we live as humans, not as machines, computers or theory models where perfection is clean, tidy but not based in the real world. Of course we set goals, aim high, press through but with a supportive mindset, not with a negativity that punishes or criticizes along the way.

We may have made mistakes in the past that we don’t want to repeat. We may have important things we want to see in our future. Keep in mind, the past and the future are there for us to benefit from – not be torn down by. Past mistakes are for learning not for endless punishing and discouragement. Future unknowns are there to inspire us to create and plan our lives, not to be paralyzed in fear or uncertainty. Consider the power of a shift in how we look at ourselves!

We are always empowered to change our mindset from thinking about “failure/success” to “growth/learning”. This allows us to experience true peace of mind with ourselves about our lives, about our work. Growth and learning mean mistakes are not failure but toward a better self. We can then appreciate results, use patience with setbacks, value strengths and acknowledge our limitations and need for others at times. We are here now, today. Let’s embrace ourselves, our day, our work in a way that supports, and strengthens along the way.

LNIB FUN DAY JULY 2024



**Thank you
LNIB
Community
Services**



**LNIB FUN
DAY
JULY
2024**

Elders Events August 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Culture Centre Rattle Making 9:30am - 12pm	2	3
4	5 STAT HOLIDAY Office Closure	6 Culture Centre Rattle Making Pt. 2 9:30am - 12pm	7	8 RP Centre Fundraiser Potluck 4:30 pm - 6:30pm	9 Culture Centre Rattle Making Pt. 3 9:30am - 12pm	10
11	12 Health Centre Travel Day to Elders Gathering	13 Vancouver Elders Gathering	14 Vancouver Elders Gathering	15 Soup Kitchen Elders Luncheon	16	17
18	19 RP Centre Lanyard Beading Pt. 2 11am - 1pm	20	21 RP Centre DIY Suncatcher Making 2pm - 4pm	22	23 RP Centre Indian Bingo 10am - 12pm	24
25	26 Swimming at the Pool (Please call for details/sign up)	27	28 RP Centre DIY Fabric Coffee Sleeves 2pm - 4pm	29 Desert Hills (if postponed, Dinner & Movie in Kamloops instead) RSVP required.	30	31

If you have any questions or require a ride to any of these events, please call or text Courtney Hogue-Charters at [236-575-2083](tel:236-575-2083) or come see me at the Health Centre!

(RSVPs to the craft making events and out of town trips are very helpful to me for planning)



August 2024

To sign up you can contact Joe Shuter at (250) 315-7487

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 Huckle Berry Picking	5 ALL LNIB Offices CLOSED BC DAY	6 Canoe Skipper Meeting with RCMP	7	8 LNIB Logan's IR site visit Quilichena Creek	9	10 Huckle Berry Picking
11	12 Elders Conference Vancouver, BC	13 Elders Conference Vancouver, BC	14 Elders Conference Vancouver, BC	15	16	17
18	19	20 Canoe Pull Nicola Lake	21 Canoe Pull Nicola Lake	22 Canoe Pull Nicola Lake	23	24 Men's Group Breakfast
25	26 Drive Canoe to Kentucky Lake/Skip	27	28	29 LNIB Hihium IR site visit Hihium Lake	30	31 Huckle Berry Picking Boston Bar

Thank you LNIB Community Services for the fresh salmon



Over 300 families were taken care of from LNIB Membership & Community Members

SHULUS GARDENS



To place an order or if you have any questions you can contact:

Katolina (Kat) Peterson cell (250) 378-7561
Email: katolina.peterson@lnibdc.com

Lorna Shuter cell (250) 936-8365
Email: lorna.shuter@lnibdc.com



- Zucchini
- Tomato
- Peas
- Radish
- Peppers



**HARVEST FOR THE
MONTH OF AUGUST**

Good Day,

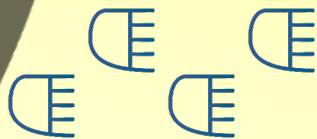
*I want to include my first born and only son's departure this month into the Calendars newsletter. He's enrolled himself into the Canadian Armed Forces. From a young boy running around the reserve to a young man going to protect our Country. It gives me great honour to watch the departure of my first and only son. And each passing day will wait on his return. I Love My Son and I'm So Immensely Blessed to be his Mom**

Atorian HardRock Shuter. "HardRock" was his Great Great Grandfathers traditional name on my side of the family.

Submitted by: Mom Olivia Shuter







SHULUS ARENA ANNUAL FUNDRAISER

GOLF TOURNAMENT

SAGEBRUSH GOLF & COUNTRY CLUB

August 13, 2024

If you have any further questions, please contact Gylan Bose at (250) 936-8805 or at gylan.bose@lnib.net



Strawberry Crunch Poke Cake

Ingredients:

For the Cake:

1 box white or vanilla cake mix (plus ingredients listed on the box)
1 box (3 oz) strawberry gelatin (Jell-O)
1 cup boiling water
1/2 cup cold water

For the Topping:

1 package (8 oz) cream cheese, softened
1 cup powdered sugar
1 teaspoon vanilla extract
1 tub (8 oz) whipped topping (Cool Whip), thawed

For the Strawberry Crunch Topping:

1 package (14.3 oz) Golden Oreos
1/4 cup freeze-dried strawberries
1/2 cup unsalted butter, melted



Directions:

Prepare the Cake:

Preheat your oven to 350°F (175°C). Grease and flour a 9x13-inch baking pan. Prepare the cake mix according to the package instructions and bake in the prepared pan. Allow the cake to cool completely.

Make the Gelatin:

In a medium bowl, dissolve the strawberry gelatin in 1 cup of boiling water. Stir in 1/2 cup of cold water.

Poke the Cake:

Using the handle of a wooden spoon, poke holes all over the cooled cake. Pour the prepared gelatin evenly over the cake, ensuring it fills the holes. Refrigerate the cake for at least 2 hours.

Prepare the Cream Cheese Topping:

In a large bowl, beat the softened cream cheese, powdered sugar, and vanilla extract until smooth. Fold in the thawed whipped topping until well combined. Spread the mixture evenly over the chilled cake.

Make the Strawberry Crunch Topping:

In a food processor, pulse the Golden Oreos and freeze-dried strawberries until they form coarse crumbs. Add the melted butter and pulse a few more times until the mixture is combined and resembles wet sand. Add the Crunch Topping: Sprinkle the strawberry crunch mixture evenly over the top of the cake.

Serve:

Refrigerate the cake for at least 1 hour before serving to allow the topping to set. Slice and serve chilled.

Prep Time: 30 minutes | Cooking Time: 30 minutes | Chilling Time: 3 hours | Total Time: 4 hours | Servings: 12 servings

Women's Group for August



Learn how to cann salmon with a pressure cooker

Wednesday, Aug 7th
9:30 am - 1:00 pm
LNIB Culture Centre

Limited Seating of 10 & priority
given to LNIB Membership

FNHA Guidelines will be followed

To register contact
Irene Howe (250) 378-5157





WATER RESTRICTIONS ARE NOW IN EFFECT MAY 1 – SEPTEMBER 30, 2024

Even numbered addresses are permitted to water on Mondays, Wednesdays, and Fridays

Odd numbered addresses are permitted to water on Tuesdays, Thursdays, and Saturdays

NO watering on Sundays

6:00 - 8:00 am & 7:00 - 10:00 pm

Hand watering is permitted at any time

There is a huge concern over the amount of water that is used to irrigate, fill pools and kids play on those hot days. It puts an enormous amount of pressure on the Shulus Springs Domestic Water System. The system will not keep up and IF one of the pumps does go, there will be no water.

If you have any questions, please call Public Works at (250) 378-5157



Elders Massage

with Michelle Fox

Every Friday of the Month
at the LNIB Health Centre



**Book your appointment at the LNIB Health
Centre Receptionist (250) 378-5157**

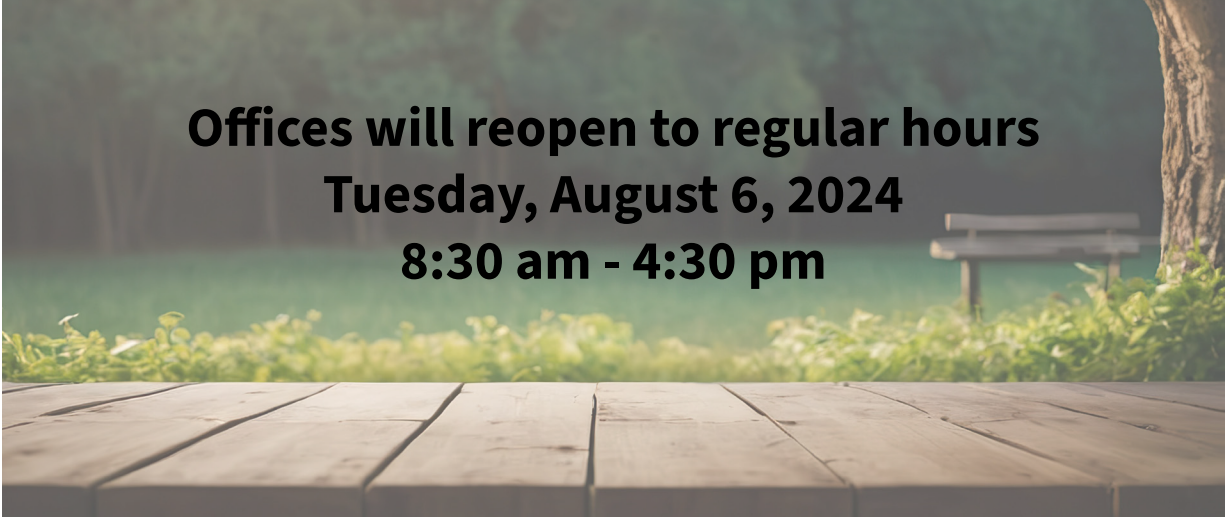




**LOWER NICOLA
INDIAN BAND**

All LNIB Offices will be CLOSED

***Monday, August 5, 2024
for BC Day***



**Offices will reopen to regular hours
Tuesday, August 6, 2024
8:30 am - 4:30 pm**

**If you have an emergency, please call
911 for Medical, Fire or RCMP
Administration: (250) 315-9153
Health & Social: (250) 378-1573
Public Works (On Call): (250) 315-8184
Housing: (236) 575-2072**