

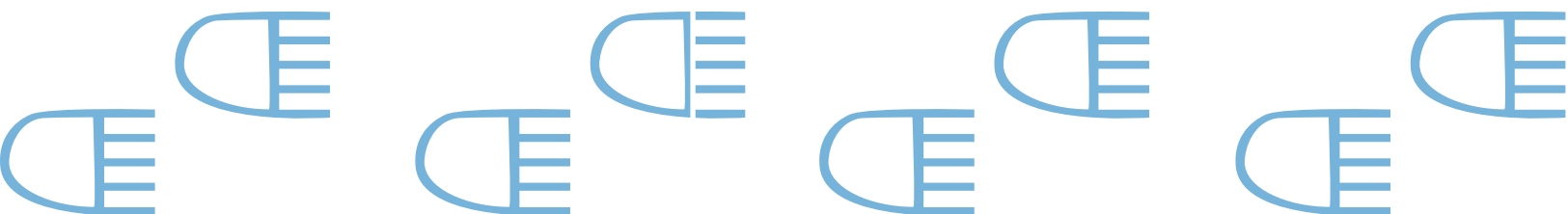


# October 2016 N?e?iyk Spiləxm

## IN THIS ISSUE

Inauguration Meeting  
 Message From The Chief  
 Election Results  
 Executive Director Report  
 Teck HVC  
 Coutlee V LNIB - Appeal Dismissed  
 Raising The LNIB Flag  
 Solar Power At The Band School  
 Lands Department  
 Finance  
 Community Garden  
 Traditional Medicine  
 Right To Know Week  
 Salish Nation - Gold Medal Winners  
 New Faces  
 Recreation  
 Community Health  
 Education  
 LNIB School  
 Halloween Safety Tips  
 Angels Women's Slo Pitch  
 Cultural Revival Program  
 Dr. Ahmed  
 Membership  
 Catering Bid Opportunity  
 Job Postings

Wellness & Beauty Modelling Workshop P.56  
 Landmark Aboriginal Court Cases P.57  
 Member Owned Business Directory P.59  
 Astrology P.61  
 Life Events P.62  
 From The Editor P.64



INAUGURATION MEETING



# LOWER NICOLA INDIAN BAND

## CHIEF AND COUNCIL

### TERM 2016-2019

## INAUGURATION SIGNING CEREMONY AND DINNER

SWEARING-IN AND OATH OF OFFICE FOR THE 2016 TO 2019 CHIEF AND  
COUNCIL MEMBERS;

**OCTOBER 17, 2016**

**5:00PM**

**LNIB SCHOOL GYM, 201 HORN RD**

- 
- 5:00PM-WELCOME ADDRESS
  - 5:10PM-OPENING PRAYER & SONG
  - 5:15PM-SWEARING-IN CEREMONY OF 2016 TO 2019 COUNCIL MEMBERS  
~LNIB ELECTORAL OFFICER, RAYMOND PHILLIPS
  - 5:45PM-ADDRESS TO NEW COUNCIL MEMBERS ON ROLES & RESPONSIBILITIES
  - 6:00PM-ACKNOWLEDGEMENT OF 2010 TO 2013 CHIEF & COUNCIL MEMBERS
  - 6:10PM-WITNESS STATEMENTS
  - 6:30PM-CHIEF & COUNCIL HONOR SONG
  - 6:45PM-DINNER

## MESSAGE FROM THE CHIEF

Heñtek<sup>w</sup> LNIB members,

I am very honoured and would like to thank community members for electing me to continue as Chief of the Lower Nicola Indian Band. I want to thank all the candidates who put their names forward to run for Chief and Council this term. The election campaign was hard work for all the candidates, and everyone can be proud of what they achieved, whether they were elected or not.

Moving forward, I am committed to working with Council to ensure that we as a community do everything we can to heal from the past hurts and divisions and become one community again. I know that for us to be a healthier community, leadership must do everything they can to work for the best interests of all band members. I am proud of the work the previous Chief and Council has done over the last three years, and I believe we have built a good foundation. However as you know, we still have lots of work to do.

I look forward to working with the new Council, the community and our relatives all around us in the months and years ahead. If you or your family would like to set up a meeting with me in the future, please do not hesitate to contact me on my cell at 250.315.7563.

K<sup>w</sup>uk<sup>w</sup>scemx<sup>w</sup>

Huñeł ni  
Chief Aaron Sam

Left to right: Councillors Leona Antoine, Nicholas Peterson, Lesley Manuel, Chief Aaron Sam, Councillors Lucinda Seward, Harold Joe, Joanne Lafferty, Bill Bose



**ELECTION RESULTS**

**LOWER NICOLA INDIAN BAND ELECTION  
ELECTORAL OFFICER’S STATEMENT OF VOTES**

In the matter of the Lower Nicola Indian Band Election to elect one (1) Chief and seven (7) Councillors, I Raymond D. Phillips, Q.C., Electoral Officer, confirm that the election was held pursuant to the LNIB Custom Election Rules, this 1<sup>st</sup> Day of October, 2016 at the Lower Nicola Band Hall. Polling was from 9am to 8pm.

The voting results are as follows:

1. Total mail in ballots received	<u>95</u>
2. Rejected Mail-in Ballots	<u>3</u>
3. Total Mail-in Ballots cast	<u>92</u>
4. Ballots Cast for each Candidate for Chief:	
<b>COUTLEE, Spence</b>	<u>101</u>
<b>DICK, Arthur</b>	<u>40</u>
<b>SAM, Aaron</b>	<u>262</u>
5. Ballots rejected for Chief	<u>4</u>
6. Ballots cast for each Candidate for Council	
<b>ANTOINE, Leona</b>	<u>176</u>
<b>BOSE, William</b>	<u>134</u>
<b>COUTLEE, Mary June</b>	<u>90</u>
<b>COUTLEE, Shane</b>	<u>97</u>
<b>DICK, Julia K.</b>	<u>79</u>
<b>HALL, Norma</b>	<u>82</u>
<b>HUSTON, Barbara</b>	<u>56</u>
<b>JACKSON, Richard Jr.</b>	<u>92</u>
<b>JACKSON, Stuart</b>	<u>113</u>
<b>JOE, Harold</b>	<u>154</u>
<b>JOE, Hrolfe</b>	<u>72</u>
<b>KRAUS, Marshal</b>	<u>68</u>
<b>LAFFERTY, Joanne</b>	<u>134</u>
<b>MANUEL, Lesley</b>	<u>146</u>

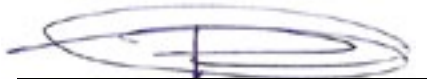
<b>PETERSON, Nicholas</b>	<u>131</u>
<b>SAM, Clyde</b>	<u>100</u>
<b>SEWARD, Lucinda</b>	<u>161</u>
<b>SHINTAH-STERLING, Andrea</b>	<u>101</u>
<b>STERLING, Robert Jr.</b>	<u>128</u>
<b>STERLING-COLLINS, Rona</b>	<u>80</u>
<b>STERLING-MOSES, Jack</b>	<u>65</u>
<b>TOODLICAN, Molly</b>	<u>128</u>

7. Number of rejected ballots for Councillor 1

8. Declared Elected for Chief: Aaron SAM

9. Declared Elected to the Position of Councillor:

<u>Leona ANTOINE</u>	<u>Joanne LAFFERTY</u>
<u>Lucinda SEWARD</u>	<u>William BOSE</u>
<u>Harold JOE</u>	<u>Nicholas PETERSON</u>
<u>Lesley MANUEL</u>	



Raymond D. Phillips, QC  
Electoral Officer

**“Courage is what it takes to stand up and speak; Courage is also what it takes to sit down and listen.”**

**- Sir Winston Churchill**

## EXECUTIVE DIRECTOR REPORT



LNIB Executive Report  
August 25th to September 30th, 2016

Dear LNIB Member,

I am pleased to provide you with a summary of the activities in which I have been involved in the capacity as Executive Director of LNIB for the period from August 25th to September 30th, 2016.

**New LNIB Council** - I am writing this report shortly after the date of elections of Chief and Councillors of LNIB. So, before I start the report, I want to take this opportunity to thank all members of LNIB Council (term of 2013 – 16) – Chief Aaron Sam, and Councillors Harold Joe, Art Dick, Clyde Sam, Robert Sterling, Molly Toodlican, Clarence Basil Jr., and Nicholas Peterson, who, at great sacrifice of their personal and family life, governed the progress of LNIB in the last three years. We are proud of their leadership and thankful for the countless hours of listening, discussions and research, and for their courage and wisdom in taking difficult and complex decisions, all guided by the common good of LNIB and their members.

At the same time, I want to congratulate and welcome the new LNIB Councillors Leona Antoine, Lucinda Seward, Lesley Manuel, Joanne Lafferty, and William Bose, and Chief Aaron Sam and Councillors Harold Joe and Nicholas Peterson, who were re-elected for this term. I also want to pledge our commitment to work with new Council for the advancement of LNIB. I am sure I that I can say that I speak for all staff members at LNIB that we look forward to work with the new Council. Today LNIB; tomorrow the world!

I also want to thank all candidates who ran for the positions of Chief (3) and Councillor (22), and campaigned diligently as they were ready to work for the good of LNIB. It was a live and vigorous campaign where everyone worked hard to promote their vision and commitment to public service through all media. The candidates' forum was well attended, and the main issues received proper attention and were lively debated.

If you are interested in know the details of the final tally of the vote for Chief and Councillors positions, please feel free to visit our website at [www.lnib.net](http://www.lnib.net) and LNIB Facebook page. We are planning a public and formal swearing-in ceremony and signing the Oath of Office of the new Council members on Monday, October 17th, at 6:00 pm at the Band School, to which you are invited and encouraged to attend.

I mentioned this before, and I feel that I must say it one more time: The work of First Nations' elected leaders is far more complex and demanding than that of municipal elected officials. In First Nation governments, in addition to the standard services that a municipality offers to its residents, FN leaders also have to govern education, social development, health, membership, the Indian Act, INAC bureaucracy, and Aboriginal rights and title, with a fraction of the resources available to communities where poverty and alienation bar so many people to live full and rewarding lives.

Now, returning to the report, here is a summary of the activities in which I was involved during the past

month:

**New School Year** – Summer is winding down as we start another year at our own LNIB School. This year, we started with 93 students (kindergarten to Grade 7; a slight increase from 87 last year). We look forward to use the additional four new classrooms, at the same time that our solar energy garden is installed and put into operation.

**Raising of the LNIB Flag** – It was with great pride that on September 9th we had the ceremony of raising the LNIB Flag at the LNIB School. Many people participated in this very special milestone in the history of LNIB, including all the students at the School. Our genuine thank you to LNIB member John Isaac, who with great pride and protocol officiated the formal program, and to Ruth Tolerton who organized the event. The raising of the flag touched everyone and many people expressed how moved they were with the ceremony.

**LNIB School Solar Energy Farm** – September 9th was a busy day, as right after the raising of LNIB Flag ceremony at the front of the LNIB School, we had the Grand Opening of our solar energy farm. We had many people, including representatives of the David Suzuki Foundation, coming from faraway places that came to celebrate with us this landmark event. The event was widely broadcast in the media, and we had many people congratulating us for taking this initiative. The LNIB School solar energy farm will allow our students to learn and be more aware of the importance of energy efficiency in the context of global warming, the reduction of barriers for salmon to reach our the hinterland of British Columbia and LNIB's traditional territory in particular, and achieving substantial savings in electricity costs.

**LNIB Financial Administration Law - Conflict of Interest Provisions** – The final version of LNIB Financial Administration Act containing the conflict of interest provisions was finally passed by Chief and Council at the Chief & Council meeting of August 30th, 2016. We had to make a minor correction in the previous version of the document (replace the word by-law with the word law), as the piece of legislation that governs conflict of interest is LNIB Financial Administration Law (FAL). We sent the revised version of FAL to the First Nations Management Board, who will review the amendment and then will send it to First Nations Tax Commission for publication in the First Nations Gazette, as required by law.

We will apply the provisions and follow the protocol for members of the new Chief & Council to sign and file Appendix "B" of the Conflict of Interest Schedule to the LNIB Financial Administration Act requires the disclosure of business ownership interests, liabilities, income, and employment to members of LNIB Council, employees and contractors.

**Reconciliation of Land Code Process Costs** – With the passing of the Land Code, we worked on completing the accounting of all costs incurred in the process, and planning the work ahead for the next two years. The Individual Agreement is now in the process of being signed by the Minister of Indigenous Affairs. As soon as this step is completed, we will present a detailed plan to Chief & Council for review and approval, and expect to engage in this important work in the next three or four weeks.

**Land Lease for LNIB School Education Program Building** – We completed the purchase of the building from Shackan Indian Band and are now in the final stage of completing the legal arrangements for the 10 year lease

with the LNIB member who has the Certificate of Possession for the said parcel. This will allow us to continue to use the premises, which are located at an accessible, visible, and in a prominent location at Highway 8 and Settlers Road across from the LNIB Health Centre and LNIB Fire Hall (previous location of Shackan Indian Band office).

**Allotment of Housing Lots to Eligible Tenants** – In accordance with the option to buy the lot and house after the rental house mortgage is paid up by LNIB included in the rent-to-own agreements signed between LNIB Housing and LNIB members over the years, Chief & Council approved the transfer of ownership of house lots and respective rental house to the following LNIB members: Laura Christine Isaac, Cecelia Sheena, Aaron Hall, Geraldine Marie Bangham, Leona Vera Valli Shuter and James Shuter, Barry Buford Toodlican, Jean Hester John, Carole Rose Basil, Trena Rae Tom, Sonja Hall, Connie Joe, Lucinda Seward, Antoine James Moses, Rena Lily Irene Joe, Vince Peter McDonald, Vonna Wylene Moses, Cedric Rueben Bent, Marvin Lawrence Shuter, and Delia Shuter.

This was the first step of a process that will take some time to complete, as we need to have formal agreement of both parties on what will be the rights and obligations of both LNIB and each member.

We spent a substantial amount of time over the last three months on one request for the allotment a sizable parcel of land on Joyeaska IR#2. Because of the complexity of this particular land transaction, we could not make a recommendation yet to Chief & Council, as we are still working with all parties involved.

**100 Drums (for Water, Lands, and Unity) and Fashion Show Speaks Celebration** – Leona Antoine, Nadine Spence, and Shannon Kilroy organized a major two-day cultural event, which took place at the LNIB Arbour on September 9th and 10th. The celebration consisted of two main components – Drumming and a Fashion Show – which attracted hundreds of participants and dozens of Aboriginal fashion models (male and female), and over thirty Aboriginal artisans had a booth to sell their creations.

**ANTCO 2016 Annual General Meeting** – Council appointed LNIB Member Gail Joe as proxy of LNIB at the last AGM of All Nations Trust Company, which took place in Kamloops, on September 17th.

**Celebration of HVC Relationship Agreement and Revenue Sharing Agreement with British Columbia** – With the attendance of a large number of LNIB members and elected leaders, we held an event to celebrate the signing of the Relationship Agreement between LNIB and Teck Highland Valley Copper, and the signing of the Revenue Sharing Agreement with British Columbia. Minister of Aboriginal Relations and Reconciliation John Rustad, MLA Jackie Tegart, and HVC Mine General Manager Greg Brouwer, and other senior managers of Teck HVC participated in the event, and stressed the importance of these two agreements for both LNIB, Teck HVC, the Provincial Government, and the economy of the Nicola Valley.

**RBC Presentation – Credit Facility Financing and LNIB Investment Program** – Barry Torgerson and I continued to work on securing financing at lower cost for the LNIB School addition and the Rocky Pines Community Centre. With this in mind, we met with representatives of the Royal Bank Financial Group to discuss options and costs, and the opportunity to setup an Investment Program for LNIB, where we can get a much better return on our cash resources. If you recall, we had similar discussions a few months ago with Peace



Hills Trust and the Bank of Montreal. Barry and I will soon be bringing a set of recommendations, so we can achieve these two goals.

**Shulus Gardens** – The hard work at Shulus Garden is winding down as vegetable gardening season is coming to a close. With goal in mind of Shulus Community Garden being for the community, we are working now in hosting a Harvest Dinner, open to LNIB Members and families, scheduled for Thursday, October 6th, 2016, from 5:00 pm to 7:00 pm, at Shulus Hall. Most of the crop of Shulus Gardens have been delivered to elders, families, and community members in need. I take here the opportunity to thank Lorna Shuter, Chris Doucette, Garrett Mike, Darius Sam, and Ken Tom, who worked very hard to make this season's Shulus Gardens the success that it was.

**Recruitment of Business Development Officer for LNIB Dev Corporation** – I sat on the interview panel for the position of Business Development Officer for LNIB Development Corporation. Sean Maloney and I interviewed three candidates and selected Mr. Greg Hazel for the position. Mr. Hazel brings a wealth of knowledge and experience to LNIB Development Corporation, with many years of direct experience in financing, joint venturing, and operation of large and small First Nations' business.

**LNIB Education Policy Review Committee** – I have participated in the last three meetings of the LNIB Education Policy Review Committee, established by Chief & Council to provide recommendations on improving the policies governing student financial assistance to K to 12, Post-secondary, and vocational (Trades). The Committee is comprised of Councillor Molly Toodlican, Madeline Lenaro, Darlene Valle, Ryan Mann, Sondra Tom, and Sharon Parsons (LNIB Education Program Manager). LNIB retained Lorne Sahara to review a number of policies from other First Nations, INAC, and BC First Nations Education Steering Committee. Based on Lorne's research, the Committee recommend Chief & Council to approve new rates for post-secondary student financial assistance, as the ones that we had before were not adequate to the needs of the students. Chief and Council approved the new rates at its September 13th meeting.

**N7e7kepmxcin LNIB Language Nest** – Aiona Anderson and her team of teacher and Elders are working on finalizing the tasks for the opening of the N7e7kepmxcin LNIB Language Nest. The Language Nest is a full immersion program for young children (0 to 5 year olds). Registrations are now open, and we urge young families to consider to enroll their young children in this important program. It is widely proven that the best time to learn a language is during a person's early years, as we example of Adams Lake Indian Band, where the best speakers are the ones that learned to speak in the language nest before they went to public school.

**Orientation Package for New C&C** – By the time that this Newsletter is published, we already have the results of the elections of Chief and Councillors. The operations of LNIB are wide and complex, so Sondra Tom and I are working in putting together an orientation package (two thick binders) that will be made available to every member of Council. The binders include the most relevant information and documentation for the government of LNIB.

In addition to the orientation package there a number of administrative tasks that need to be complete in the next week or so to ensure that we have a smooth transition from the old to the Council.

**LNIB Housing** – We established an internal Housing Working Group (comprised of Hyrum Peterson, Joe Shuter, Phyllis Edward, Thomas Spence, Carole Basil, and I) to meet every Wednesday to discuss address a number of issues that affect the proper operation of the Housing Department, such as housing repairs applications, housing inspections, review of housing policies, rent in arrears, social assistance shelter payments, reconciliation of accounts with tenants, transfer of house lots to tenants (when tenant is entitled), eviction notices, and current construction of six housing units (in three duplexes).

I was invited to attend the BC Aboriginal Housing Round Table held on September 19th, where we made a number of suggestions for the Government of Canada to consider in addressing the growing housing gap (in number and quality of building construction) affecting most First Nations in Canada.

**LNIB Chief & Councillor Candidates Forum** - I attended in the LNIB Candidates Forum which took place at LNIB School on the evening of September 20th. The event was well attended, including most of the twenty plus candidates for Councillor positions and three candidates for the position of Chief. The forum was very informative as each candidate was given a (small) period of time to present themselves and their platform, and a good venue for people to ask questions to candidates and learn more about the more important issues affecting LNIB.

**Recruitment of Male Counsellor** – I assisted Bridget LaBelle in updating the job posting for Male Counsellor at LNIB Health Centre. This position was held until very recently by Rylan Kerber, who has left us to take a career opportunity in Armstrong, BC.

**Joint Session of New Chief & Council and Board of Directors of LNIB Development Corporation** – Sean Maloney and I have been working in the planning and preparation of a joint session of Chief & Council and the Board of Directors of LNIB Development Corporation. The purpose of such session is to allow the members of both governing bodies to learn more about each other, and find ways to work better together. The working arrangements agreed by both parties will be included in the Letter of Owner's Expectations, and in the LNIB Investment Code, two key documents to be signed by both Chief & Council and Board of Directors of LNIB Development Corporation. We expect that this session will take place sometime in late October or early November.

**Construction of LNIB School Addition** – Construction of this project is well under way, and we expect to be complete sometime in late fall. The expansion consists of the construction of four new classrooms, one of which will be a fully equipped technology classroom.

**Rocky Pines Community Centre** – We now have agreed on the project concept, and the planning team is now busy working on the design and planning of the facility and preparing documents for public tender. The 3,600+ square feet building will be located at the South end of Rocky Pines neighbourhood, and will consist of a medium size hall (capacity from 54 to approximately 200 people, depending on seating arrangement), four offices, small boardroom, store/post office/ laundromat, and a large patio in the back of the building. Chief and Council has approved the budget (not to exceed \$2.4 million). We expect to start construction in early spring of next year.

During this period I attended to a number of community members on a variety of issues and acted immediately on them by working with the respective staff member.

Thank you,

Helder Ponte  
Executive Director

### Home Insurance

LNIB is currently engaged in completing the process of transferring the home ownership of LNIB Housing rental units from LNIB to the new owners (old tenants), for a significant number of families. We recommend the new owners to buy appropriate home insurance against a number of risks.

A typical home insurance policy should cover the following risks:

- Personal property (contents) - usually the amount covered is 20% of the value of the house, and is automatically included in the home insurance policy.
- House break-ins
- Fire
- Earthquakes
- Hail storms
- Sewer backup
- Flood from burst pipes
- General liability – amount varies, but typically between \$3300,000 and \$1 million
- Additional living expenses – for family living while reconstruction is taking place.

Earlier in the summer we asked Mr. Doug Clark, of Capri Insurance, of Kamloops, BC., a qualified insurance professional and also the insurance agent for LNIB, to come to LNIB and make a presentation about home insurance for LNIB Members at an LNIB Band general meeting. At this meeting Mr. Clark mentioned that they offer a special First Nation Insurance Rate, which is priced slightly lower than conventional market rates.

We encourage you to contact a local insurance agent of your preference at your earliest convenience to discuss your home insurance needs, enquire about their First Nation rates, and buy an insurance policy appropriate to your needs. Commonly, homeowners pay the cost of insurance policy in twelve monthly payments, rather than in just one annual payment.

Please be aware that the insurance agent may require a picture of the house, or even request a house inspection or visit. Please make sure that you ask the insurance agent for a detailed explanation of what is covered (and what is not) by the home insurance policy, and that he/she answers all of your questions, and ask for a brochure containing the information that you need to know about home insurance. In addition, please make sure that you read the small print in the insurance policy and agree to its contents before you decide to buy the insurance policy.

We believe that having home insurance is a major risk that families cannot afford, and that the cost of insurance is well worth the price that we pay for the peace of mind that it provides.

## TECK HVC

### **Relationship Agreement between Lower Nicola Indian Band and Teck Highland Valley Copper and Revenue Sharing agreement with the Province of British Columbia**

The Lower Nicola Indian Band recently signed agreements with Teck HVC and the Province of British Columbia: A Relationship Agreement with Teck HVC and a Revenue Sharing Agreement (RSA) with the Province of British Columbia.

The new agreements with respect to the HVC mine operating in our traditional territory gives the LNIB a say in the management of environmental impacts of how the mine is run, and brings benefits for Lower Nicola Indian Band.

#### **HVC Teck Relationship Agreement:**

The agreement with Teck HVC gives LNIB the ability to protect the environment and to help preserve our land. It ensures preferential access to jobs and contracting opportunities for our Members and it offers financial compensation – money that can be reinvested into a stronger LNIB future.

The Agreement establishes a formal relationship between LNIB and Teck HVC and is forward looking, but LNIB maintains rights to pursue mitigation with respect to past HVC activities.

To administer the provisions of the Agreement, new positions are being created: an LNIB Environmental Coordinator, and Employment Coordinator, and a Contract Manager.

In addition, an Implementation Committee will be struck comprised of at least four members – half appointed by Lower Nicola Indian Band and half appointed by Teck HVC. The Implementation Committee will meet at least quarterly to review the implementation plans and provide recommendations.

LNIB is the last of the Nlaka'pamux bands to enter into these Agreements.

#### **Revenue Sharing Agreement between Lower Nicola Indian Band and the Province of British Columbia (RSA)**

The Lower Nicola Indian Band will receive a percentage of the incremental tax revenue (royalties) collected by the Province of British Columbia from Teck HVC. It is different from past agreements that the Province has entered into with First Nations in that it will not compromise the key points of Aboriginal Title and Rights.

These two Agreements are the result of long years of tough negotiations and will provide a stronger and brighter future for all of the Lower Nicola Indian Band.

Band Members may make an appointment with Economic Development Department to review the documents.



Below: Left to Right front row:  
Signatories: Archie Blankinship (witness)  
Greg Brouwer (Teck) Chief Sam, Hon John Rustad,  
Hon Jackie Tegart



Gift from the  
Province



Gift from Teck HVC

**COUTLEE V LNIB - APPEAL DISMISSED**

*Federal Court of Appeal*



*Cour d'appel fédérale*

CORAM: GAUTHIER J.A.  
STRATAS J.A. GLEASON J.A.

BETWEEN:  
VICTOR COUTLEE  
Appellant  
and

LOWER NICOLA INDIAN BAND  
Respondent

Heard at Vancouver, British Columbia, on September 22, 2016. Judgment delivered at Ottawa, Canada, on September 23, 2016.

REASONS FOR JUDGMENT BY: GAUTHIER J.A.  
CONCURRED IN BY: STRATAS J.A. GLEASON J.A.

REASONS FOR JUDGMENT

GAUTHIER J.A.

[1] The Appellant, Mr. Victor Coutlee, an elder of the Lower Nicola Indian Band (LNIB) appeals the decision of the Federal Court (2015 FC 1305) dismissing his application to quash the June 6, 2013 decision of the Electors of the LNIB to amend the Custom Election Rules (“Rules”) of the Respondent. The amendment removed the Council of Elders from the task of officiating election appeals. Although the Appellant was unsuccessful, the Federal Court nevertheless ordered costs in the amount of \$10,000 in his favour.

[2] In respect of this application, the Federal Court had to determine:

- (i) The standard of review applicable to the Band Council’s interpretation of the Rules.
- (ii) Whether the Band Council made a reviewable error in interpreting paragraph 31 of the Rules and whether the process set out in the Rules for amendment was followed.

[3] The Federal Court found that the standard of reasonableness applied to the Band Council's interpretation of the Rules and that the Band Council resolution dated May 14, 2013 signed by the Chief and five of the Councillors could validly initiate the process for amending the Rules in accordance with paragraph 31 of the Rules. The Federal Court also concluded that the procedure set out in paragraphs 32 and 33 of the Rules had been adhered to and that in fact the Band Council had "surpassed" the procedural requirements set out in paragraph 32 of the Rules: paragraph 19 of the reasons of the Federal Court.

[4] The role of this Court on appeal of decisions made by the Federal Court on judicial review is to determine whether the Federal Court identified the appropriate standard of review applicable to each issue before it and applied it correctly. In other words, this Court steps into the shoes of the Federal Court and focuses on the administrative decision under review: *Agraira v. Canada (Public Safety and Emergency Preparedness)*, 2013 SCC 36 at paras. 45-46, [2013] 2

S.C.R. 559.

[5] The Appellant submits that the Federal Court applied the wrong standard of review to the Band Council's interpretation of the Rules. I do not agree. The Federal Court properly applied the most recent caselaw of this Court and correctly determined that the standard of reasonableness applied. The authorities relied upon by the Appellant have been overtaken by subsequent jurisprudence of the Supreme Court of Canada and of this Court.

[6] I am also satisfied substantially for the reasons given by the Federal Court that the Band Council's interpretation of paragraph 31 of the Rules was reasonable and that the process followed to amend the Rules in 2013 met the requirements set out in the Rules.

[7] This should be sufficient to dispose of the appeal. However, before this Court, the Appellant attempted to raise a new issue not raised in his Amended Notice of Appeal (procedural fairness) as well as an issue that was not raised before the Federal Court, namely whether some of the Band Councillors who signed the resolution were ineligible to vote.

[8] Normally, the Court cannot entertain arguments that have not been raised in the Amended Notice of Appeal. Counsel for the Appellant acknowledged that this was so but submitted that the argument was somehow implicitly raised in the Amended Notice of Appeal. I cannot agree. But in any event, I am satisfied that the argument has no merit. The record reveals that substantial notice was given to the Band membership at large: paragraphs 10-13, 15 and 16 of the reasons of the Federal Court. The Appellant simply failed to use the opportunity given to voice his views and concerns.

[9] In my view, the Court should not consider the new argument that some of the signatories of the Band Council resolution were ineligible to vote and thus there was no quorum on May 14, 2013. This question is not a pure question of law; it involves a mixed question of fact and law which should have been put to the Federal Court. There are no valid reasons in this case to use our discretion to consider this new argument. In any event, in my view, the Appellant's argument in that respect has no merit: *Lower Nicola Indian Band v. Mary June Coutlee*, 2013 FC 1069, at para. 34; See also Appeal Book Volume 3,

pages 609, 617.

[10] In the circumstances, I would dismiss the appeal.

[11] As noted earlier, the Federal Court granted costs to the Appellant despite the fact that the application had no merit. By undertaking an appeal that had no merit and forcing the LNIB to expend further costs to defend it, the LNIB should be granted its costs on this appeal. I propose to fix those costs in the amount of \$2,000 (all inclusive).

[12] Now that this dispute has been determined and the Rules clarified, I hope that the parties can put aside any acrimony that existed in the past and work together for the betterment of their entire community.

“Johanne Gauthier” J.A.

“I agree  
David Stratas J.A.”

“I agree  
Mary J.L. Gleason J.A.”

## RAISING THE LNIB FLAG



On September 9th, students and staff gathered on the lawn in front of the LNIB School to officially raise the new flag. Capt. J.F. Isaac (ret) ensured that all flag protocols were carried out with military precision and honour.



**ORANGE SHIRT DAY**



On Friday, September 30, 2016, the Human Services Sector staff organized an event to recognize Orange Shirt Day. Band staff members donned their Orange shirts and joined community members for a commemorative march from the Health Services building to Johnny’s on the Rez and back. The procession was led by drummers and singers, and was followed by Bridge Labelle and Christine Upfold carrying the banner shown above. The feathers attached bear the names of family members who suffered the residential school system.



## SOLAR POWER AT THE BAND SCHOOL

Lower Nicola Indian Band is now home to the largest community owned photo voltaic solar panel installation in B.C.. The LNIB School Rooftop Solar Garden is comprised of 330 solar panels installed on the roof of the school's gymnasium. These panels can produce up to 85.8 kilowatts of electricity, providing energy for the school and a source of revenue for the Lower Nicola Indian Band from the excess energy that will flow back into the electrical grid.

The non-monetary benefits of this project are equally significant:

- Not only will this save energy, but it means less reliance on fossil fuels, and no trapping of fish in dams built for hydroelectric power
- It is “green” and sustainable energy derived from the sun
- As part of the school curriculum on environmental stewardship, the students (and adults) will be able to monitor the energy savings and how that translates to impacts on the earth and our communities on a daily basis

The electricity that this project creates will go directly into meeting the energy demand of the community and any excess energy will flow back into the electrical grid to be purchased by BC Hydro through that company's Net Metering Program.

The W Dusk Group specializes in working with First Nations communities to harness the power of their renewable energy resources in tandem with broader community development initiatives such as land use planning, food systems and infrastructure development.

“This is most likely the first step of a phased approach on making our community more energy self-sufficient,” Chief Aaron Sam said, noting that in the near future the band Council will be considering a program to support community members in making their own homes more self-sufficient with solar panels.

An offshoot of this project with W Dusk is the installation of solar power to one elder's home currently 'off the grid'. LNIB Youth will be involved in this installation and are receiving a “hands on” education about this solar energy.

A celebration of the Solar Garden was held on September 9th, with a good crowd on hand as well as media. We were honoured to have the President and Vice-President of the Suzuki Foundation present as well. According to Mr. Peter Robinson, President, Suzuki Foundation we can expect a visit from David Suzuki in the near future.

A drone flew overhead (piloted by the W Dusk Group) taking video and photographs. They are currently working on a short video about our Community and the project. Meanwhile they share with us some photographs taken by the drone - does LNIB ever look great!

Thank you W Dusk Group!



David Isaac and the W Dusk crew



Aerial photos credit:

Farhan Umedaly,  
VoVo Productions



## LANDS DEPARTMENT



Once again, the Lands Department would like to thank all the LNIB members who voted for the Land Code. Since we voted in Land Code, the staff in the Lands Department have been working really hard to prepare for the changes that the Land Code will bring. We have also been focused on resolving as many files as possible before we head into the new system. We brought 21 applications to the last Council meeting on September 13, 2016 and we hope to have a few more ready to go for the October 18, 2016 meeting.

If you have any questions or requests for the Lands Department please contact Geraldine Bangham or Brandi O'Flynn.



Here are the next steps that the Lands Department is focusing on for Land Code implementation:

- Move over from the Indian land Registry System (ILRS) and into the First Nations Land Registry System (FNLRS)
- Set up community engagement plans and procedures,
- Develop Accountability and Transparency rules,
- Set up a Lands Management Advisory Committee (LMAC),
- Develop procedures, policies and guidelines on land holdings, and
- Develop procedures for dispute resolutions.

At every stage of implementation the Lands Department encourages LNIB membership to get involved.

The Lands Department was happy to spend 2 days with INAC Officials on Outstanding Land Claim Issues.

*Brandi O'Flynn, Jack Sterling-Moses, Colleen Walton Individual Land Holdings Specialist INAC, Edit Benecs Surveys and Land Records Officer INAC, and Winona Swakum*

*Below: Edit Benecs, Colleen Walton & Geraldine Bangham*

*Below right: Brandi O'Flynn, Jack Sterling-Moses, Winona Swakum*



As many of you may know Spectra Energy and Surerus built a new BMX Park out in the Rocky Pines subdivision a few months ago but what you may not know is that we have been working with them to get the old BMX Park restored. We have been recently been informed and are happy to share with everyone that Spectra and Surerus have agreed to help restore the old BMX Park.



*Left to Right: Geraldine Bangham, Guy Nephin, Jack Sterling-Moses, Scott Macklin, Barry Litton, and Greg Fontaine.*

**“Treat the earth well: it was not given to you by your parents, it was loaned to you by your children. We do not inherit the Earth from our ancestors, we borrow it from our children.”**

**- Ancient Indian Proverb**

FINANCE

Lower Nicola Indian Band  
Balance Sheet (Unaudited)



As of August 31, 2016

Unaudited	Current Year	Prior Year
<b>ASSETS</b>		
CURRENT ASSETS		
Cash, GIC's and Deposits	8,494,180	5,039,506
Capital Projects Fund	1,079,021	1,269,227
Taxation Accounts	73,425	847,181
Replacement Reserve Funds	635,458	561,207
Surplus Accounts	484,648	455,333
Accounts Receivable	983,738	910,304
Due From Band Owned Companies	2,277,581	2,084,767
Prepaid Expenses	250	700
Retainers	55,000	77,500
<b>Total current assets</b>	<b>\$14,083,300</b>	<b>\$11,245,725</b>
OTHER ASSETS		
Investments - Other	161,782	161,782
Investments - Ottawa Trust Accounts	596,059	578,361
<b>Total other assets</b>	<b>\$757,841</b>	<b>\$740,143</b>
FIXED ASSETS		
Capital Assets	35,639,277	34,054,853
Accumulated Depreciation	(15,133,325)	(13,640,572)
<b>Total fixed assets</b>	<b>\$20,505,952</b>	<b>\$20,414,281</b>
<b>Total assets</b>	<b>\$35,347,094</b>	<b>\$32,400,149</b>
<b>LIABILITIES</b>		
CURRENT LIABILITIES		
Accounts Payable	1,210,041	616,058
Wages and benefits payable	151,084	130,725
Deferred revenues	74,174	0
Damage Security Deposits Owed	22,919	26,540
Current portion of long-term debt	240,132	240,132
<b>Total current liabilities</b>	<b>\$1,698,351</b>	<b>\$1,013,454</b>
LONG-TERM LIABILITIES		
Mortgages Payable	2,562,742	2,830,394
Arena Loans	0	562,477
School Loans	0	185,695
Equipment Loans	92,173	167,327
Housing Reserves - All Phases	1,091,141	1,026,736
<b>Total long-term liabilities</b>	<b>\$3,746,056</b>	<b>\$4,772,629</b>
<b>Total liabilities</b>	<b>\$5,444,407</b>	<b>\$5,786,083</b>
<b>MEMBERS' EQUITY</b>		
MEMBERS' EQUITY IN:		
Ottawa Trust Funds	625,027	580,417
Contributed Surplus	2,049,483	1,510,386
Equity in Capital Assets	15,561,423	14,827,115
Equity in Band Owned Companies	238	(867)
<b>Total members' equity in:</b>	<b>\$18,236,171</b>	<b>\$16,917,051</b>
SURPLUS (DEFICIT)		
Opening Surplus (Deficit)	9,238,694	8,540,331
Current Year Surplus (Deficit)	2,427,822	1,156,684
<b>Total surplus (deficit)</b>	<b>\$11,666,516</b>	<b>\$9,697,015</b>
<b>Total members' equity</b>	<b>\$29,902,687</b>	<b>\$26,614,066</b>
<b>Total assets</b>	<b>\$35,347,094</b>	<b>\$32,400,149</b>

**Lower Nicola Indian Band**  
**Unaudited Statement of Revenues and Expenses**  
 For the 5 Period(s) Ending August 31, 2016  
 \*  
 Consolidated Departments



	Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
<b>Revenue</b>					
40010- AANDC NGOM - BAND EMPLOYEE B	55,976	52,888	3,088	126,931	70,955
40020- AANDC NPO5 - BAND SCHOOL INST	744,111	387,558	356,553	930,139	186,028
40040- AANDC NPOS - ANCILLARY SERVIC	7,779	12,437	(4,658)	29,848	22,069
40050- AANDC NP8R - ADMIN SER	32,884	31,140	1,744	74,735	41,851
40060- AANDC NP85 - BASIC NEEDS	445,428	421,806	23,622	1,012,335	566,907
40070- AANDC NP8X - ESD	23,419	42,824	(19,405)	102,777	79,358
40080- AANDC NPC5 - ADULT IN	29,547	27,982	1,565	67,156	37,609
40090- AANDC NP8L - SPECIAL NEEDS	11,490	10,882	608	26,117	14,627
40100- AANDC NPEO - PREVENTION PROJ	7,166	6,754	412	16,209	9,043
40105- AANDC NG1E GOVERNANCE P & ID	14,580	22,500	(7,920)	54,000	39,420
40115- AANDC NPBO - NATIONAL CHILD BE	38,467	36,428	2,039	87,428	48,961
40120- AANDC NTMW - COMMUNITY BUILD	12,000	11,999	1	28,797	16,797
40125- AANDC NTMS - FIRE PROTECTION	12,910	12,910		30,984	18,074
40135- AANDC NT4X - LANDS MANAGEMEN		8,540	(8,540)	20,496	20,496
40140- AANDC NT45 - CEDO PLANNING & O	44,268	104,752	(60,484)	251,404	207,136
40170- AANDC NGOF - BAND SUPPORT	176,311	116,609	59,702	279,861	103,550
40175- AANDC NP1P PARENTAL & COMM	12,023	47,749	(35,726)	114,597	102,574
40185- AANDC NPC7 - SERVICE DELIVERY	5,214	4,938	276	11,851	6,637
40190- AANDC NPC9 - ADULT INSTITUTION	7,392		7,392		(7,392)
40195- AANDC NTMV - MUNICIPAL SERVIC	34,261	22,306	11,955	53,534	19,273
40200- AANDC NTMZ - FIRE TRAINING	6,450	6,450		15,480	9,030
40215- AANDC NPOR - TUITION AGREEME	835,572	435,194	400,378	1,044,465	208,893
40220- AANDC NTMT - ROADS & BRIDGES	19,300	19,299	1	46,318	27,018
40225- AANDC NPG7 - MEMBERSHIP REGI	9,163	3,818	5,345	9,163	
40235- AANDC NP5A - POST SECONDARY	316,799	188,571	128,228	452,570	135,771
40240- AANDC NTFE - SANITATION	11,285	11,284	1	27,081	15,796
40245- AANDC NP13 - GUIDANCE & COUNS	7,290	11,933	(4,643)	28,640	21,350
40255- AANDC NTFG - WATER SYSTEMS	38,180	38,183	(3)	91,639	53,459
40270- AANDC NP12 - FINANCIAL ASSISTA	3,890	6,228	(2,338)	14,946	11,056
40290- INAC RECOVERIES/REIMBURSEME		7,000	(7,000)	16,800	16,800
40310- AANDC CPMS #11364 INDIV/HOUSE	9,000	5,833	3,167	14,000	5,000
40320- AANDC NTMU - ELECTRICAL SYSTE	2,085	2,083	2	5,000	2,915
42013- TRANSFER - TAX INVESTMENT ACC	350,000	145,833	204,167	350,000	
43010- FNESC SUMMER PROGRAM		3,455	(3,455)	8,293	8,293
43025- FNESC SEP PROGRAM	9,425	43,545	(34,120)	104,507	95,082
43150- FPHL LANG & CULTURE COUNCIL	22,500		22,500		(22,500)
43200- BC MINISTRY OF EDUCATION		166,667	(166,667)	400,000	400,000
43500- PROVINCE OF B.C.	548	1,750	(1,202)	4,200	3,652
43800- LOAN PROCEEDS	(44,043)		(44,043)		44,043
43900- OTHER REVENUE	2,539,527	787,455	1,752,072	1,889,891	(649,636)
44000- ISETS		833	(833)	2,000	2,000
44900- TNRD	87,284	34,792	52,492	83,500	(3,784)
45000- CMHC SUBSIDY	83,819	85,985	(2,166)	206,363	122,544
45010- CMHC FUNDING	68,650		68,650		(68,650)
46000- COST RECOVERIES	17,314	59,690	(42,376)	143,251	125,937
47000- H.C. HEADSTART	48,470	41,250	7,220	99,000	50,530
47010- H.C.MANAGEMENT & SUPPORT	100,275	100,273	2	240,656	140,381
47015- H.C. DIABETES INITIATIVE	22,525	22,523	3	54,054	31,529
47020- H.C. OPERATIONS & MAINTENANCE	14,160	14,159	1	33,982	19,822
47025- H.C. BRIGHTER FUTUR	40,055	40,054	1	96,129	56,074
47030- H.C. MEDICAL TRANSPORTATION	35,061	19,713	15,348	47,311	12,250
47035- H.C. SOLVENT ABUSE	6,810	6,808	3	16,338	9,528
47040- H.C. MENTAL HEALTH	29,050	29,049	1	69,717	40,667
47045- H.C. CHR.	22,340	22,342	(2)	53,620	31,280
47055- H.C. HOME & COMMUNITY CARE	72,340	72,339	1	173,613	101,273
47070- H.C. NNADAP PREVENTION	22,765	22,765		54,635	31,870
47075- H.C. DRINKING WATER SAFETY	13,670	8,747	4,923	20,993	7,323
47080- H.C. COMMUNITY HEALTH NURSE	45,295	45,293	2	108,703	63,408
47115- H.C. AIDS STRATEGY	855	856	(1)	2,055	1,200
47125- H.C. PRENATAL NUTRITION	8,555	9,228	(673)	22,148	13,593
47140- H.C. NIHB MGMT & SUPPORT	2,955	2,957	(2)	7,097	4,142
47165- H.C. Child Oral Health	19,056	10,669	8,387	25,606	6,550
48000- ADMINISTRATION FEES	50,000	45,000	5,000	108,000	58,000



**Lower Nicola Indian Band**  
**Unaudited Statement of Revenues and Expenses**  
 For the 5 Period(s) Ending August 31, 2016



Consolidated Departments

	Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
48010- <sup>-</sup> RENTAL REVENUES	323,120	384,665	(61,546)	923,200	600,081
48020- <sup>-</sup> SALES	1,710	3,335	(1,625)	8,000	6,290
48025- <sup>-</sup> REFERRAL INCOME	4,024	26,600	(22,576)	63,839	59,815
48030- <sup>-</sup> MANAGEMENT FEES	60,000	62,085	(2,085)	149,000	89,000
48050- <sup>-</sup> INTEREST	36,945	17,608	19,338	42,258	5,313
48070- <sup>-</sup> FUNDRAISING	3,179	3,333	(155)	8,000	4,821
48080- <sup>-</sup> CONCESSION SALES		9,583	(9,583)	23,000	23,000
48085- <sup>-</sup> SPECTRA ENERGY SCHOLARSHIP		2,083	(2,083)	5,000	5,000
48095- <sup>-</sup> KWOIEK CREEK RESOURCES LP		2,083	(2,083)	5,000	5,000
48105- <sup>-</sup> GOLF TOURNAMENT REVENUES	6,500	6,250	250	15,000	8,500
49100- <sup>-</sup> MISCELLANEOUS REVENUE	5,365	1,250	4,115	3,000	(2,365)
49900- <sup>-</sup> TAXATION	1,429,163	583,333	845,830	1,400,000	(29,163)
<b>Revenue total</b>	<b>8,533,506</b>	<b>5,065,112</b>	<b>3,468,395</b>	<b>12,156,260</b>	<b>3,622,754</b>
<b>Wages &amp; Benefits</b>					
50100- <sup>-</sup> WAGES/SALARIES	1,266,545	1,419,692	(153,147)	3,407,261	2,140,716
50110- <sup>-</sup> CPP EXPENSE	58,630	54,263	4,367	130,231	71,601
50120- <sup>-</sup> EI EXPENSE	30,351	29,676	675	71,222	40,871
50200- <sup>-</sup> EXTENDED BENEFITS	32,575	39,866	(7,290)	95,677	63,101
50300- <sup>-</sup> PENSION	49,023	63,445	(14,422)	152,267	103,245
50500- <sup>-</sup> WCB	10,719	10,340	379	24,815	14,096
50550- <sup>-</sup> CASUAL, ONCALL, SHORTTERM LA	18,785	92,930	(74,145)	222,847	204,062
50700- <sup>-</sup> CONTRACTORS UNDER OUR WCB	6,655	6,770	(116)	16,000	9,346
50900- <sup>-</sup> ENHANCED TEACHERS SALARIES		3,333	(3,333)	8,000	8,000
<b>Wages &amp; Benefits total</b>	<b>1,473,283</b>	<b>1,720,315</b>	<b>(247,032)</b>	<b>4,128,321</b>	<b>2,655,039</b>
<b>Expenditures</b>					
60000- <sup>-</sup> ADVERTISING	11,480	19,790	(8,310)	47,500	36,020
60020- <sup>-</sup> EQUIPMENT LEASES & RENTALS	29,299	16,333	12,966	39,200	9,901
60050- <sup>-</sup> ACCOUNTING & AUDIT	50,966	21,480	29,486	51,500	534
60100- <sup>-</sup> ADMINISTRATION FEE TO ADMIN D	25,000	27,500	(2,500)	66,000	41,000
60150- <sup>-</sup> CAPITAL EXPENSES	936,511	317,037	619,474	760,893	(175,618)
60200- <sup>-</sup> COMPUTER REPAIRS, NETWK COS	17,998	31,313	(13,315)	75,150	57,152
60250- <sup>-</sup> CONSULTANTS/CONTRACTORS W	126,055	72,148	53,907	173,160	47,105
60300- <sup>-</sup> CONTRACTORS INDEPENDENT	71,737	37,521	34,216	90,050	18,313
60400- <sup>-</sup> AUTOMOTIVE - FUEL	23,585	25,125	(1,539)	60,299	36,714
60410- <sup>-</sup> AUTOMOTIVE - REPAIRS & MAINT	25,472	27,965	(2,493)	67,120	41,648
60420- <sup>-</sup> AUTOMOTIVE - INSURANCE	32,975	21,427	11,548	51,420	18,445
60450- <sup>-</sup> HONORARIA	16,012	18,063	(2,051)	43,348	27,336
60500- <sup>-</sup> INSURANCE	110,832	51,031	59,801	122,446	11,614
60550- <sup>-</sup> LEGAL/PROFESSIONAL	330,169	102,710	227,459	246,500	(83,669)
60555- <sup>-</sup> PROFESSIONAL SERVICES	95,183	12,500	82,683	30,000	(65,183)
60600- <sup>-</sup> LICENSES/FEES/DUES	6,678	2,703	3,975	6,484	(194)
60650- <sup>-</sup> WORKSHOPS & SEMINARS	2,905	22,884	(19,978)	54,929	52,024
60700- <sup>-</sup> COMMUNITY EVENTS EXPENSES	39,319	28,625	10,694	68,700	29,381
60750- <sup>-</sup> OFFICE SUPPLIES	22,466	16,040	6,426	38,500	16,034
60800- <sup>-</sup> RENT - PREMISES	3,600	16,829	(13,229)	40,390	36,790
60850- <sup>-</sup> POSTAGE/COURIER/DELIVERY	14,454	3,956	10,498	9,495	(4,959)
60900- <sup>-</sup> PROGRAM MATERIALS/SUPPLIES	100,436	60,761	39,675	145,826	45,390
60910- <sup>-</sup> SHULUS GARDENS MATERIAL	7,630		7,630		(7,630)
60925- <sup>-</sup> HOUSING REPAIRS MAINTENANCE		208	(208)	500	500
60950- <sup>-</sup> SNOW REMOVAL	(433)	7,587	(8,020)	18,200	18,633
61000- <sup>-</sup> TELEPHONE/INTERNET	50,908	43,288	7,620	103,903	52,995
61040- <sup>-</sup> STAFF EVENTS	1,945	6,768	(4,822)	16,243	14,298
61050- <sup>-</sup> STAFF TRAINING	42,921	37,683	5,237	90,440	47,519
61200- <sup>-</sup> TRAVEL	50,610	48,128	2,482	115,511	64,901
61250- <sup>-</sup> UTILITIES	103,565	121,965	(18,399)	292,711	189,146
61500- <sup>-</sup> TNRD DUMP FEES	35,961	6,250	29,711	15,000	(20,961)
70000- <sup>-</sup> PROMOTIONS AND GIFTS	4,413	3,145	1,268	7,550	3,137
70015- <sup>-</sup> HONORARIUM ARTHUR DICK	24,000	24,000		57,600	33,600
70018- <sup>-</sup> HONORARIUM AARON SAM	30,000	30,000		72,000	42,000
70020- <sup>-</sup> HONORARIUM CLYDE SAM	8,250	8,250		19,800	11,550
70022- <sup>-</sup> HONORARIUM M TOODLICAN	8,250	8,250		19,800	11,550

**Lower Nicola Indian Band**  
**Unaudited Statement of Revenues and Expenses**  
 For the 5 Period(s) Ending August 31, 2016



Consolidated Departments

		Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
70025-	HONORARIUM HAROLD JOE	8,250	8,250		19,800	11,550
70040-	HONORARIUM ROBERT STERLING	8,250	8,250		19,800	11,550
70051-	HONORARIUM CLARENCE BASIL JR	8,250	8,250		19,800	11,550
70052-	HONORARIUM NICHOLAS PETERSO	8,725	17,000	(8,275)	40,800	32,075
70100-	INTEREST AND BANK CHARGES	3,990	333	3,657	800	(3,190)
70105-	COMMUNITY SUPPORT	43,560	35,417	8,143	85,000	41,440
70125-	GARBAGE COLLECTION	17,452	26,875	(9,424)	64,500	47,048
70140-	REGULAR SERVICE AGREEMENTS	33,484	29,060	4,424	69,743	36,259
70152-	CULTURAL & ELDERS PROGRAMS	1,045		1,045		(1,045)
70155-	BAD DEBTS EXPENSE	6,515		6,515		(6,515)
70205-	GOLF TOURNAMENT EXPENSES	1,375	2,083	(708)	5,000	3,625
70253-	COMMITTEE & MEETING EXPENSE	10,447	12,708	(2,262)	30,500	20,053
70260-	FIELDTRIPS	8,674	4,165	4,509	10,000	1,326
70265-	INSTRUCTIONAL SUPPLIES		16,633	(16,633)	39,920	39,920
70270-	NUTRITION SUPPLIES	17,886	14,992	2,894	35,980	18,094
70300-	BUILDING REPAIRS & MAINTENANC	52,295	109,859	(57,564)	263,654	211,359
70301-	ELDERS HOME REPAIRS	2,940	10,417	(7,477)	25,000	22,060
70315-	GROUND MAINTENANCE	16,044	9,167	6,877	22,000	5,956
70320-	JANITORIAL SUPPLIES	2,831	5,998	(3,167)	14,400	11,569
70445-	POST SECONDARY CONTINGENCY	4,044	5,127	(1,082)	12,300	8,256
70450-	POST SECONDARY TUITION	111,391	47,915	63,476	115,000	3,609
70455-	POST SECONDARY BOOKS/SUPPLI	2,515	15,835	(13,320)	38,000	35,485
70460-	POST SECONDARY LIVING ALLOWA	68,522	131,626	(63,104)	315,898	247,376
70465-	SD#58 TUTORIALS	7,828	1,250	6,578	3,000	(4,828)
70470-	STARTUP K-12	10,446	5,000	5,446	12,000	1,554
70471-	HIGHSCH ALLOWANCE	6,195	2,083	4,111	5,000	(1,195)
70475-	LEA TUITION AGREEMENTS	435,194	435,194		1,044,465	609,271
70480-	SCHOLARSHIP		4,167	(4,167)	10,000	10,000
70485-	POST SECONDARY GRAD FEES	400		400		(400)
70490-	YOUTH TRAINING	3,914	2,083	1,830	5,000	1,086
70495-	TRADES & CERTIFICATION		4,167	(4,167)	10,000	10,000
70510-	GRADUATION CEREMONIES	4,140	708	3,431	1,700	(2,440)
70650-	G.F.A.	15,762	22,072	(6,310)	52,972	37,210
70655-	SPECIAL NEEDS	11,477	10,878	599	26,108	14,631
70670-	BURIALS	19,702	7,500	12,202	18,000	(1,702)
70671-	NON STATUS HEALTH BENEFITS	6,305	3,000	3,305	7,200	895
70678-	WOP SHELTER	8,850	3,833	5,017	9,200	350
70710-	ADULT DAY PROGRAM	3,137	2,083	1,054	5,000	1,863
70715-	INSTITUTIONAL CARE	482	5,525	(5,043)	13,260	12,778
70735-	INCENTIVE/ALLOWANCE	750		750		(750)
70800-	JANITORIAL SERVICES	3,042	23,333	(20,292)	56,000	52,958
70825-	COMMUNITY WELLNESS	50,083	23,511	26,572	56,426	6,343
70845-	CLIENT TRANSPORTATION	23,472	19,713	3,759	47,311	23,839
70860-	PRENATAL NUTRITION	5,092	6,250	(1,158)	15,000	9,908
70875-	MEDICAL SUPPLIES	1,260	2,500	(1,240)	6,000	4,740
70895-	MEDICAL/DENTAL SERVICES	423		423		(423)
70900-	MORTGAGE INTEREST	19,430	20,964	(1,534)	50,315	30,885
70901-	MORTGAGE PRINCIPAL	113,472	113,328	144	271,988	158,516
70915-	PROPERTY MANAGEMENT EXPENS	60,000	60,000		144,000	84,000
70920-	REPLACEMENT RESERVE ALLOWA	1,426	29,791	(28,365)	71,500	70,074
70950-	ANIMAL CONTROL	1,306	1,500	(194)	3,600	2,294
70960-	EMERGENCY WATER DELIVERY		210	(210)	500	500
70965-	FISH SCREENS MAINTENANCE	3,207	1,042	2,166	2,500	(707)
70970-	MAINTENANCE ROADS & BRIDGES	16,094	8,333	7,761	20,000	3,906
70975-	MAINTENANCE WATER SYSTEMS	26,328	37,500	(11,172)	90,000	63,672
70985-	DITCH IRRIGATN & MAINTENANCE	8,000	8,333	(333)	20,000	12,000
70995-	MAINTENANCE WASTE WATER SYT	6,087	8,333	(2,247)	20,000	13,913
71015-	SUPPLIES-CONCESSION		5,625	(5,625)	13,500	13,500
71100-	LOAN PNI PAYMENT	19,837	24,833	(4,996)	59,600	39,763
72075-	TAX RESERVE ANNUAL TRANSFER	350,000	146,250	203,750	351,000	1,000
72250-	PLANS SURVEYS	6,506	835	5,671	2,000	(4,506)
73095-	ENGINEERING CONSULTANTS	222		222		(222)
73115-	INSPECTION FEES		486	(486)	1,167	1,167
73120-	CONSTRUCTION COSTS	138,376		138,376		(138,376)

**Lower Nicola Indian Band**  
**Unaudited Statement of Revenues and Expenses**  
 For the 5 Period(s) Ending August 31, 2016  
 \*  
 Consolidated Departments



	Actual Year to Date	Budget Year to Date	Variance to Budget Year to Date	Approved Budget For Year	Budget Remaining For Year
74005- SD EMPLOYABLE	102,887	107,900	(5,012)	258,959	156,072
74015- SD PPMB	23,215	20,715	2,500	49,716	26,501
74025- WOP BASIC	3,886	2,083	1,803	5,000	1,114
74035- SD SHELTER	137,445	149,743	(12,298)	359,383	221,938
74045- SD PWD	74,424	84,899	(10,475)	203,758	129,334
80000- EXCAVATION & SITE PREPARATION	107		107		(107)
80040- BUILDING SUPPLIES/MATERIALS	2,555		2,555		(2,555)
<b>Expenditures total</b>	<b>4,632,402</b>	<b>3,236,780</b>	<b>1,395,622</b>	<b>7,768,191</b>	<b>3,135,789</b>
<b>Surplus (Deficit) Current Period</b>	<b>2,427,822</b>	<b>108,018</b>	<b>2,319,804</b>	<b>259,748</b>	<b>(2,168,074)</b>
<b>Interfund Transfers</b>					
89990- TRANSFER TAXATION INVESTMEN	(1,390,557)	(579,399)	(811,158)	(1,390,557)	
89998- TRANSFER FR DEPTS	1,796,641	748,601	1,048,041	1,796,641	
89999- TRANSFERS TO DEPARTMENTS	(1,796,641)	(748,599)	(1,048,042)	(1,796,641)	
99988- TRANSFER FROM TAXATION	1,390,557	579,397	811,160	1,390,557	
<b>Surplus (Deficit) After Interfund Transfers</b>	<b>2,427,822</b>	<b>108,018</b>	<b>2,319,804</b>	<b>259,748</b>	<b>(2,168,074)</b>
34000-,350 Opening Surplus (Deficit)	8,601,772	8,601,772			
<b>Closing Surplus (Deficit)</b>	<b>11,029,594</b>	<b>8,709,790</b>			



Remembrance Day is coming up. A ceremony will be held at Shulus as usual - mark your calendars for November 11th.

Our new staff member Billie Pierre suggested that the next issue of the Newsletter contain stories and photos about the gallant LNIB members who left their families to fight in the war(s).

So please, dig through your photo albums and your memories and share their stories with us. Photos will be scanned and returned to you. If you would like to tell your story rather than writing it, please contact me at the Band Office 250-378-5157 - Ruth



**LEST WE FORGET**

## COMMUNITY GARDEN

Lorna Shuter and her crew (anyone she snag for help these days!) have been busy harvesting in the community garden over the past month. Boxes of fresh vegetables have made their way to the Soup Kitchen, and to Elders. Nothing tastes like fresh, homegrown veggies! And when she isn't busy harvesting, Lorna is getting the beds ready for next year, drying and storing seeds for next year. Kudos to Lorna for a great job!

Of course, a garden is very busy work - so come on LNIB! This is your Community Garden so stop by and give Lorna a hand. There is nothing like getting your hands into the soil to provide breathing room and meditational re-centering for your soul.

## TRADITIONAL MEDICINE

Almost two decades ago, a medicine garden was laid out and planted in a space near the community garden. A group of LNIB members and employees have been participating in Traditional Medicine classes with Dr. Jeannie Paul. We have foraged and wildcrafted far and wide, and learned as much as first year medical students according to Jeannie. Dr. Jeannie is a passionate advocate about traditional medicines and teas and time after time she has scolded us that we should have a garden. So we have begun the process of resurrecting the Medicine Garden. There's a lot of work yet to be done, but we're starting off with weeding and organizing proper pathways.

A first big step is happening this month with the planting of trees - Hawthorne, Paper Birch, Trembling Aspen, Poplar, Pine, Spruce - to provide not only medicine, but protection from the wind and some shade.

Anyone who wants to participate in this garden project is more than welcome!



Rhonda Dunn with freshly planted Paper Birch



Tim (Spike) Manuel hammering it up before he gets to work



Lorna Shuter - our gardening muse and knowledge keeper

## RIGHT TO KNOW WEEK

### Right to Know Week - Angie Bain

How do you find information on issues like Kinder Morgan, Mount Polley or Lelu Island? How do researchers and reporters obtain the background information for their reports and articles? Where can I go to request membership, census or estate records? While there are many sources, one of the most frequently used methods of getting this information is through an Access to Information or Freedom of Information Request.

From September 26 to October 2, 2016 Right to Know Week was celebrated across Canada with conferences and panel discussions, workshops and seminars, the tabling of special reports and studies on access to information. In the spirit of this week, here are two research tips on accessing completed Access to Information Requests (ATIP) and completed Freedom of Information Requests (FOI).

**1. In BC, the Freedom of Information and Protection of Privacy Act (FOIPPA) governs access to provincial information.** Details on submitting an FOI request can be found here <http://www2.gov.bc.ca/gov/content/governments/about-the-bc-government/open-government/open-information/freedom-of-information>.

Submitting FOI requests in BC can be costly and time consuming. However, many requests, once complete, are made available to the public on the “Open Information” catalogue <http://www2.gov.bc.ca/gov/search?id=9199E7BC9682482EB9EA0B6D6B8D386C>. On this site you can do keyword searches to see what information requests were previously made on topics that may be of interest to you. For example, if you did a search for “Nicola”, you will get a list of requests with that keyword. The FOI Request that I made on behalf of the Band for correspondence relating to the Trans Mountain Pipeline (Kinder Morgan) Right-of-Way in 2013 can be found at this link <http://www2.gov.bc.ca/enSearch/detail?id=7AFDBC16F15F42E289E9F7DDB0F80C40&recorduid=4667043>.

**2. In Canada, the Access to Information Act and the Privacy Act governs access to federal information.**

The Government of Canada has a website for “Complete Access to Information Requests” <http://open.canada.ca/en/search/ati>. On this site you get a summary of complete requests but there are no attached documents. Luckily, each summary has a link for making an informal request for the completed ATIs. Once you have identified a complete request of interest, click on the link that says “Make an informal request for:” and fill out the online form. If you wish to make a request for records that have not been previously requested, you can submit your own request by paying a \$5 fee and filling out an online ATIP request here <https://atip-airpp.apps.gc.ca/atip/welcome.do>.

The Canadian Government is also proactively disclosing some documentation like Minister expenses and travel, contracts over \$10,000 and grants and contributions. This information can be found here <http://www.cic.gc.ca/english/disclosure/index.asp>.

Watch the “Open Information catalogue” and “Completed Access to Information Request” websites as they are frequently updated and may save you time and money as you undertake your own research. If you have any questions about preparing your own request for information, feel free to contact me at [angiebain@shaw.ca](mailto:angiebain@shaw.ca).

**SALISH NATION - GOLD MEDAL WINNERS**



So proud of our ladies on the Salish Nation Masters team, winning the Gold. Players are Mary June Coutlee, Debra Manuel, Josie Fortier, Barb Coble Molly Toodlican, Barbara Huston, Coralie Gregoire, Sharmaine Gregiore, Tracey Strain, Sheri Jacobs, Laura Antoine, Krissy Jacobs, Dale Tomma, Dorreen Rice, and Coaches Michelle (Magic) Shuter and Barry Jackson. The ladies that could not make the event Rhonda Ned, Juanita Kruger Sheri Louis and Peggy Joe.

**AMERICAS MASTERS GAMES**

Over 5,000 athletes, 35-years of age and older, and from all parts of the Western Hemisphere, converged on Vancouver last month for the inaugural Americas Masters Games.

The Salish Nation Masters teamed played in the 40+ division of recreational fastpitch softball. The gold-medal contest was a dandy, with the Angels surging to a 7-2 lead going into the bottom of the sixth inning.

“For some reason, our bats woke up,” said Shuter. “We scored nine runs in the sixth to go ahead 11-7. The Angels got two back in the top of the seventh, but that was it. We won the game 11-9, and didn’t need to take our final at-bat.”

excerpts from Merritt Herald, Photos courtesy Molly Toodlican

NEW FACES



Hi My name is Billie Pierre from the Nlaka’Pamux nation. My mother is Mechelle Pierre and my grandparents who’ve passed on, are Sarah Pierre and Charlie Mechell. I’m a mother of mother of a 9 year old named Alex. I’m a LNIB band member and I’m happy to be taking the position as receptionist and office clerk at the Lower Nicola Indian Band office.

My main interest is independent media. Years ago, I helped create Redwire Magazine, a Native youth publication. Recently I was the guest editor for the Dominion, a nation-wide independent newspaper, and currently I am a radio programmer at Vancouver

Coop Radio, Kla’How’Ya FM. I’m looking forward to getting re-acquainted with everyone.

Hello my name is Alison Cisco.

I was just hired in the Public & Capital Works as clerk. This is my second chance being hired in this department.

My parents are Barbra Basil and the late Reise Cisco Sr. Buddy Jack is my stepfather, he is responsible for my love of fishing.

I’m a LNIB member. For 11yrs I have been with my spouse Cornell Albert. Im a mother of two nk’y’epi’ and Louie. I also have a stepdaughter Amber Paul; she has a family of her own two boys. In our spare time you can find us doing our traditional gatherings, fishing, hunting or just our driving around out in the bush getting firewood.



Thanksgiving is here, so our minds have turned  
 To what time has taught us, to what we’ve learned:  
 We often focus all our thought  
 On shiny things we’ve shopped and bought.  
 We take our pleasure in material things,  
 Forgetting the pleasure that friendship brings.  
 If a lot of our stuff just vanished today,  
 We’d see the foundation of each happy day  
 Is special relationships, constant and true,  
 And that’s when our thoughts go directly to you.  
 We wish you a Thanksgiving you’ll never forget,  
 Full of love and joy—your best one yet!  
 - Joanna Fuchs

Sage & Onion Stuffing

1 onion, peeled and roughly chopped  
 1 large stick celery, roughly chopped  
 1 cup butter  
 1 tsp dried sage, or 2 tbs fresh  
 3-4 cups bread cubes or rough crumbs  
 Handful dried cranberries / nuts (optional)  
 salt and pepper (about 1/2 tsp each)

Melt butter, saute onion, celery and chopped sage. Put bread cubes/crums in a bowl. Pour butter mixture and remaining ingredients in and stir. Can be stuffed in cavity (when cooled) or cooked separately in covered casserole in oven (baste occasionally with turkey juice).

RECREATION

**LNIB Recreation**



**Traditional games on Mondays and Tuesdays**

Where: **Mondays** @ fire hall field

When: Mondays 12 pm-1pm (during lunch hour)

Where: **Tuesdays** LNIB School in the field (weather permitting)

When: Tuesdays 4:30pm-6:00pm

We will be doing some fun traditional based games and also playing double ball (known as nobbi ball).

This is open to anyone interested in joining in on the games!

If you have any questions please ask Chelsea

the Recreation Worker

@ 250-315-3379

COMING SOON! The Recreation Department is working on a Fall/Winter (and then Spring/Summer) Catalogue of Events. This will save you from having to rip the Newsletter apart to post calendars on your Fridge!!





# October 2016 Recreation Program

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		Youth center Drop in opens 7-9pm every Tuesday. ARENA			Youth center drop in opens 7-9pm every Friday. ARENA	1
2	3 SWIM AND GYM Traditional games WALKING CLUB RP Drop in 4-5	4 TRADITIONAL GAMES. LNIBS 4:30-6pm YOUTH CENTER	5 BIKE PARK AND OUT DOOR RINK 4:30-6pm ADULT GYM 6-8	6 SWIM AND GYM Harvest Dinner 5pm	7 Public SKATING 5:30-6:45PM YOUTH CENTER 7-9PM @ arena	8
9	10 	11 TRADITIONAL GAMES. LNIBS 4:30-6pm YOUTH CENTER	12 BIKE PARK AND OUT DOOR RINK 4:30-6pm ADULT GYM 6-8	13 SWIM AND GYM @ aquatic center	14 Public SKATING 5:30-6:45PM YOUTH CENTER 7-9PM @ arena	15
16	17 SWIM AND GYM Traditional games WALKING CLUB/A Drop in 4-5	18 TRADITIONAL GAMES. LNIBS 4:30-6pm YOUTH CENTER	19 Gym night 10+ 4:30-6pm ADULT GYM 6-8	20 SWIM AND GYM @ aquatic center	21 Pro D-Day Public SKATING 5:30-6:45PM YOUTH CENTER 7-9PM @ arena	22
23	24 SWIM AND GYM Traditional games WALKING CLUB RP Drop in 4-5	25 TRADITIONAL GAMES. LNIBS 4:30-6pm YOUTH CENTER	26 Gym night 10+ 4:30-6pm ADULT GYM 6-8	27 SWIM AND GYM @ aquatic center	28 Halloween party!	29
30	31 SWIM AND GYM Traditional games WALKING CLUB /A Drop in 4-5					

**Notes** SWIM AND GYM IS Monday and Thursday's all day just sign in at front desk open to all community members.  
 Traditional games on every Monday from 12pm-1pm @ fire hall field. Open to staff and community members.  
 Walking club every Monday from 1:30- 2:30pm will be alternating places rocky pines (RP) and arena (A). Nothing on the 10<sup>th</sup>.  
**Monday night drop in hockey** full gear is to be warn. 6-18 years old. Chelsea will be on the ice providing any assistance where needed. From 4:00pm to 5:00pm Thanks All!! Any questions contact Chelsea @ 315-3379



COME JOIN THE RECREATION  
WORKER FOR A WALK!

## **WALKING CLUB**

EVERY MONDAY IN OCTOBER

---

**OCTOBER 3, 2016**

**1:30PM TO 2:30PM**

OCT, **3** AND **24** MEETING IN ROCKY PINES AT BIKE PARK.

OCT, **17** AND **31** MEET AT SHULUS ARENA.

ALTERNATING WEEKS. **NO WALKING CLUB ON THE 10<sup>TH</sup>**

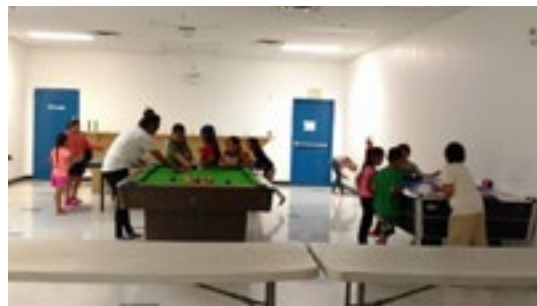
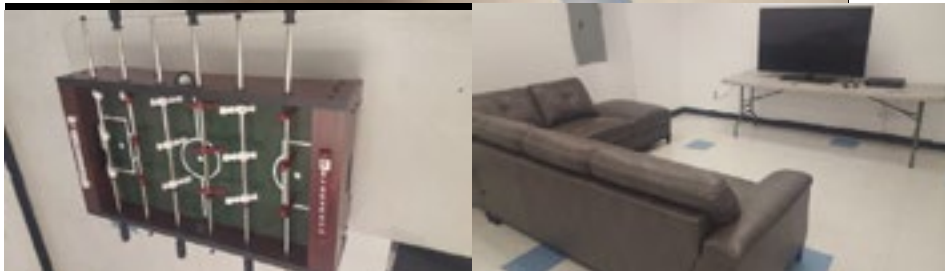
---

This is for all community members who feel like getting out and enjoying the wonderful fall weather while moving for healthy activity.

---

FOR MORE INFORMATION CONTACT: CHELSEA @ 250-315-3379

## LNIB Recreations Youth Center Drop In



### Drop in schedule

This will be open to youth **ages 10+** (from LNIB) to come hang out and interact with other youth!!

**Tuesday: 7:00pm-9:00pm**

**Friday: starting **October 7<sup>th</sup>** from 7:00pm-9:00pm**

\*We ask that you **RESPECT** the area and equipment\*

\*please no **FOOD** or **DRINKS**

\*leave shoes at the door

If you have any questions please ask Chelsea @ 315-3379

# Adult Gym Night 18+

## Wednesdays

### @7:00pm - 9:00pm



We want to promote active movement in our adults within the community. The recreation worker will be doing gym nights on Wednesdays for anyone 18 years or older.

This will be held @ **LNIB School Gym:**

Warm up starts @ 7:00pm to 7:30pm

Activity or Play starts @ 7:30pm to 8:45pm

Cool down and Closing @ 8:45pm to 9pm

If you have any question please contact the Recreation Worker of LNIB Chelsea

@ 250-315-3379

## COMMUNITY HEALTH

### Home Care Program Events:

#### ADULT DAY PROGRAM (9:30 AM - 1:30 PM)

- **October 5th- Game Day**
- **October 12th- Library/walk**
- **October 19th- Elks Bingo**
- **October 26- Halloween Activities**

#### FOOT CARE - DROP IN OCTOBER 31ST

**Services are now available to anyone living or working on reserve. To book an appointment, please call Lower Nicola Health Services (250-378-4089) to reserve a time.**

Up coming events - mark your calendar!!

Nov 8th - Flu Clinic 10am-6pm@ LNIB Health Center

Nov 9th - Cyndi Noakes, Diabetes Specialist will be conducting weight management education and support for people. She will be measuring body mass, water weight, accurate weight, muscle mass

Where: LNIB Community Health Center; please phone LNIB Community Health Services to book an appointment

Please feel free to contact the home care nurse (Irene Howe) at 250-378-4089 if you have any questions or require any information.



# October 2016

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1
2	3 Office Day	4 Thanksgiving Craft 4-6	5 Prep for Thanksgiving Dinner	6 COHI 9- 11:30 Harvest/Thanksgiving Dinner 5-7	7 Grieving Circle 9:30 am Skill Share 2:30pm	8
9	10 Thanksgiving Day	11 Office Day	12 Good Food Bag	13 Community Walk 10-11	14 Grieving Circle 9:30 am Skill Share 2:30pm	15
16	17 Parents and Babes 10-12	18 Office Day	19 Halloween Craft 4-6	20 Elder's Luncheon 12-1  Parenting Training	21 TBA  Parenting Training	22
23	24 Office Day	25 Prep for Halloween Party	26 Prep for Halloween Party	27 Halloween Party 5-8 Fireworks 8:15	28 Grieving Circle 9:30 am Skill Share 2:30pm	29
30	31 Parents and Babes 11- 1 (Halloween Party)					

Notes

For any more information please contact Tammy Armstrong the health center @250-378-4089 Please Note that events or activities may change due to unplanned events or circumstances.

\*Anyone who can come in on Fridays to share your "skill" with us we will give a \$25 gift card. Please call ahead so we can arrange a date. Beading, knitting, cooking etc....



## EDUCATION

Wow, one month of the school year has already passed, and students, parents and instructors, have ironed out the kinks and are settling into their daily schedules.

LNIB Education Department staff, Gail & Terri-Lynn, did a great job of providing their assistance and expertise to those who are navigating the Education system. It is a complex structure that can be overwhelming and confusing, thank you, Gail & Terri, it's how you roll!!

There are 13 students from Nooaitch, Shackan, LNIB and Coldwater enrolled in the Q2 Program. They are attending 4 days per week and are working diligently toward completion of grade 12. Kudos to each of you!!

As for me, I have been attending meetings with all of the aforementioned: parents, students, Education Department staff, and SD #58 staff, to ensure we are offering all that we can so students receive a quality education. I have been and will continue to keep in touch with our local schools, including NVIT.

On September 29th, SD #58 held their Welcoming Dinner at NVIT. They had a great turnout, great food (bbq), and great entertainment. SD #58 debuted 2 short films that were made last year, starring local MSS students. LNIB students confidently took the lead, not only in the films, but of their own lives. They spoke proudly of their Aboriginal culture and heritage, and how it has inspired them to be the best they can be, very inspirational. Soon both films will be uploaded onto SD #58 website. Call me biased, but I recommend everyone to take time and watch these films, they get a five star rating from me...\*\*\*\*\*.

“It must be remembered that the purpose of education is not to fill the minds of students with facts... it is to teach them to think, if that is possible, and always to think for themselves.”

-Robert Hutchins

Congratulations to those voted in as LNIB Chief & Council.

Come in to the Education Department office and chat with Sharon Parsons, Gail LaRochelle, & Terri-Lynn Beckett about your education plans.

Until next time,  
Have a great day today and every day!  
Sharon Parsons, LNIB Education Program Manager

LNIB SCHOOL



**Absolutely NO NUTS  
and NO Peanut  
Butter in LNB School**

# October 2016



	Mon	Tue	Wed	Thu	Fri
3	ham & potato casserole	4 chicken wraps	5 <u>WORLD TEACHER DAY</u> stew & veggie soup	6 <u>PICTURE DAY</u> cheese sandwich with chicken noodle soup	7 pizza casserole <u>Grade 2, 4 &amp; 5 to Adams River for Salmon Run.</u>
10	<u>THANKSGIVING</u> <u>NO SCHOOL</u>	11 macaroni salad	12 taco soup & bun	13 porky pine balls (hamburger & rice)	14 salmon melts
17	chicken & veggie soup	18 beef & veggie wrap	19 borsht & beet soup & jam sandwich	20 fried rice	21 <u>PRO D-DAY</u> <u>NO SCHOOL</u>
24	beef barley soup <u>DESERT HILL RANCH-PUMPKIN PATCH FIELD TRIP GRADE 1-7</u>	25 cream of carrot soup	26 split pea & ham soup <u>MONTHLY DINNER</u>	27 pigs in a blanket (sausage rolls)	28 taco wrap <u>SKATING FOR GR 1-7</u>
31	<u>HALLOWEEN CELEBRATIONS</u> <u>DRESS IN COSTUME</u> hotdogs with beans & mac "N" cheese				



## HALLOWEEN SAFETY TIPS

### Tips for parents and caregivers

Halloween can be an exciting time for children and with the distraction of candy and costumes, safety rules can easily be forgotten. In fact, research shows that distractions can increase a child's chances of being struck by a car. Check out these simple tips to keep Halloween night a safe night for all:

1. Children under the age of nine should be accompanied by an adult or responsible older child since they lack the developmental skills to cross the street on their own. This is a year-round tip that will help keep your child safe while you share good pedestrian habits and pass on a legacy of safety-minded behaviour.
2. Teach your child to stop at the curb, look left, right and left again, and to listen for oncoming traffic. This vital skill is especially important when children are distracted and excited. Never rely on traffic signals alone - use your eyes and ears to make sure it's safe to cross.
3. It's unsafe to cross between parked cars or other obstacles - always cross at crosswalks, street corners or intersections. Many injuries occur when children run out between parked cars, but even at intersections it's vital that children practice tip #2.
4. Stay on the sidewalk or path when walking from house to house and if there is no sidewalk, walk beside the road, facing traffic so drivers can see you. From a very young age, children can be taught that roads are for cars and sidewalks are for kids. If your community has no sidewalks, walking beside the road at night can be very dangerous - adult accompaniment and flashlights are a must, regardless of the child's age.
5. Select costumes with bright colours to increase your child's visibility and choose face paint instead of masks. Masks can make it hard for your child to see properly and often restrict peripheral vision, making it difficult to check for oncoming traffic before crossing a road.

### Tips for drivers

Halloween means that there will be more children out on the streets. Drivers need to take extra care.

1. Drive slowly in residential areas where children are more likely to be trick-or-treating. Did you know that drivers cannot accurately judge their own speed when driving? The higher the speed, the less likely you are to see a child pedestrian, and the harder it is to stop quickly.
2. Watch out for kids, many of whom may be wearing costumes with masks that make it difficult for them to see. With the excitement of Halloween, children may forget simple pedestrian safety rules. They have a tendency to dart out in the most unexpected places - the most common being between parked cars. Remember also that costumes can limit a child's vision and they may not be able to see your vehicle.
3. Reduce your distractions and stay alert.  
All your concentration should be on the road, not diverted by cell phones or loud music.

4. Remember to enter and exit driveways slowly and carefully.

Excited trick-or-treaters may run on sidewalks, or dart out unexpectedly. Proceed with caution, when entering or exiting the roadway.

### ANGELS WOMEN'S SLO PITCH



The N.O.(North Okanagan) Angels Women's Slo Pitch team participated in the 55+ Recreational category at the BC Senior Games in Coquitlam this past week, September 21-24th. 3200 participants enjoyed competing in various sports. The weather was beautiful for the first 2 days and then on the third day they were forced to compete in the rain. Although they placed 2nd after the round robin composed of 5 teams they were able to defeat The Hot SHots from the lower mainland in the final game to bring home the gold.

Pictured team members are: top row from left: Diane Schmidt , Elaine Jules (Chase), Cindy Kilmartin

(Enderby), Deb Dickinson (Ann Polson (Salmon Arm), Brenda Shabbits (Scotch Creek), Caroline Chartier (Enderby), Debra Manuel (Merritt), Sandy Swartz (Grindrod ), and Pam Chudiak (Salmon Arm).

Kneeling: Donna Helgesson (Salmon Arm), Sue Kalke (Salmon Arm), MJ Coutlee (Merritt), and Lynne Parkinson (Enderby)

## HALLOWEEN

# HALLOWEEN PARTY

## OCTOBER 27, 2016

Join us in the spooky haunted house located behind the Community Health Services building.. The chilling activities will be between **5:00 and 8:00pm.** Fireworks and warming up by the Bon Fire at **8:15pm**

**Haunted House**  
**Hot Dogs and Chips**  
**Coloring**  
**Fear Factor**  
**Freaky games**  
**Bon Fire**  
**Fireworks**

*If you have an questions please contact the LNIB Community Health Services at 250-378-4089*

PROUD TO BE  
LNIB

### The Story Behind Halloween

Virtually all present Halloween traditions can be traced to the ancient Celtic day of the dead. Halloween is a holiday of many mysterious customs, but each one has a history, or at least a story behind it. The wearing of costumes, for instance, and roaming from door to door demanding treats can be traced to the Celtic period and the first few centuries of the Christian era, when it was thought that the souls of the dead were out and around, along with fairies, witches, and demons. Offerings of food and drink were left out to placate them. As the centuries wore on, people began dressing like these dreadful creatures, performing antics in exchange for food and drink. This practice is called mumming, from which the practice of trick-or-treating evolved. To this day, witches, ghosts, and skeleton figures of the dead are among the favorite disguises. Halloween also retains some features that harken back to the original harvest holiday of Samhain, such as the customs of bobbing for apples and carving vegetables, as well as the fruits, nuts, and spices cider associated with the day.

- from American Folklife Center, Jack Santino

CULTURAL REVIVAL PROGRAM

# LOWER NICOLA INDIAN BAND

## CULTURE REVIVAL PROGRAM

October 2016	Monday	Tuesday	Wednesday	Thursday	Friday	
1						
2	3	4 Women's Sweat 6-9 pm Coldwater	5 Drum Night 6-9 Family Trailer	6	7	8
9	10 Office Closed	11 Women's Sweat 6-9 pm Coldwater	12 Drum Night 6-9 Family Trailer	13 Gathering Mushrooms Cottonwood Nicola River	14	15
16	17 Beading 5-9 pm Family Trailer	18 Women's Sweat 6-9 pm Coldwater	19 Drum Night 6-9 Family Trailer	20 Spatsin Gathering Sunshine Valley Road	21	22
23	24 Cedar Root Gathering	25 Cedar Root Basket Making Lytton	26 Spatsin Twining 10-1 Drum Night 6-9 Family trailer	27	28	29
30	31 Happy Halloween					



Culture Revival Program Coordinator – Sharon Antoine  
 Culture Revival Assistant – Tim Manuel

LNIB Community Services - Phone (250) 378-4089  
 Fax (250) 378-9137

DR. AHMED

**Dr. Ahmed (Optometrist)  
Will be at the LNIB Community Services  
NOVEMBER 3 & 4, 2016**

Name: \_\_\_\_\_

Care card: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Status: \_\_\_\_\_

Phone #: \_\_\_\_\_

**Please ensure that you complete the whole form** and bring back as soon as possible. Once approval has been given, you will receive a call and an appointment will be set up.

If you have any questions you can call Wenona @ LNIB Community Services @ (250) 378-4089.



## MEMBERSHIP

### RENEWING YOUR CERTIFICATE OF INDIAN STATUS CARD (CIS)

Please schedule an appointment with the Indian Registry Administrator at the LNIB Band Office. Appointments may be scheduled for **Wednesdays between 9 am and 4 pm**

CALL GERALDINE BANGHAM AT 250-378-5157

#### IDENTIFICATION REQUIRED

Clients must provide two (2) pieces of identification when applying for a status card. One piece of id must have a digitized photo on it. **NO PHOTOCOPIED ID** or SIN cards accepted. All identification must be intact and not have expired.

Acceptable ID:

**Primary ID** - Valid Canadian Passport

- New plastic CIS issued after 2002 ; and

**Secondary ID** - Certificate of Birth

- Marriage of Divorce Certificate

- Provincial Identification Card

- Driver Licence

- Employee ID with digitized photo

- Student ID with digitized photo

- Firearms Licence

**Other Category:**

- Guarantor's from approved by Indian Registration and Band Lists Manager; AANDC-BC Regional Office

Questions on Membership?  
Geraldine (Shuter) Bangham is the  
Indian Registry Administrator;  
Back-ups are Vonna Moses and  
Phyllis Edwards

## CATERING BID OPPORTUNITY

# Call for Bids

---

Catering bids are now being accepted by Lower Nicola Indian Band for the Swearing in Ceremony held at the LNIB School October 17<sup>th</sup>, 2016 5:00pm.

1. Seeking bids for October 17<sup>th</sup>, 2016 - Dinner for approximately 100 people: Menu must consist of diabetic friendly and/or Gluten free options main course, small desert and beverages.
2. Cost estimates for guaranteed 100 including plates, utensils, napkins, cups, condiments (salt/pepper, butter etc.)
3. Beverages to be made available by 5:00 pm and be made available throughout the meeting (coffee, tea, juice, and water)
4. Meals to be served consistently throughout the meeting Dinner at 5:00 pm
5. Caterer to ensure that acceptable number of crew has Food Safe Certificates;
6. Ability to serve a meal within amount of time
7. 50% of bid could be advanced to successful bid to assist with preparation
8. **Responsible to Clean-up tables, garbage, kitchen and maintain EQUIPMENT- Put grease into tin cans! Responsible for full organization for entirety of meal preparation (shopping, serving, recruiting helpers, clean up, bring own cooking supplies: pots ect..)**
9. Lowest bid may/may not be considered.
10. Must have a valid driver's license and a vehicle

There is a kitchen at the LNIB School for your use as for cutlery and pots and pans must be supplied by caterer.

Deadline for bids October 13<sup>th</sup>, 2016 by noon and the successful candidate will be notified by 4:30 pm October 13<sup>th</sup>, 2016.

Submit your bids to: Sondra Tom

Lower Nicola Indian Band 181 Nawishaskin Lane, Merritt, BC, in person or (250)378-6188 by fax or executiveassistant@lnib.net email or call (250)378-5157 for more information

**JOB POSTINGS**

LOWER NICOLA INDIAN BAND

**Position Title:** Cultural Heritage Resource/ Environmental Project Workers  
**Reports To:** Lands & Economic Development Director  
**Subject to:** Term Position Lasting until Approximately November 2016. Subject to Terms and Conditions of the Personnel Policy and Budget Approval.

**Summary of Organizational Responsibilities:** The successful candidate will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically the successful candidate will work the LNIB staff as a surveyor on land and resource development projects.

**Potential Duties and Tasks:**

- Field surveying of Cultural Heritage Resources, archaeological, plants, wildlife and soils values;
- Data entry;
- Communications (small reports, presentations);
- Background research relating to current and historical resource use and environmental management;
- Interviewing community members on current and historical resource use in the Nlaka'pamux Territory;
- Strong computer and information management skills;
- Strong file management;
- Familiarity with online mapping platforms.

**Qualifications:**

- Post-secondary training/education in natural resource management or related field (Preferred);
- Resource Inventory Standards Committee Training in Archaeological and CMT Inventory for Crew Members (Preferred);
- Level I first-aid (Preferred);

**Knowledge, Skills and Abilities:**

- A valid drivers license and reliable transportation (Mandatory);
- Positive attitude and genuine interest in projects and related duties (Mandatory);
- Understanding/interest in Nlekepmx resource use and cultural practices; Computer literate in Microsoft Word, Excel, Outlook, Publisher;
- Attention to detail related to note taking, and field sampling duties;
- Physically fit and able to work in adverse field conditions;
- Daily travel will be required;
- High paced work environment;
- Personal Protective Equipment (hard hat, safety glasses, steel toed boots, hi-vis vest) required;
- Ability to speak or willingness to learn the Nlekepmx language.

**Deadline:** This is an open call; however individuals are encouraged to respond as soon as possible.

**Start Date:** Dependent on scheduling with clients.

Applicants are required to submit a cover letter and resume to: Lands & Economic Development Director  
 181 Nawishaskin Lane, Merritt, B.C. V1K 0A7 Email: reception@lnib.net



**Lower Nicola Indian Band****Male Counsellor****Employment Opportunity / Job Description**

Reporting to the Director of Human Services of LNIB, the Counsellor is responsible for providing support and guidance to community members, one-on-one counselling and to create and facilitate workshops and client support groups.

**RESPONSIBILITIES AND ACCOUNTABILITIES**

- Provide counselling services to clients
- assess and research how to gain and maintain family/youth involvement
- communicate with community youth and men to determine their needs and interests
- evaluate the effectiveness of programs and identify areas where new programs are needed
- facilitate prevention, intervention and follow-up awareness programs in conjunction with other departments and counselling staff
- Be a role model for youth
- Facilitate life skills guidance and support for referrals from Scw'exmx and school support workers
- facilitate and /or assist with support groups at a minimum of once per week
- ensure diversity in programming to ensure participant numbers grow (monthly calendars will not be repetitive)
- provide quarterly reports about programs and opportunities
- ensure that all programs and activities are implemented according to relevant legislation, policies and procedure
- schedule activities, facilities and volunteers as required
- supervise and lead activities in a safe manner
- assist with on-going community activities
- develop, and distribute advertisement of programs and resource information
- maintain constant community liaison
- network with other agencies to offer support

The candidate may be asked to perform other related duties as required.

**EDUCATION**

A minimum of a College Degree or Diploma in related discipline e.g. Social work, human services, or counselling professional certification.

**SKILLS AND EXPERIENCE**

- high level of communication and human resource skills
- high ethical standards

- ability to speak and/or learn the Nlaka'pamux language
- food safe course
- clear criminal record check
- valid BC driver's license and reliable transportation
- a minimum of level 1 first aid
- excellent at working with children and youth
- Familiarity with MS Office suite (Word, Excel, PowerPoint, Outlook) and internet

**IDEAL COMPETENCIES**

- adaptability/flexibility
- team rapport
- leadership and role modeling
- collaboration

**WORK CONDITIONS**

- Occasional travel may be required;
- Occasionally stressful work environment;
- After business hours of work may be required;
- Ability to attend internal and external meetings, including at client's home, often after business hours;

Deadline for Application: **4:30 pm of Friday, October 14, 2016**

Please Submit Resume and Cover Letter, including salary expectations, to:

Bridget LaBelle  
Director of Human services  
Lower Nicola Indian Band  
181 Nawishaskin Lane  
Merritt, BC, V1K 0A7

by fax to (250) 378-6188  
or by email to [bridgetl@lnib.net](mailto:bridgetl@lnib.net)

(please stamp the envelope "Confidential" and include job title in email subject line)

The Lower Nicola Indian Band thanks all those who apply for this position; however, only qualified candidates will be considered for an interview, and candidates not short listed for interview will not be contacted.



## Learning Strategist - Aboriginal Liaison - TRU

\*\*PLEASE NOTE: This position is subject to review by the Joint Job Evaluation Committee

Reporting to the Supervisor, Services for Aboriginal Students, the Learning Strategist, Aboriginal Liaison supports the successful transition of Aboriginal students to Thompson Rivers University through work with community organizations and on-campus supports, and Aboriginal communities and organizations. This position collaborates with community partners and members to support Aboriginal students' daily activities, including education, programming, strategies, referrals, and technologies that support students' personal, social and intellectual development. The Strategist will partner with appropriate professionals to provide proactive assistance to support students' daily and community living, student success, academic engagement and retention. Workloads may fluctuate and alter to meet the demands and needs of students. Special project work to support student success and retention, as assigned by the Supervisor is an important part of the position. The incumbent is accountable to coordinate projects to completion.

### MAJOR DUTIES & RESPONSIBILITIES

1. Provides leadership to plan, develop, evaluate, coordinate, and implement proactive daily living support programming in order to ensure effective student development.
2. Researches, develops, and reviews daily living programming and opportunities to align with TRU's Strategic Plan and departmental goals.
3. Manages and monitors a comprehensive database including collecting and reviewing information to coordinate and develop individual cases and referrals.
4. Consults with internal and external resources to communicate referrals and actions to provide support for students.
5. Coaches, advises, and supports students on appropriate daily living strategies and available community resources and policies.
6. Develops information and resources for the Aboriginal student population.
7. Educates and promotes programming internally and externally.
8. Recommends and collaborates to develop policy and processes with respect to student success and development.
9. Designs, organizes and facilitates presentations and workshops related to student development and Aboriginal daily life programming.
10. Coordinates, prepares and maintains documentation, records and reports including related budget and expense requirements.
11. Develops and emphasizes community and university partnerships through collaboration of various events and activities to support Aboriginal academic student engagement and success.
12. Participates in relevant committee and working groups to initiate and build Aboriginal student academic engagement and success.
13. Maintains currency in student development, culturally relevant pedagogy, and transition theory and practices.
14. Supports coordination of assignments for peer mentor supports.

**REPORTS TO**

Supervisor, Services for Aboriginal Students

**QUALIFICATIONS****EDUCATION:**

- Two-year post-secondary education in human service work or equivalent.

**EXPERIENCE:**

- Two years' experience working with students, including:
  - o Experience working with relational database software;
  - o Experience working as part of team, specifically with community resources;
  - o Experience with one-to-one life skills coaching; and
  - o Experience working in an Aboriginal organization or Aboriginal educational setting.

**SKILLS, KNOWLEDGE OR ABILITIES RELATED TO THE JOB**

- Knowledge of Aboriginal Affairs and Northern Development (AAND) Canada funding policies;
- Knowledge of Secwepemc, Chilcotin and Carrier cultures;
- Demonstrated knowledge of general band education policies;
- Knowledge of Aboriginal community organizations;
- Knowledge of University policies, procedures relating to admission, registration and applications for financial aid
- Understanding of academic supports and transition initiatives;
- Ability to establish priorities, organize, schedule and report out in a timely manner;
- Ability to collaborate, problem solve and develop relationships;
- Proven ability to manage and coordinate multiple tasks and tasks of others;
- Demonstrated ability to work with sensitive, confidential, personal information;
- Demonstrated ability to interpret and apply policies;
- Proven ability to use judgement and to assess and coach students effectively and discreetly;
- Ability to work within and assist others in navigating through complex systems;
- Excellent interpersonal and communications skills;
- Ability to plan, develop and execute events and various activities;
- Proven ability to analyze and prepare budgets and report on financial activities;
- Ability to review, evaluate and report on programming and activities;
- Demonstrated ability and commitment to serving diverse students;
- Valid BC Drivers' License.

**WORKING CONDITIONS**

- Under Section 42(3) of the BC Human Rights Code this posting is open to Aboriginal persons only;
- Some off campus travel may be required; and
- General office conditions; sitting at a desk or computer for extended periods of time.

**Please Note: If you are selected for interview, please ensure that you bring a copy of your transcripts to the interview**

The salary for the above position is determined by the Collective Agreement with the Canadian Union of Public Employees, Local 4879, as it presently exists.

Pay Band

Salary rate

Please Note: This position may be subject to a 90% salary for the first 560 hours of employment

Under Section 42(3) of the BC Human Rights Code this posting is open to Aboriginal persons only.

**Application Closing Date: October 7, 2016**

**Anticipated Start Date: October 17, 2016**

**Joanne M. Brown, BA**

**Supervisor,**

**Services for Aboriginal Students**

**Cplul'kw'ten**

**250.371.5972**

**jobrown@tru.ca**

**Slow cooked Elk Roast - Crock Pot** (from  
Epicurious)

3-4 lb elk roast  
2 tbs soy sauce  
1 tsp Worcestershire sauce  
1/2 tsp seasoned salt  
1 pk dry onion soup mix  
or 1 slice onion  
1 can cream of mushroom soup  
1 cup water

Place elk roast in crock pot. Pour soy sauce and Worcestershire sauce on top of roast. Sprinkle on garlic powder, seasoned salt, and dry soup mix or sliced onion. Mix mushroom soup with water and pour on top. Cook on low 8 to 10 hours

## Environmental Resources Technology Lab Assistant - NVIT

Type: Casual  
Opening Date For Accepting Applications: Friday, September 30, 2016  
Resume Review: Friday, October 14, 2016  
Position Start Date: 10/17/16  
Salary: \$18.00 per hour  
Contact: Leah Garcia-Gray  
Email: hr@nvit.bc.ca  
Phone: 250-378-3308  
Fax: 250-378-3332  
Address: NVIT  
4155 Belshaw St.  
Merritt, BC, V1K 1R1

### Job Description:

NVIT anticipates the requirement for a Lab Assistant at the Merritt campus to be available on an as required basis to assist with the Environmental Resources Technology (ENRT) program labs and field trips. This position will commence as soon as suitable candidate found and will end on April 10, 2017. It is anticipated that the individual will work 20 – 25 hours per month.

The ENRT department is looking for an individual to:

- Assist Instructors on field trips and labs;
- Prepare, maintain and organize lab spaces; and
- Contribute to the overall health and safety of the program.

### Requirements/Qualifications:

Diploma in a related field (e.g. Forestry, Fish and Wildlife, Environmental Sciences, etc...);  
Relevant work experience; and  
Knowledge of First Nations culture and experience working in an Aboriginal environment an asset.

NVIT gives high priority to Aboriginal candidates. All applicants should be experienced in working with Aboriginal people.

**STSC 101 Teacher Assistants - NVIT**

Type: Casual  
 Opening Date For Accepting Applications: Tuesday, October 04, 2016  
 Resume Review: Tuesday, October 18, 2016  
 Position Start Date: as soon as suitable candidates found  
 Salary: \$12.00 per hour  
 Contact: Leah Garcia-Gray  
 Email: hr@nvit.bc.ca  
 Phone: 250-378-3308  
 Fax: 250-378-3332  
 Address: NVIT

4155 Belshaw St.  
 Merritt, BC, V1K 1R1

**Job Description:**

NVIT anticipates the requirement for two Teacher Assistants at the Merritt campus to be available on an as required basis to assist with the delivery of the Strategies for Success (STSC 101) course. These positions will commence as soon as suitable candidates are found and will end on December 15, 2016. It is anticipated that each individual will work a total of approximately 30 hours. The position is open to the NVIT community (other than students currently enrolled in STSC 101) and 4th year NVIT students are encouraged to apply.

Faye Ahdemar, the STSC 101 instructor, is looking for individuals to:

- Print and package all material required for scheduled classes;
- Keep track of attendance;
- Record and confirm hand in assignments;
- Be available to help students with tutoring needs i.e. use of computer software, essay formats, discuss reading for clarity, explain the use of research methods in different capacities;
- Help guest speakers to be set up comfortably for lecture time;
- Keep track and answer all e-mail message responses to students of STSC 101 course that instructor delegates;
- Be available to assume document research, selection of DVD material, or video resource material as requested by instructor that will be essential to supplement STSC 101 course work; and
- Other duties as assigned.

**Requirements/Qualifications:**

- have the ability to help students edit papers in APA, MLA styles, and grammar and help brain storm topic areas for draft papers, and support research online;
- have the ability to build good relationships quickly; and
- have knowledge of First Nations culture and experience working in an Aboriginal environment an asset.

NVIT gives high priority to Aboriginal candidates. All applicants should be experienced in working with Aboriginal people.

WELLNESS & BEAUTY MODELLING WORKSHOP

# WELLNESS & BEAUTY

## Modelling Workshop

**October 15-16 2016  
Merritt BC**

**30 seats available  
for female and Male  
youth 13+  
Women and Men**

*We would like to provide training in areas of hair, makeup, modelling and photography, to help develop your beauty with in, and out, that we all possess. Working with your fundamentals mind, body, spirit and soul. We hope to empower, encourage and support all participants in their goals.*

**SUPPORTED BY**



*Highlight a fashion show where all participants will walk the runway*

**Modelling Coach is International Model Joleen Alicia Mitton**

**Photographer Candice Camille**

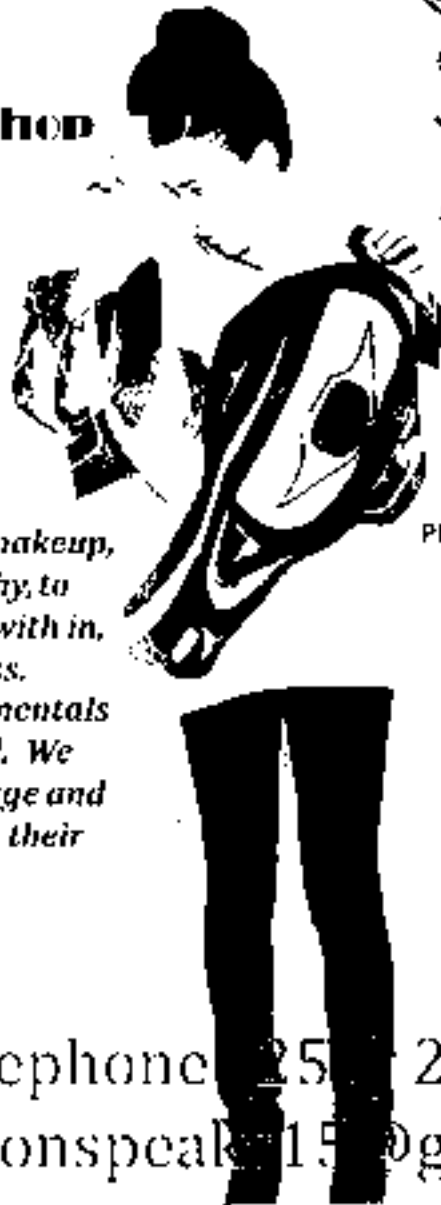
**Matthew J Expert Hair Artist T'Sala Salon Spa**

**Makeup Artist Gloria Stonechild**

*Workshop fee is \$169*

**Preregister now! while seats last**

Telephone 250-280-1458  
fashionspeaks15@gmail.com



LNIB will sponsor up to five (5) Band members for this course. Contact Fashion Speaks to register



## LANDMARK ABORIGINAL COURT CASES

### LAND MARK COURT CASES

#### SUMMARY OF LANDMARK AND KEY COURT DECISIONS IN ABORIGINAL LAW

We finally conclude this month the publication of relevant sections of the document “Summary of Landmark Court Decisions in Aboriginal Law” prepared by W. Ming Song, of Songbird Law Corporation, and originally published by the Office of the BC Vice-Chief of the Assembly of First Nations, in March of 2012. In this edition, we will cover relevant case law about International Aboriginal Law.

#### INTERNATIONAL ABORIGINAL LAW

##### 1. United States v. Washington, 384 F. Supp) 312 1974

Several Washington State Indian Tribes entered into treaties with the federal government in the 1850s to preserve their right to fish in their “usual and accustomed” fishing grounds. In 1970, the federal government and these Washington Tribal governments brought an action against the State of Washington asserting claims for relief concerning alleged destruction or impairment of treaty right fishing due to state authorization of, or failure to prevent, logging and other industrial pollution and obstruction of treaty right fishing streams.

This historic decision recognized their treaty rights and enabled the Indians to legally fish entitling them to 50% of the harvestable portion of salmon returning to their usual and accustomed grounds. In particular, the case set out the rules regarding allocation and management of the fisheries.

##### 2. Mabo v. Queensland [1992] HCA 23; (1992) 175 CLR 1 (3 June 1992)

Eddie Mabo and others of the Meriam people (from the Murray Islands in the Torres Strait in Australia) commenced proceedings in the High Court in 1982, in response to the Queensland Amendment Act 1982 establishing a system of making land grants on trust for Aboriginals and Torres Strait Islanders, which the Murray Islanders refused to accept.

The action was brought as a test case to determine the legal rights of the Meriam people to land on the islands of Mer (Murray Island), Dauar and Waier in the Torres Strait, which were annexed to the state of Queensland in 1879. Prior to British contact the Meriam people had lived on the islands in a subsistence economy based on cultivation and fishing. Land on the islands was not subject of public or general community ownership, but was regarded as belonging to individuals or groups.

In 1985 the Queensland Government attempted to terminate the proceedings by enacting the Queensland Coast Islands Declaratory Act 1985, which declared that on annexation of the islands in 1879, title to the islands was vested in the state of Queensland “freed from all other rights, interests and claims whatsoever”. In Mabo v Queensland (No 1) (1988) the High Court held that this legislation was contrary to the Racial Discrimination

Act 1975.

The plaintiffs sought declarations, inter alia, that the Meriam people were entitled to the Murray Islands “as owners; as possessors; as occupiers; or as persons entitled to use and enjoy the said islands”.

The case is significant in abolishing the doctrine of “terra nullis” (the land belongs to no one) and in so doing, rejected Australia’s argument that prior to their colonization, the land had no landowners. The effect of this rejection meant that Native title rights survived Australia’s annexation to the United Kingdom in 1788 and therefore, aboriginal title which existed before 1788 continued until land was legally granted to a third party. Once the land was granted, such grant prevailed over native title. Until then, native title would continue in the land if a continued relationship and connection with the land could be proved. Subsequently, Australia legislated the Native Title Act which set out the general principles set out in Mabo and clarified any outstanding certainties relating to compensation, title and dispute resolution.

### Halloween Jokes

Q: What is the most important subject a witch learns in school?

A: Spelling.

Q: Why did the skeleton cross the road?

A: To get to the body shop.

Q: Who did Frankenstein take to the dance?

A: His “ghoul” friend!

Q: When is it bad luck to be followed by a black cat?

A: When you’re a mouse.

Q: What does a witch use to keep her hair up?

A: Scarespray!

Q: What do vampires take when they are sick?

A: Coffin drops!

Q: What do you get when you cross a Cocker Spaniel, a Poodle and a ghost?

A: A cocker poodle boo.



**MEMBER OWNED BUSINESS DIRECTORY****Cascadian Forest Consultants Service**

A3ranches@hotmail.com

250-280-1687 (cell)

Leona Antoine, Principal

Forestry consultant, contract administration, roads assistant, post-harvest inspections, First Nations liaison, public relations, timber cruising. In business for 10 years

**JP Edwards Contracting**

Jpedwards33@gmail.com

250-936-8737 Moses Edwards, Principal

JP Edwards Contracting provides landscaping, ditching, road maintenance, site preparation, and snow removal. Our company is capable and certified to operate heavy equipment consisting of the following: Excavator, Grader, Backhoe, Bulldozer, Skitter, Tractors, Loaders, and minor excavation equipment.

**JW Forest Contracting Ltd.**

250-378-5468

250-378-1556 (cell) Warren Smith/Janet Sterling, Principals

Logging contractors, road builders, land clearing

Established 1998

Certified Safe Company

11 employees, 80% First Nations

Equipment: Faller/Buncher, Grapple Skidders, Log Processors, Excavators, Cat Crawler Tractors

**Millco Safety Services**

www.millcosafety.com

PO Box 4154 Lower Nicola, B.C.

250-378-2221 Patrick Miller/Angela Garcia, Principals

Construction safety, construction security, First Aid, Traffic Control, fully certified personnel

**S&D Muir Inc**

sd.muirinc@gmail.com

250-378-1964 Shane Muir,

Mining and Survey Equipment

**SCS Diamond Drilling**

www.scsdrilling.com

1436 Sun Rivers Drive Kamloops

250.572-2615

250-314-4864 (fax) Spence Coutlee, Principal

SCS DIAMOND DRILLING has built a strong and lasting reputation providing safe, productive and cost effective drilling services, drill support services including general mine and energy related services within Western Canada. Operating as a 100% owned and operated First Nations Company. Recipient of BC FN Aboriginal Award

**Angie Bain**

angiebain@shaw.ca  
604-802-9709

Over 20 years experience in providing training, re-  
search & research analysis services

**Donna Bent**

250-378-4396 Donna Bent Artifacts

**Brandon Joe**

Cban\_13@hotmail.com  
Commercial Embroidery Retail and Sales

**Connie Joe**

conniej@stuwix.com  
Connie Joe Accounting

**Shannon Kilroy**

skilroy09@yahoo.com  
Earthline Contemporary Aboriginal Designs and  
Accessories  
Bonnie LaBounty  
labounty.advisor@gmail.com  
Honey Pot Daycare

**Odd Job Joe**

Handy Man Service & Solutions 24/7  
(250) 378-7945

**Ryan Mann**

rmann\_20@hotmail.com  
Hoodoo Ranch and Pipe Fitter Inspection

**Don McIvor**

250-378-0095 Licensed Auto Technician

**Sharon McIvor**

250-378-3300 Lawyer, Instructor and Legal Advisor

**James McNaney**

normalhauling@gmail.com  
Trucking, Hauling

**Earl Michel**

emichel@live.ca  
Wolf Pac Construction

**Focus iN Consulting**

Business development and housing  
gaildjoe@gmail.com

**Lorne Mike**

paulinehenry2011@hotmail.com  
Fitness Instructor and Rough Stock Horses

**2mojo@ocise.net**

Ranchers, retail, business development and Johnny's on  
the Rez

**Gene Moses Fencing**

Gene Moses  
250-378-2801

**Vivian and Arnie Narcisse**

250-315-0584 Catering MC and coordination of  
Cultural Events

**Nicholas Peterson Farming**

Nicholas Peterson  
nicholas@growinggarlic.ca

**Gwayne Point**

250-378-9167 Northwest Indian Art

**Clyde Sam**

Laidlaw0@telus.net  
Construction equipment

**Maggie's Bannock**

Maggie Shuter  
250-378-6579

**Alison Sterling**

ajsterling67@gmail.com  
Jacona Sports, Behavior Intervention, and Bubble Tea,

**Lorna Sterling**  
Avon

**Robert Sterling**  
robert\_sterling@hotmail.com  
Archaeology, Anthropologist, traditional land use studies

**Rona Sterling Consulting Inc. and Godey Creek Paintball**  
Rona Sterling-Collins  
info@ronasterlingconsulting.com

**Godey Creek Consulting**  
Sue Sterling  
suesterling75@gmail.com

**T Sterling Construction Ltd.**  
Ted Sterling  
ted17@telus.net

**Shawn Swakum**  
s.swakum@yahoo.com  
Business administration and Consultant

**Penny Toodlican**  
pcctoodlican@gmail.com  
Catering

**Victor York**  
victoryork@hughes.net  
Gourmet coffee supply and distribution

## ASTROLOGY

from [Whats-your-sign.com](http://Whats-your-sign.com)



Raven: Sep 22 - Oct 22

Highly enthusiastic, and a natural entrepreneur, the Crow is quite a charmer. But he/she doesn't have to work at being charming - it comes easily. Everyone recognizes the Crow's easy energy, and everyone turns to the Crow for his/her ideas and opinions. This is because the Crow is both idealistic and diplomatic and is quite ingenious. In nurturing environments this Native American animal symbol is easy-going, can be romantic, and soft-spoken. Further, the crow can be quite patient, and intuitive in relationships. Left to his/her own devices, the Crow can be demanding, inconsistent, vindictive, and abrasive.



Snake Native American Animal Symbol Snake: Oct 23 - Nov 22

Most shamans are born under this Native American animal symbol. The Snake is a natural in all matters of spirit. Easily attuned to the ethereal realm the Snake makes an excellent spiritual leader. Also respected for his/her healing capacities, the Snake also excels in medical professions. The Snake's preoccupation with matters intangible often lead others to view them as mysterious, and sometimes frightening. True, the Snake can be secretive, and a bit dark - he/she is also quite sensitive, and caring. In a supportive relationship the cool Snake can be passionate, inspiring, humorous, and helpful. Left to his/her own devices, the Snake can be despondent, violent, and prone to abnormal mood swings.

**LIFE EVENTS**



**Happy 5th Birthday to Kelsey Bearshirt!  
Wishing you many blessings and we love  
you lots my girl!  
Love,  
Mom, Garrett, Liam & rest of the family  
(Mike's and MountainChief's**

**October 22 - Happy Birthday Zate! Love Poppa,  
Gma, Sisqa Talon, Sisqa Ken  
October 23-Happy Birthday Faron Love Aunty,  
Uncle, Talon and Ken  
October 25-Happy Birthday Ted Love Sondra,  
Cheslie, Talon, Ken and the Grands  
October 26-Happy Birthday Delilah Love Sondra,  
Ted, Talon and Ken**

Staff birthdays: October 2 - Rod McMaster, October 7 - Stan Thiessen,  
October 16 - William Huston, October 18 - Elijah Hall and Lee-Sim Yee,  
October 21 - Lynne Charlton, October 24 - Tim Manuel, October 25 - Ted  
Tom, October 26 - Geraldine Bob



**October 7, 2016  
Happy Anniversary Ted and Sondra Tom**



## NVIT Award Ceremony 2016

Recognition to our Band and Community Members:

NVIT Secondary School Entrance Scholarship-----Dana Alexander

Black Feather Fund Entrance Scholarship-----Shadin McClure

Felix and Bernice Squakin Memorial Scholarship----Lorna Shuter

Congratulations

## FROM THE EDITOR



It's time to reintroduce myself: **hé nskʷest** Ruth Tolerton. I was born Ruta Tomsons and lived in Quebec up to age 18. My parents were both Latvian, and I have two sisters, one brother and one brother who has passed. I am very happily married to Nick (who emigrated from Northern Ireland when he was 17).

Working as the Communications Coordinator for LNIB is a complete joy. I meet people all over the community, and help to keep the lines of information open between the community and the Band Office.

I especially feel privileged to be able to take part in (and photograph) community events, including those organized by the Cultural Revival team. I am learning the language, the culture and the customs. My own culture (Latvian) is a very, very old one and predates virtually all of Europe. Latvians are a small group and have fought over centuries to keep their language and customs alive. I can still speak my native language but the generations in my family coming after me are slowly losing that connection. The next generation understands the language but doesn't speak it; their following generation is losing the connection completely. In a few generations a language can be lost.

I am really engaged by the many aspects of **Nʔeʔkepmx** culture - from the skills and crafts, to the medicine and food gathering, to the spiritual. I was deeply honoured to be invited to participate in the Fall Equinox Pipe Ceremony. It was truly spiritually cleansing and uplifting. I was sad to see, however, that only four other people participated. Perhaps we weren't diligent enough about getting the word out...

This newsletter is again full of events and ways to participate in your community. Part of the job of the newsletter is to inform, and part to inspire.

Take time to involve yourself in the community and learn more of your heritage; share that with your children. Bring them along to the events and to the classes that teach traditional ways. It will be an enriching experience and a fun time - I can attest that most of these events involved a fair amount of laughter! And it's always a great venue to catch up and share life stories, and to make memories especially for your children.

Community participation is necessary for these programs to succeed. They are a link to keeping the culture alive and maintaining the uniqueness of the **Nʔeʔkepmx**. If there are particular events, crafts or culturally related activities that you would like to see, please share your ideas with us. You can email me at [communications@lnib.net](mailto:communications@lnib.net) or of course call the Band Office.

And of course, please share your stories, poems and news with the community through this Newsletter.

**kʷukʷscemxʷ**/Paldies (Latvian) /thank you

