



**LOWER NICOLA  
INDIAN BAND**

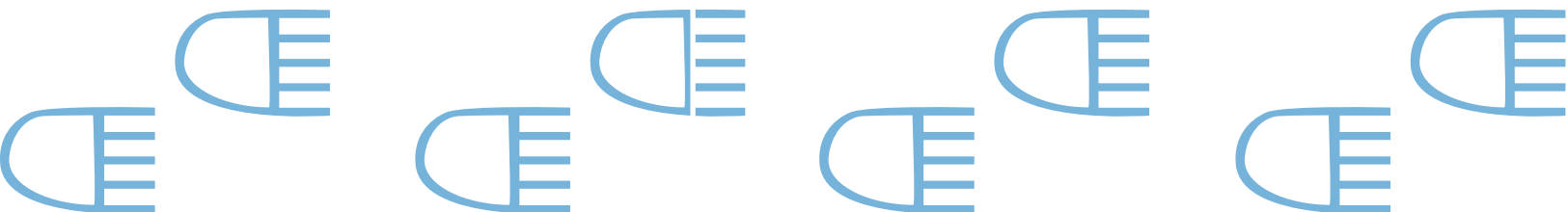
# MAY 2016 N?e?iyk Spiləxm

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**CHIEF AARON SAM**

Dear Lower Nicola Indian Band Members,

I am writing you to update you on the many issues that LNIB Council and the administration is working on.

One area we are working on is related to forestry. As you may know the Provincial government has recently made a decision relating to the Merritt Timber Supply Area (TSA). B.C.'s Chief Forester has decreased the annual cut of wood to 1.5 million cubic metres. The next step that the Province needs to make is related to apportionment. Apportionment is the decision the government makes relating to who gets the licenses to manage the wood in the Merritt area.

LNIB Chief and Council has authorized me to work with the other Nicola Bands to negotiate with the Province, on the apportionment of wood to First Nations. We will also be negotiating the management of our own lands.

In another initiative, LNIB with many community members and representatives from the Lower Nicola Indian Band Development Corporation recently visited the University of British Columbia Farm, which is managed by the Centre for Sustainable Food Systems. The Centre works with many First Nations communities on different initiatives. Representatives from the UBC Farm plan to visit our community in May. I am excited to have them visit, and share with us options, on how we might be able to work with them in the future relating to growing our own garden, and taking care of and eating traditional foods.

As you may have already heard, the Nicola Chiefs recently walked away from a table with the Provincial Government where the Provincial Government decided to move forward with scientific testing of biosolids. The Nicola Chiefs feel that the scientific testing of biosolids can be helpful in moving forward, and identifying a solution in dealing with the land application of biosolids. However we felt that the testing that the Province has decided to move forward on is not a fair process. We feel that the process that they are moving forward with is too close with industry. The Nicola Chiefs are meeting again soon to discuss our next options. We are committed to finding an alternative solution to the land application of biosolids here in the Nicola Valley that takes care of our lands, and waters for future generations.

Thank you for taking the time to read this update. LNIB has many other important initiatives we are working on. I will provide another update next month.

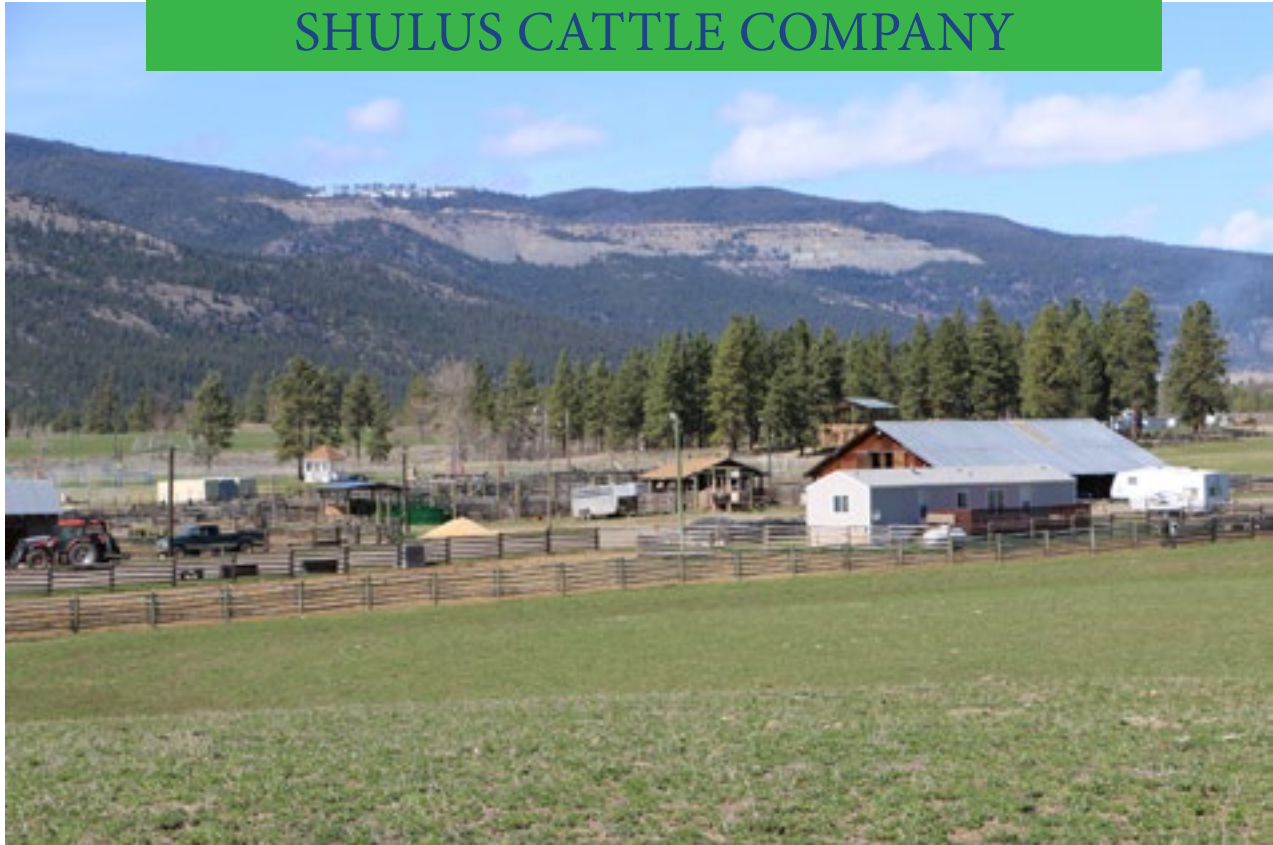
Humelth,

Chief Aaron Sam

SHULUS CATTLE COMPANY

LOWER NICOLA  
INDIAN BAND  
DEVELOPMENT CORP

COMMUNITY MEETING REGARDING  
SHULUS CATTLE COMPANY



NEW  
DATE &  
LOCATION

WHEN: WEDNESDAY, APRIL 27, 2016  
TIME: 5:30 PM  
WHERE: SHULUS HALL  
WHAT: SHULUS CATTLE COMPANY BUSINESS TRANSITIONS  
INFO: YENTAL COUTLEE, LNIB DEVELOPMENT CORP.  
email: [y.coutlee@lnibdevcorp.com](mailto:y.coutlee@lnibdevcorp.com); 250-378-5157

DINNER WILL BE SERVED

Chief and Council Attendance Term October 2013-October 2016

Month	Meetings Called	Aaron Sam	Clarence Basil Jr	Arthur Dick	Harold Joe	Clyde Sam	Robert Sterling Jr	Molly Toodlican	Nicholas Peterson
Oct-13	3	3	3	3	2	3	3	3	2
Nov-13	3	2.75	3	3	3	3	2.5	2	3
Dec-13	3	2.25	3	3	2	0.5	2	3	3
Jan-14	2	0	2	2	2	0	2	2	0
Feb-14	3	3	3	2	3	1	1.5	3	3
Mar-14	3	3	3	2	3	3	2	3	1
Apr-14	3	3	3	3	3	1.25	2	3	3
May-14	4	3	3	3	4	2	4	2	4
Jun-14	2	2	2	1.5	2	1	0	2	2
Jul-14	1	1	1	1	1	0.75	1	0	1
Aug-14	2	1	1	2	2	2	1	1	2
Sep-14	4	4	4	4	4	2	3.5	2	3.25
Oct-14	2	2	2	2	2	0	1	1	2
Nov-14	5	4	5	4	4	4	4	4	3
Dec-14	3	1	3	3	2	3	2	3	2
Jan-15	5	3	2.5	4	5	3.75	2	5	4
Feb-15	5	4	2	4	5	5	3.75	5	3
Mar-15	5	5	4	5	5	3.75	5	5	4
Apr-15	2	1.5	0	2	2	2	2	1	1
May-15	2	1	2	1	1	0	2	2	2
Jun-2015	2	2	0	2	1	2	2	1	2
Jul-2015	2	2	2	2	2	2	2	1	2
Aug-2015	3	3	2	3	2	2	3	3	3
Sep-2015	5	3	4	2	3	4	4	3	5
Oct-2015	4	4	4	4	3	2	4	4	2
Nov-2015	2	2	2	1	2	2	1	2	1.5
Dec-2015	1	1	0	1	1	.5	1	1	1
Jan-2016	5	5	5	4	5	4	5	4	4
Feb-2016	4	4	2	2	4	3	4	4	3
Mar-2016	5	3	4	3	4	3.5	4	2	2
TOTAL	95	78.5	76.5	78.5	84	66	76.25	77	73.75

## BAND GENERAL MEETING

**LOWER NICOLA INDIAN BAND – APRIL 25, 2016**  
**General Band Meeting – 6:00 p.m. LNIB Shulus Hall**



Called to order at: 6:00 pm

Opening Prayer by:

### MEETING AGENDA

1. **Adopt April 25, 2016 Band General Meeting Agenda**
2. **Guests:**
  - a. **6:00pm Doug Clark, Capri Insurance**
    - i. House and Home Content Insurance
  - b. **6:30pm Community Garden**
  - c. **7:00pm Anna Hudson, Lands Manager**
    - i. Land Code Update
3. **7:30pm Adoption of Meeting Minutes:**
  - Review of the March 21, 2016 Band General Informational Meeting Minutes
  - Business arising out of March 21, 2016 Band General Informational Meeting Minutes
4. Jobs Posted
5. **8:00pm Chief & Council – Reports if available**
6. **Next regular scheduled meeting:** Monday, May 30, 2016 at 6:00 pm
7. **Meeting adjourned at:**

## BIOSOLIDS

April 11, 2016

Re: RE: Nicola Chiefs walk away from British Columbia Biosolids Panel Review

On April 11, 2016 in Merritt, BC, the Nicola Chiefs met with the Minister of Aboriginal Relations and Reconciliation, the Honourable John Rustad.

The Government of British Columbia and the Nicola Valley First Nations signed the Collaborative Engagement Protocol (in September of 2015) which was an agreement to facilitate government oversight and participation in a scientific review of biosolids in the Nicola Valley region.

The Province and the Nicola Chiefs have met many times over the last six months, negotiating the terms and membership of the scientific review. Unfortunately, the parties have not been able to come to agreement.

The most recent government proposal made First Nations’ participation negligible - we were relegated to the status of “observers” only. The review they proposed was to be conducted by a small group of hand-picked agrologists and biologists - groups whose professional bodies are, to a large extent, controlled by the government. Agrologists too, are heavily dependent on work provided by the biosolids industry, and therefore in conflict of interest for such an inquiry. We therefore could not assent to this “final offer.”

We believe that much of the real independent science around sewer sludge points vigorously towards invoking the precautionary principle. The recently published “Scientists’ Open Letter on the Dangers of Biosolids” made this particularly clear. With this in mind we would like to focus on green, sustainable alternatives to land application - methods of dealing with the “waste” issue that does not endanger the health of the land or jeopardize the health of future generations.

We therefore stand by our moratorium - enacted almost a year ago today - as a way to ensure the continued health of our people and our territorial lands.

For further information, please contact:

Chief Aaron Sam at 250-315-7563

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Can you figure these puzzles out? Answers on back

THE WEATHER  
\_\_\_\_\_  
FEELING

gniklaW

Apeapeapod



## EXECUTIVE DIRECTOR REPORT

Executive Director's Report to LNIB Membership

April 15th, 2016

Dear LNIB Member,



I am pleased to provide you with a summary of the activities that I have been involved in my capacity of Executive Director of LNIB. This report covers the period from March 14th to April 15th, 2016.

Chief Don Moses (November 16, 1943 – April 11, 2016) – I want to take this opportunity to recognize and thank Don Moses for everything he did for LNIB and First Nations in Canada. Since the first time I had the privilege of working with him back in 1981, Don was a friend and a role model for me. He led many initiatives ahead of everyone else, in many aspects of life that we take for granted today. He shared his vision and perseverance not only for the good of LNIB members, but also in business world, and in the wider and tougher world of the advancement of the cause First Nations in Canada. His legacy will stay with us for many years to come. My sincere condolences to Roberta, Don Jr. and family. May he rest in peace.

Sector Budgets & Workplans – All Sectors and programs have updated their workplan and budget for the fiscal year 2016-17, and we are now in the process of presenting them to Chief and Council for review and approval. We are engaged in providing better and more services to LNIB in a fiscally responsible way. I take here the opportunity to thank everyone at LNIB Chief & Council and Administration for the commitment to this important cause.

Sector Director Evaluations – I completed on time the task of conducting performance evaluations for all Sector Directors of LNIB. By following this consistent model, I had the opportunity to discuss with each Sector director the goals for each of the sectors for the current fiscal year, and improvements in performance that will enable us to achieve more with less. I must state that I feel lucky in working with a management team such as LNIB; truly proud to be LNIB.

LNIB Land Code – During this past month, we passed some important milestones in pursuing the LNIB Land Code. The vote (community ratification process in bureaucratic terminology) is set for June 20th, and we are now in the final phase of the development of this important piece of self-government. Having to work within constraints of the almost 150 year old Indian Act, is a major challenge for First Nations in Canada; and we know that we still have some challenges ahead, but I believe that the land code will be a key tool in freeing us from a colonial past to a path of self-reliance and prosperity. I must also recognize and thank the excellent work that our Lands Team is doing, informing the community in a responsible way, and at the same time meeting the very strict regiment of developing our land code. With authority and self-reliance comes responsibility and due process, and our Lands team has excelled in all of these principles.

Legal Review of Draft LNIB Personnel Policies – With the help of all LNIB Sector Directors, Deneen Grismer and Sondra Tom, we finally completed the drafting of the new LNIB Personnel Policies. We just finished the legal review to confirm its compliance with applicable laws (Canada Labour Code and, in the case of the LNIB School, the BC Employment Standards Act), and we have now forwarded it to Chief & Council, for discussion, review, and eventual approval set for the Chief & Council meeting of April 26th. This was a lengthy and complex task, but I believe that it is a key one in addressing the important issue of employee commitment to the goals of LNIB, and a major step in setting clear and fair rules and practices as a responsible employer.

Staff recruitment – We posted three new positions (Culture Revival Development Coordinator, and LNIB Language Nest Teacher and Elders), and will soon interview and select the successful candidates. We also interviewed the last candidate for the position of Economic Development Officer, to work in improving the ways we build our own economy.

2016 LNIB Chief & Council Election – We established a working group comprised of Anna Hudson, Sondra Tom, Geraldine Bangham, and Ruth Tolerton to plan and carry out the process and tasks required for the election of LNIB Chief & Council for the term 2016-2019. In the upcoming months we will continue to report the progress in this important project.

Visit to UBC Farm in Vancouver – As an outcome of us working together with the UBC School of Food Technology and Security, I assisted in the coordination of a visit to the UBC Farm by LNIB members. We did not have many people participating in the visit, but the ones that did were very impressed with what they saw. It is our objective to work with UBC in enhancing our community garden program.

Capital Projects – LNIB School Expansion and Rocky Pines Community Centre – We continue to advance in this projects. The tenders for the School expansion will be issued soon, and the redesign of the Rocky Pines Community Centre is also progressing at good pace. We are also working in the concept and feasibility of a larger LNIB Centre that will house a major venue capable of accommodating larger groups for community events (600 to 700 people), all programs, services, and businesses of LNIB, office space for lease for LNIB member-owned businesses, and other facilities. We hope to have a visual of the project and budget estimate in about two months' time.

New Housing Construction – We will start soon the construction of three duplexes for larger young families. As a component of the construction program, we will have a course for certification for heavy equipment operators. If you are interested in taking advantage of this opportunity, I encourage you to contact Robin Peterson, at our LNIB Career Development Centre, and register for the program. The number of participants in the program is limited, so I encourage you to contact Robin soon. For the first time, we will built energy efficient houses, as we will use better construction materials, more advanced design, and solar panels that will help in keeping the energy costs down.

Review of Conflict of Interest By-Laws – Honouring the request of the Section 3.8 Committee, we are now in the final stage of reviewing the two conflict of interest by-laws (one for Council members, and one for Committee members appointed by Chief & Council). The Committee selected the legal counsel of their choice, and Chief & Council will have its third and final reading of the by-laws on April 26th, when the by-laws will be finally enact-



ed. I want to recognize and thank the work of the Committee members Shannon Kilroy, Sharon Dick, Verna Moses, LeEtta Tom, Rena Joe, Geraldine Bangham, Shawn Swakum, and Vince McDonald Jr. who diligently worked in providing LNIB with an outstanding quality set of bylaws to govern the complex and contentious field of conflict of interest. These by-laws are a key piece in the larger structure of responsible governance.

Funding Proposals – Kingsvale Transmission Line and National Indigenous Centre for Clean Technology – Following-up on the initiative of LNIB Development Corporation and Sean Maloney, I revised and re-drafted the proposals for funding for these two important initiatives. The proposals were submitted to the Major Projects Management Office West (a tripartite federal agency, involving Indigenous and Northern Affairs Canada, Natural resources Canada, and Fisheries & Oceans Canada) established to assist First Nations affected by the possible development and expansion of pipelines in the Interior of British Columbia. The combined amount of funding to be raised for these projects will surpass the million dollar mark.

The main goal of the Kingsvale Transmission Line project is to complete all study work, including financial and technical feasibility, negotiation of business arrangements, including financing, that will be required for the Nicola Valley First Nations to build, own and operate the 24km 138kw transmission line that will be required to support the expansion of the existing TransMountain Pipeline, owned and operated by Kinder Morgan Canada. The scope of work includes the development of the business plan, with detailed financial modeling of the electricity transmission line, and partnership strategy with the four Nicola Valley Bands, and technical industry leading service providers. The plan also includes the development of a training plan for eventual transition for the Nicola Valley Bands to eventually operate the utility in the future. In addition, the project will enable the negotiation, legal, financing and secure detailed technical review of all components of the Kingsvale transmission line, as well as meeting all licensing and permitting requirements. This project is subject to the approval of the TransMountain Pipeline Expansion project.

The main objective of the National Indigenous Centre of Clean Technology will be the establishment of a national not-for profit national Aboriginal organization dedicated to developing internal and independent technical expertise in new clean technologies, which will be used in the analysis and development of policies tailored to the needs of Aboriginal communities and governments. It is also our goal is to engage in the development of Aboriginal entrepreneurs specializing in clean energy technologies who will drive investment required to update the aging and GHG wasteful infrastructure and transition to new, friendlier and less expensive sources of energy to be used in Aboriginal communities.

Community Economic Development Workshop – I attended a one-day workshop hosted in Kamloops by All Nations Trust, focusing on certain key aspects of community economic development. The topic – Building the local economy - is a dear one to me, and I had the opportunity to learn from and discuss with other communities strategies for real and sustained economic development of First Nation communities.

Summer Student Employment Program - LNIB applied for six positions for summer student employment; two in recreation; two in office administration, and two for LNIB Community Garden. We encourage you to consider and apply for these opportunities, by contacting Robin Peterson at our LNIB Career Development Centre, located in the LNIB Community Health “Center”. A personal note: I have a problem when I see the word “Center” in Canadian institutions, but there is very little I can do to change the established name of our LNIB

Community Health Centre.

Language Nest Project – The pace of work for establishing the LNIB Language Nest is accelerating pace. We are now recruiting one teacher and two (or three elders) who will do most of the work in developing curriculum and materials, and delivering classes to the 0 to 5 year olds who will master N7e7kepmxcin before they master English.

Crushing Contract with Highland Valley Copper Mine – We started this week the work on this important three year contract. LNIB is partnering with LNB Construction for three years, with the option to proceed alone after year three. I take here the opportunity to thank the work of Todd Chamberlain, Leesa Mike (who is currently recovering from delicate surgery), and LNIB Development Corporation in leading this initiative.

LNIB Comprehensive Community Plan – As Leanne Joe is on sick leave, we are looking for someone qualified to replace her during the time that she will be on leave, to carry on with the important task of developing a draft of the LNIB Community Plan, which will be presented to the membership at the Annual General Assembly in August (10th or 17th, we did not confirm the date). We will be posting the opportunity later next week in the website and in this edition of the Newsletter.

Easter Bunny Egg Hunt – LNIB Community Services hosted a busy Easter Bunny Egg Hunt at Shulus Hall and grounds, which captured the attention and attendance of many LNIB young members and their families. It was a great success, in spite of the great challenge of keeping order when more than one hundred youngsters are together at the same time. Once again, I want to recognize and express my sincere thank you the excellent work done by our Human Services Sector team, who more and more are making us prouder to be LNIB.

LNIB Monthly Newsletter – Did you notice our new look? Wow; it looks spiffy! We now have a new look in our Newsletter! Ruth Tolerton has switched the production of the newsletter to another software, which will enable us to improve the looks and content of our already famous monthly newsletter. The Newsletter is also published in LNIB website, and will be delivered electronically to everyone who asks, so please feel free to drop us an email, and every month, punctually on the weekend before the monthly band general meeting, you will receive the digital newsletter in full colour in the privacy of your computer station...

We encourage and thank you for sending materials to the newsletter, in the form of articles, poems, letters, notices, messages, advertising for your business ... anything that will help the Newsletter more live and readable, so it too can help in building our community. I take this opportunity to thank those of you who have contributed with articles, stories, wisdom and talent... Thank you!

Last, but not least, during this period, I attended to a number of Band member enquiries, concerns and suggestions on a variety of issues.

Helder Ponte

Executive Director

### PUBLIC WORKS



It was a proud and happy day last summer when the Rocky Pines Spray was officially opened.

The Spray Park is a wonderful addition to the community and provides children and adults a safe place to play and cool off in the summer.

In the Fall, the Spray Park is winterized. The jets are removed and plastic caps installed.

Sadly, the park has been vandalized and several of the caps broken by rocks be dropped on them. We are lucky that there has not been further damage.



Our Parks and our Communities, our Infrastructure and our Facilities belong to us all as community members. Please respect our Communities, our Land, Water and Air.

Spread the word that mischief that does damage is not cool, and harms all of us.

## Clean Up Day!

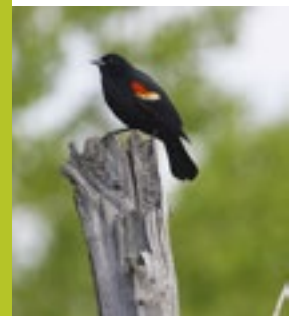
Sunday, April 17, 2016 was free disposal day at the Lower Nicola Transfer Station. Our Infrastructure team including Housing teamed up to pick up and dispose of 16 truckloads and 8 trailer loads of junk and recyclables. Yay to the team and the Community for stepping up to make our lands something to be proud of!



### SONG BIRD

As the winds move on and the dark clouds subside  
All is bright, quiet and sprung,  
The first song bird sings  
When the dawn breaks forth to the fullness of the morn' and all is quiet  
The beautiful sun peaks out as the storm is driven to the other side  
Let the song bird sing  
Let there be a new word, a new song, as darkness is driven to its death  
From the storm that so ravengly took its path  
Let the tears of yesteryear be Son dried by His beauty and His love  
For you and for me  
For worthy is He to receive all love and acceptance in His path  
As the new buds spring forth from every tree, every bush  
Let new words spring forth, new life. Let the old be driven to its knees  
Let the song bird sing

Sonja Hall



## HUMAN SERVICES SECTOR

We have been busy working on our work plans and budgets for the up-coming year. We had several job postings over the last month:

- Community Services Assistant (Jenna Hill on Maternity leave) Corrie Smith will start April 25th, 2016
- Cultural Revival still being reviewed
- Community Health Nurse still under review
- Language Nest program still posted and under review

Scwəmx Community Health Services has been very supportive in assisting LNIB with mandated Community Health Nurse programming. We have been able to continue baby clinics and immunizations while we are in the process of hiring a new nurse.

Robin Peterson the Career Development Coach is back at the Community Services office, please call and or drop in to see all of the programs and services she has to offer our community: employment search, resumes, training opportunities etc....

- Traditional Medicine classes are being run in our community through April and beginning of May we had over 30 people register for this class with Dr. Jeanne Paul.
- Grief & Loss support groups every Friday for more information call Christine Upfold
- Healthy Living every Wednesday evening at the Soup kitchen more information call Christine Upfold
- Changes to the Adult day program- will now run on Wednesdays for more information call Sheri Daw
- Marilynne & Christie our now certified Child Oral Health Aides, the Child Oral Health Initiative is geared towards children 0-7 years old.

We offer a number of activities, workshops, parent groups, fitness classes, luncheons, dinners please review our calendar for events and programs if you have any suggestions please let us know so we can incorporate your ideas.



MOTHER'S DAY LUNCH WILL BE ON  
MAY 6TH

HOPE TO SEE EVERYONE THERE

Take care, Bridget LaBelle Director of Human  
Services





## DENTAL SUPPORT

If you go to the dentist and you may be required to cover additional costs. There are dentists who don't have additional professional fees and or/surcharges to the patient and those are the dentists we will refer you to if we feel the costs are too high.

The band does not receive funding for these costs so, if there are additional costs that are not covered by First Nation Health Benefits you may be expected to pay all or a portion of this. We need a copy of the treatment plan we will not cover any bills that are sent to us without any prior approval. These bills can be quite extreme if so please pay attention to the billing as it is very common for the patient to have to pay a portion now.

If you have any questions feel free to Bridget LaBelle @ (250) 378-4089

from MOTHER'S SMILE  
by Michael Burch

There never was a fonder smile  
than mother's smile, no softer touch  
than mother's touch. So sleep awhile  
and know she loves you more than "much."

So more than "much," much more than "all."  
Though tender words, these do not speak  
of love at all, nor how we fall  
and mother's there, nor how we reach  
from nightmares in the ticking night  
and she is there to hold us tight.

## **NURSE PRACTITIONER: NEW TO MERRITT**

### **What is an NP?**

- Nurse Practitioners (NPs) are registered nurses with advanced knowledge, skills and a Master's degree in Nursing.
- NPs bring the nursing focus of teaching, counselling, and support to the diagnosis and treatment they provide.
- The goal of care is to enhance the primary health care that patients can receive, improve continuity in patient care, provide education around chronic disease management and improved lifestyle choices, and assist in bridging any gaps in service for people within the community.

### **What can an NP do?**

- Nurse Practitioners are able to independently investigate, diagnose, and manage acute and chronic illnesses, disorders, & injuries
- Order x-rays, scans, and ultrasounds
- Order and interpret laboratory and other diagnostic tests
- Communicate diagnoses to clients, their families, and other health care providers
- Initially prescribe or re-order medications
- Refer clients to other health care providers and specialists

### **Where does the NP work & how can I see the NP?**

- The NP will be working out of the Conayt Friendship Society as well as local Aboriginal communities
- The NP will visit the community health stations on an scheduled basis
- You will be able to make an appointment with the NP

### **Who is the NP?**

Julia Walker is a Family Nurse Practitioner born and raised in Prince George. Julia recently graduated as a nurse practitioner from the University of Northern British Columbia. Prior to graduation from her Master's program, Julia worked for a number of years as a registered nurse in both hospital and community settings. During her clinical placements in the NP program she worked in a number of rural areas throughout northern BC. She recently began her work as an NP in Merritt and is looking forward to becoming an integral part of the medical community. She is now seeing patients.



## HEMECARE PROGRAM

We are posting all our events online (LNIB website) and this is a good way to stay connected. Also, please review our new revised Home Care pamphlet listing all our services.

## ADULT DAY PROGRAM: (ADP)

Starting May 11th, the ADP will be held every Wednesday from 9:30am-1pm at the soup kitchen. This will allow the elders to socialize with the lunch crowd on soup kitchen days. Also, we will be including weekly exercises and strengthening. If you have any questions please the Health Center 250-378-4089.

- May 11- Memory Sharing, stories & newspaper reading
- May 18- Action in the Park
- May 25- Board game bonanza

## FOOT CARE

Drop-in foot-care services are now available to anyone living or working on reserve. To book an appointment, please call Lower Nicola Health Services (250-378-4089) to reserve a time-Next drop-Ins: May 30th (Monday)

## TRANSPORTATION:

Transportation for in-town only Doctor's appointments can be pre-arranged by the health staff but requires advance notice of 24 hours and confirmation must be obtained from a homecare worker. Please remember the health staff tries to accommodate the client but this varies on the time and schedule of the health staff worker.

Please note if you have out of town travel the medical bus is a good option but needs to be pre-booked in advance. The cost is \$5 per one way.

Phone: 1888-376-7525 (phone for pick-up & departure times)

Kamloops- every Tuesday, Kelowna-every Thursday

## NURSE PRACTITIONER

The Nurse Practitioner will be making monthly visits. Her next visit will be Thursday, May 26, 2016 at the Health Centre from 9 am to 3 pm. Anyone wishing to make an appointment call me to book a time. (250) 378-4089

- Irene Howe, Home Care Nurse



Some photos from the Community Easter party. Copies of prints taken are available at the Community Services Centre. Stop by to pick up your copies of your family with bunny photos.



LANGUAGE

# N?e?kepmxcin language Camp

5 pm -7pm (2hrs)  
Lower Nicola Indian Band Hall



This is for the Elders to speak the N?e? kepmxcin openly and freely amongst the younger generations to listen and learn.

This will be a start of breaking down the barriers that have been drawn up due to past obstacles.

Please pass this invitation on to any Elders or people that would be interested in participating, please do not hesitate to call me Molly at (250)315-9134 to confirm the number of people attending. Thank you.

**February 5, 2016**

**March 4, 2016**

**April 8, 2016**

**May 6, 2016**

**June 3, 2016**

**July 8, 2016**

**August 5, 2016**

**September 2, 2016**





# he ws he scáq he n?e?kepmxcíns

This chart depicts consonants only as Nl̓e?kepmxcín words do not technically begin with vowels. Where no form is shown, there is no recorded Nl̓e?kepmxcín word that begins with that sound.

? 10 ʔupnékst	c cítx <sup>w</sup>	č čáit	ç çənmin	ɣ ɣnəp	ý ý
? héwt	k 3 ké?tes	k̄ k̄atnīm	k <sup>w</sup> k <sup>w</sup> áso	k̄ <sup>w</sup> k̄ <sup>w</sup> atnáy	l lhéc
† t̄erúx <sup>w</sup>	!	i i	ʔ 6 łááqmekst	m mōcē	m̄ m̄én
n nnúyetn	ñ ñtēs	p píx <sup>m</sup>	p̄ p̄áʃke?	q qemút	q̄ q̄wísqn
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**TRANSLATION GUIDE**

Row 1—ten, house, salt, bell, shiver; NO TERM. Row 2—rat, three, fishing rod, pig, mouse, otter. Row 3—dress; NO TERM, NO TERM, six; fly (insect), someone donates something. Row 4—money holder; someone gives someone something; hunt, hummingbird, hat, ax. Row 5—buffalo, action of packing something, shoe, mountain sheep, table, cattle/cow. Row 6—cry, meet someone, kneel, very hot, be surprised, love someone. Row 7—pray, cough, cup, toys, run fast, sleep; Row 8—clustered pine needles, aged wood.

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ʃ̄w ʃ̄w	ʃ̄w ʃ̄w

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## EDUCATION

### ATTENTION SMALL BUSINESS OWNERS AND ENTREPRENEURS!

#### BUILD YOUR OWN WEBSITE COURSE

Have you thought that your own company website is a dream but beyond your means? Don't know where to start? Not even sure what a "domain name" is? Think you can't possibly afford it? You just may be very pleasantly surprised!

The Career Development Centre is pleased to offer a Build Your Own Website course for LNIB members and their small businesses.

This course will be taught by Ruth Tolerton who has developed and created websites for a number of businesses and successfully trained their (computer illiterate) owners on how to continue to build and manage their site.

The course is offered over three Monday evenings - May 9th, 15th and 30th from 6:30 pm to 8:00 pm at the Community Services building.

Space is limited to 20 people, and you must pre-register. Even if your computer experience is limited to Facebook and sending Emails - you are qualified to take this course and be a success.

Register with Robin Peterson, Career Development Coordinator at 250-378-4809

or email [career\\_development@lnib.net](mailto:career_development@lnib.net)

#### Stay in the news loop!

We use a lot of methods to stay in touch with LNIB Membership - Website, Facebook, Email, Snail mail, Phone....

But we can only reach you if you keep us up to date on your contact information. So please! - Call, email, write to the Band Office and let us know how to keep in touch.

# Heavy Duty Equipment Operator Training by EKpass for LNIB Members

Running Dates: **Apr-25-2016 to May-13-2016**

## Training

**Heavy Equipment Operator Training and Certification:** Services provided worldwide on equipment from over one hundred manufacturers with a focus on improved productivity, reduced maintenance costs, and increased safety.

**Onsite:** with centuries of collective heavy equipment industry experience, our highly professional training consultants deliver customized instructor-led courses and other services on client sites around the globe. This is not your average heavy equipment operator course. What **EKpass** has to offer is an approach to heavy equipment training that is unlike anything that is offered anywhere else. Business sectors served include: the Mining, Military, Pipeline & Petrochemical, Road Building, Agriculture, and Manufacturing industries, and all levels of Government. If you require heavy equipment operator training to take place off site instead, our training team can also arrange for an alternate location.

## Pre-Requisites:

Grade 12 preferred but not mandatory.

Class 5 Driver's License preferred but not mandatory.

First Aid ticket an asset but not mandatory.

We have had a large amount of applicants for the program. We hope with enough interest that we may be able to offer this course again. Please submit all resumes and safety tickets by Friday at noon. Any applicants who are not approved for this round due to the very limited seats available will be kept on file for future consideration.

**Please submit your resume & safety tickets to Robin Peterson at the LNIB Community Services Centre. They also can be e-mailed to [career\\_development@lnib.net](mailto:career_development@lnib.net).**

LNIB Band Office  
181 Nawishaskin Ln.  
Merritt, BC V1K 0A7  
(250) 378-5157

LNIB Community Services  
230 Hwy. 8 W  
Merritt, BC  
V1K 0A7  
(250) 378-4089



## Occupational First Aid Level III Renewal

Is your OFA level 3 going to expire? Or has expired within the last 2 years? Please call the Education office to sign up for the renewal class. Call 250.378.0915 or Email: [Terri-Lynn@lnib.net](mailto:Terri-Lynn@lnib.net) to sign up.

The WorkSafeBC Occupational First Aid Level Three Renewal course is a 36 hour program designed for prior Level III ticket holders (Level III ticket cannot have been expired for more than two years). Successful candidates must achieve 70% or higher on both practical and written exams. Exams are conducted on a separate date after course completion. Certification is valid for three years.

Participants must have a strong knowledge of theory and strong practical skills as there is limited instruction. This course focuses on a review and practice of OFA level three skills and protocols.





## BAND SCHOOL BUILDING NEST BOXES FOR SPECIES AT RISK



On April 1st, Dave Caswell from LNIB Referrals and Environment along with Species at Risk Specialists Jared Hobbs and Susan Dulc worked with grade 5-7 students from the Band school to build nest boxes for the Western Screech Owl.

The Western Screech Owl is an endangered species with potential habitat occurring on Nicola Mameet, and Zoht reserves. The students had fun building the nest boxes and had lots of good questions for the biologists. The nest boxes were installed in suitable habitat on reserve and will

be monitored in the future. The referrals and environment department will continue to update and work with the students should any of the nest boxes be actively used in the future. We would like to thank Angie Sterling and Jeff Bloom for supporting this initiative.

For more information on the project please contact Dave Caswell RPBio at Band Office or email: [tluc@lnib.net](mailto:tluc@lnib.net).







a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA

Centre for Excellence in Indigenous Health

# Apply now for the UBC Summer Science Program!



## When?

Week 1: Students going into grades 11 – 12, July 3 – July 9, 2016.

Week 2: Students going into grades 9 – 10, July 10 – 16, 2016.

## Where?

First Nations House of Learning,  
University of British Columbia

## For more information and to apply visit:

<http://health.aboriginal.ubc.ca/education/ubc-summer-science-program/?login>

## WHAT IS THE SUMMER SCIENCE PROGRAM?

Two, one week-long summer camps for students going into grades 9 – 12 in the fall of 2016 who are of First Nations, Inuit, or Métis ancestry. The program is an introduction to university life and promotes interest in health and science careers through firsthand experience. The program cost is \$200. Some bursaries are available.

**Application Deadline (extended): Thursday, April 30, 2016**


**Please address questions to:**

[summer.science@ubc.ca](mailto:summer.science@ubc.ca)

LNIB SCHOOL CALENDAR



**HOT LUNCH DAYS ARE HIGHLIGHTED GREY, send a lunch on All other days!**



**May 2016**

**Absolutely NO NUTS and NO Peanut Butter In LNIB School**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>Chilli de Rice</i>	3	4	5	6 <i>Chicken Noodle soup</i>	7 <i>Gr 6-7 Janitorier car wash Shabus Fire Hall 10:00-1:00</i>
8 <i>Mother's Day</i>	9 <i>Chicken bacon Ranch casserole</i>	10	11	12 <i>Holidays</i>	13 <i>Kindergarten—Gr 3 Field trip to Wild life Park Kamloops</i>	14
15	16 <i>Taco Salad</i>	17	18 <i>Monthly Dinner 5:00 LNIB School Everyone Welcome</i>	19	20 <i>Fried Rice</i>	21
22	23 <i>Victoria Day <b>No School</b></i>	24 <i>LASAGNA Gr 4-5 year and Field Trip Vancouver</i>	25 <i>Gr 4-5 year and Field Trip Vancouver</i>	26	27 <i>Scalloped Potatoes</i>	28
29	30 <i>Chicken Broccoli Casserole</i>	31				

## LAND CODE

### LAND CODE: BACK TO BASICS

So I've heard about Land Code, but what is it? What actually goes into a Land Code?

#### WHAT IS LAND CODE?

- A **set of guidelines** for how reserve lands and resources are controlled and managed
- Written **by the First Nation**
- **Decreases Canada's management** of our reserve lands
- Requires **approval from the members** of the First Nation

#### MOVING AWAY FROM THE INDIAN ACT

- Creating a Land Code allows a First Nation to **opt out of the 32 land management sections of the Indian Act**
- A First Nation can **take over control and management of their reserve lands and resources** instead of having them be administered by the Federal government in Ottawa
- When done correctly, adopting a Land Code is a huge step forward on the **path to self-governance**

#### WHAT IS AN INDIVIDUAL AGREEMENT?

- Agreement that deals with:
  - » Reserve lands to be managed by the First Nation
  - » Specifics of the transfer of the control of land from Canada to the First Nation
  - » Money to be provided by Canada to the First Nation for land management
- When this agreement is signed, the Land Code officially replaces the land management sections of the Indian Act

### SO, WHAT GOES INTO A LAND CODE?

First Nations Land Codes outline key areas required to assume full decision-making power over reserve lands and resources — it is VERY important that a Land Code developed and adopted by a First Nation is unique to the community

#### • Section 1: Preliminary Matters

It's like the "housekeeping section" of a Land Code, which:

- » Defines important words
- » Protects the First Nation's rights
- » Asserts the First Nation's authority to govern
- » Describes what reserves are subject to the Land Code

#### • Section 2: First Nation Legislation

This section talks about how LNIB will go about making laws to govern our reserve lands and resources:

- » **Who** will make laws
- » **How** laws will be decided upon
- » **Where** laws will be written and published
- » **When** and how laws will take effect

#### • Section 3: Community Approvals

This section ensures that community engagement happens in a way that is fair and accessible, explaining:

- » **Rights of eligible voters** (members)
- » How and when **community engagement** must happen
- » Steps involved with a member **meeting and vote**
- » Types of laws and activities needing **community approval**

#### • Section 4: Interests and Licenses in Land

This section talks about the ways that individual people (members) can have legal "interests" in land. Interests are things like:

- » Leases
- » Licenses
- » Permits
- » Mortgages
- » Certificates of Possession (CPs)

PROUD TO BE  
LNIB

- **Section 5: Protection of Land**

This section helps make sure that our reserve lands and resources remain ours, and under our control, by talking about concerns like:

- » Removal of reserve lands
- » Heritage sites
- » Voluntary land exchanges

- **Section 6: Land Administration**

This section talks about the “nuts and bolts” of how land would be managed day-to-day once Canada is no longer administering our land. It covers things like:

- » Having an **Lands Management Committee**
- » **Money earned from lands** through rent or fees
- » **Keeping track of the “interests”** we talked about earlier

- **Section 7: Accountability**

To make sure that leadership manages lands and resources clearly and openly, this section talks about things like:

- » If a leader has a conflicts of interest
- » Keeping financial records
- » Having regular audits
- » Making an annual land management report
- » Allowing members to access information

- **Section 8: Dispute Resolution**

When big organizational changes happen in a community, disputes often happen. This section enables the community to develop a dispute resolution process to address things like:

- » Having a Dispute Resolution Panel
- » Making sure the panel is confidential and impartial
- » Steps that the panel will follow in a dispute

- **Section 9: Other Matters**

In this section are the “odds and ends” of the Land Code, where matters (important, but not part of the other categories) are discussed. Things often covered here are:

- » Land-related insurance that the Band should to pay
- » What happens when someone breaks the Land Code
- » How to make changes to the Land Code
- » How and when the Land Code takes effect

## LNIB'S CURRENT LAND CODE DRAFT AND INDIVIDUAL AGREEMENT DRAFT ARE ONLINE!

You can check them out by visiting: [www.lnib.net/land-code-vote](http://www.lnib.net/land-code-vote). If you have any questions or comments about Land Code, contact our Land Code Champion Barbara Huston at [landcodechampion@lnib.net](mailto:landcodechampion@lnib.net) or call the Band Office at 250-378-5157.

If you have any questions or for the most up-to-date information:



[www.lnib.net](http://www.lnib.net)



[lowernicolaindianband](https://www.facebook.com/lowernicolaindianband)



[askus@lnib.net](mailto:askus@lnib.net)



(250) 378-5157



FIRE

# WILDFIRE COMMUNITY PREPAREDNESS DAY

## Saturday, May 7, 2016

### TOGETHER WE ARE PREPARED



Accomplish something great and organize the groups, friends or a community group and participate in a project that reduces your wildfire risk. Commit a couple of hours of the entire day and join others throughout the nation in making their communities a safer place to live. Find project ideas for your home and neighborhood at [www.firesmartcanada.ca](http://www.firesmartcanada.ca)



#IAMFireSmart

Follow FireSmart Canada

[www.firesmartcanada.ca](http://www.firesmartcanada.ca)

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# FireSmart



Preparing the area immediately around your home is critical. By creating a fuel free space you can assist firefighters in protecting structures on your property.

Any kind of vegetation is combustible. Remove any shrubs, deadfall and trees, and ensure your grass is mowed and watered. Woodpiles and propane tanks should also be moved out of this area and away from vegetation.

The material your home is constructed with can also be a factor in fire prevention. Roofs should be made of fire-resistant materials. Ensure that your roof and eavestroughs are clean of combustible debris and overhanging trees and vegetation.

10m

## Priority Zone #1

# #1

In the area 10 to 30 metres away from structures any fuels should be reduced by thinning and pruning vegetation and trees. This will slow a fire's spread.

Trees should be spaced so their crowns are 3 to 6 metres apart to prevent a fire from jumping from tree to tree. Remove any "ladder fuels", such as deadfall and thick shrubs, that would allow the fire to spread from the ground to forest canopy.

10m - 30m

## Priority Zone #2

# #2

If planting new trees, consider deciduous species such as aspen, poplar and birch, which all have low a flammability rate.

This zone begins 30 metres from any structure and extends to a distance of 100 metres and beyond.

The focus of this area should be to thin out trees and wvegetation so that if a fire does burn into the area it will be less intense and spread at a slower rate.

30m+

## Priority Zone #3

# #3

Just like in Zone 2, attempt to thin out trees and shrubs below the forest canopy, keep trees spaced apart to reduce the potential of fire from crown-to-drown, and retain fire-resistant deciduous trees.

For more information see [www.bcwildfire.ca](http://www.bcwildfire.ca) and [www.firesmartcanada.ca](http://www.firesmartcanada.ca)

**Sunday, May 15, 2016  
9 am Lower Nicola Band School**

**Free t-shirt to first  
75 who register!!!**

*Turn me Loose  
T-shirts \$15  
Must pre-order  
Free t-shirt to first  
75 Registrants*



Please pre-register.  
Payment may be mailed  
in or dropped of at Band  
Office.

If you wish to order a  
t-shirt you must do so by  
May 1st

The event takes place  
on Sunday, May 15th at  
the Lower Nicola Indian  
Band School starting at  
9 am. The route goes  
through Shulus and  
along the railway right of  
way towards Merritt. It  
is suitable for all ages and  
abilities.

So challenge yourself and  
your friends! Put a team  
together and challenge  
another team. Let's have  
fun!

## **Stroll - Walk - Run**

**Open to all ages, all people  
Registration fee by donation with  
proceeds to benefit Youth and Elder  
programs**

**800 m - 2K - 5K - 10K**

**Barbecue to follow**

**Registration on-line at [www.LNIB.net](http://www.LNIB.net)**

For more information -  
please contact Recreation  
Manager

Joe Quewezance

[joeq@lnib.net](mailto:joeq@lnib.net)

RECREATION

Mon.	Tue.	Wed.	Thu.	Fri.
2	3	4	5	6
<b>Traditional Games Night</b> 5:30 – 7:00PM Swimming All day Bounce Fit 6:15 – 7:15	TaeKwon Do 5:45 – 7:00PM RUN/WALK CLUB 5:30PM – 6:15PM LNIB School	Youth Gym Night 4:30 – 5:30 5 – 8 yrs old 6:15 – 7:30 9 and up Adult Gym night 7:30PM – 9:00PM Yoga (band hall) 7:15PM – 8:30PM	Family Swim All day	
9	10	11	12	13
<b>Traditional Games Night</b> 5:30 – 7:00PM Swimming All day Bounce Fit 6:15 – 7:15	TaeKwon Do 5:45 – 7:00PM RUN/WALK CLUB 5:30PM – 6:15PM LNIB School Field	Youth Gym Night 4:30 – 5:30 5 – 8 Yrs old 6:15 – 7:30 9 and up Adult Gym night 7:30PM – 9:00PM Yoga (Band hall) 7:15PM – 8:30PM	Family Swimming All Day	Family Bowling 7PM – 9PM
16	17	18	19	20
<b>Traditional Games Night</b> 5:30 – 7:00PM Swimming All day Bounce Fit 6:15 – 7:15	TaeKwon Do 5:45 – 7:00PM RUN/WALK CLUB 5:30PM – 6:15PM LNIB School Field	Youth Gym Night 4:30 – 5:30 5 – 8 Yrs old 6:15 – 7:30 9 and up Adult Gym night 7:30PM – 9:00PM Yoga (Band hall) 7:15PM – 8:30PM	Family Swimming All day	
23/30	31	25	26	27
<b>Traditional Games Night</b> 5:30 – 7:00PM Victoria Day no games night Swimming All day Bounce Fit 6:15 – 7:15	TaeKwon Do 5:45 – 7:00PM RUN/WALK CLUB 5:30PM – 6:15PM LNIB School	Youth Gym Night 4:30 – 5:30 5 – 8 yrs old 6:15 – 7:30 9 and up Adult Gym night 7:30PM – 9:00PM Yoga (Band hall) 7:15PM – 8:30PM	Family Swimming All day	Family Bowling 7PM – 9PM



Hello Interior Region,

We are in need of volunteer coaching staff for all positions for the Interior Region Soccer Teams that will be competing in the 2016 BC Aboriginal Youth Soccer Championships in Prince George on August 26 – 28. The Interior will be represented by total of 4 teams competing in the U14 and U17 Boys and Girls categories. The BC Aboriginal Youth Soccer Championships will be acting as the Team BC Soccer Selection Event for the 2017 North American Indigenous Games that will take place in Toronto ON 2017. The winning team from this event will earn the right to represent Team BC.

If you would like to coach, we can help provide resources for meals, accommodations (if required) and fuel to conduct the Interior Region Soccer Tryouts. Deadline to apply is on Sunday May 1st at 5:00 PM. If we cannot identify soccer coaches then the Interior Region will join the North East Region of BC to form a team with their players and their coaches; if we form a team with another region then travel to the Selection Camps will be a longer distance to commit to and all of our players from the Interior will not be considered as the combined team will only take the top players from each region.

If you would like to step up and do some rewarding and healthy work for our youth in the Interior and be our Soccer Champion and Role Model please apply for these great positions. Soccer Coaching Certification is not required but will be an asset, any coaching certification will be an asset! If you have any questions please contact me at 250-350-3254 or email me at [bmanuel@bcaafc.com](mailto:bmanuel@bcaafc.com)

This second call for applications is to fill vacant positions remaining for certain divisions in various regions. These vacancies are outlined in the form. Applications will be accepted until 5PM PST, SUNDAY, MAY 1st, 2016. For more information and/or to apply online please visit: <https://aboriginalsportbc.wufoo.eu/forms/regional-soccer-teams-coachmanager-application/>.

April 15, 2016 - The Regional Committees of the Aboriginal Sport, Recreation & Physical Activity Partners Council are seeking volunteer soccer coaches and team managers for the Regional Soccer Teams that will compete in the U15 and U17 (male and female) age divisions of the 2016 BC Aboriginal Provincial Soccer Championships, August 26-28, 2016 to be hosted in Prince George, BC.

Regional Teams in the U15 and U17 divisions (male and female) of the BC Aboriginal Provincial Soccer Championships will be vying for the Championship title to ultimately earn the right to represent Team BC at the Toronto 2017 North American Indigenous Games.

The volunteer coaches and team managers participate in the Regional Teams athlete selection process and leading the Regional team's preparation and participation in the Provincial Championships.

This second call for applications is to fill vacant positions remaining for certain divisions in various

regions. These vacancies are outlined in the form. Applications will be accepted until 5PM PST, SUNDAY, MAY 1st, 2016. For more information and/or to apply online please visit: <https://aboriginalsportbc.wufoo.eu/forms/regional-soccer-teams-coachmanager-application/>.

#### BC Aboriginal Provincial Championships & Athlete Development Camps

The series of BC Aboriginal Provincial Championships and Camps are an important component of the Partners Council's Provincial Strategy as they support the effort to develop a consistent and coordinated Aboriginal Team BC program to better prepare athletes and coaches for upcoming North American Indigenous Games (NAIG) and other elite competitions. The events provide a unique opportunity for Aboriginal athletes and coaches from First Nations, Métis Chartered Communities and Friendship Centres throughout the province to gather and participate or compete in events that promote sport excellence while celebrating cultural unity and pride. The 2016/17 series of Championships and Camps will be a primary component of the Team BC Talent Identification and/or Selection Processes for athletes to represent Team BC at the Toronto 2017 NAIG.

The 2016 BC Aboriginal Provincial SOCCER Championships will serve as the Team BC Selection Event for soccer whereby the winning teams of the U15 and U17 divisions will earn the right to represent BC at the Toronto 2017 North American Indigenous Games. Accordingly, only eligible teams ("Regional Teams") formed by the Regional Committees are permitted entry into the U15 and U17 divisions of the Provincial Championships (which qualify as U16 and U18, respectively, in the year 2017 at NAIG).

AGE CATEGORY DEFINITIONS – 2016 SOCCER CHAMPIONSHIPS (in accordance with 2017 NAIG eligibility)

- U17 - born in 1999 or 2000
- U15 - born in 2001, 2002 or 2003

Following a host bid application process, the Prince George Native Friendship Centre, in partnership with Northern Sport Centre, was successfully awarded the bid to host the 2016 BC Aboriginal Provincial Soccer Championships - August 26 to 28, 2016.

#### Contact Information:

Please direct inquiries to your Regional Coordinator:

FRASER REGION - Dianne Garner - [dgarner@bcaafc.com](mailto:dgarner@bcaafc.com)

INTERIOR REGION - Bernard Manuel - [bmanuel@bcaafc.com](mailto:bmanuel@bcaafc.com)

NORTHEAST REGION - Leon Erickson - [lerickson@bcaafc.com](mailto:lerickson@bcaafc.com)

NORTHWEST REGION - Adam Prytula - [aprytula@bcaafc.com](mailto:aprytula@bcaafc.com)

VANCOUVER COASTAL - Cody Kenny - [ckenny@bcaafc.com](mailto:ckenny@bcaafc.com)

VANCOUVER ISLAND - Kim Leming - [kleming@bcaafc.com](mailto:kleming@bcaafc.com)

Aboriginal Sport, Recreation and Physical Activity Partners Council

Phone: 250.388.5522 | 1.800.990.2432 (toll-free)

Website: [www.aboriginalsportbc.ca](http://www.aboriginalsportbc.ca)

Facebook: [www.facebook.com/ASRPAPartnersCouncil](http://www.facebook.com/ASRPAPartnersCouncil)



## CENSUS

Greetings, Lower Nicola Indian Band community members.

Census 2016 information collection for the reserves is now underway. The census enumerates everyone living in Canada and is conducted every five years. For residents in First Nations and Inuit communities, the census will take place between February and June 2016. This vital information gathering is essential for the benefit of our communities. The census data is used to develop school and Aboriginal language programs, establish and expand community health and social programs, make informed decisions on employment, community development plans, training and economic opportunities and evaluate existing programs and new service needs such as housing.

Please expect a knock on your door from a Statistics Canada enumerator. They will be wearing Statistics Canada identification tags and have their questionnaires in hand to complete with you at that time or at an appointed time that is convenient for you. Please note that Statistics Canada attaches the highest importance to protecting the confidentiality of your personal information. The Statistics Act specifically requires that information about individuals be protected and kept strictly confidential. Each employee takes an Oath or Affirmation of Office and Secrecy and will face firm penalties if found to have breached confidentiality. Thank you to all of you for your participation in this very important process.

Delilah Dick  
Crew Leader  
Statistics Canada



**Open To all  
Aboriginal  
Youth ages  
5 - 15**

Join us for a 3 day  
Summer Hockey  
Camp with National  
Aboriginal Hockey  
Championships  
Team BC Coach  
Chris Luke, Jr.  
& Off-Ice Training  
with coaches from  
PacificSport  
Columbia Basin



**Rocky Mountain  
Aboriginal Youth  
Summer Hockey Camp  
August 31 – September 2, 2016**

**Location:**

Kimberley Civic Centre  
525 Proctor Ave  
Kimberley BC



**Camp Schedule**

Session Time	Age Groups		
	5 - 8	9 - 11	12 - 15
11:30 – 12:30 PM	On Ice Session	Off Ice Training	Cultural
12:45 – 2:00 PM	Cultural	On Ice Session	Off Ice Training
2:15 – 3:30 PM	Off Ice Games	Cultural	On Ice Session

Full hockey gear required.  
Please bring a water bottle,  
running shoes & proper gym  
clothing for off-ice training.

**Registration Link:** <https://aboriginalsportbc.wufoo.com/forms/zlbbx9plx9wel/>

**Camp Fee:** \$20.00 per player. Fee includes player jersey.

**Please make payment out to:** Rocky Mountain Metis Association

**For more information contact:**

**Amy Cross**

T: 250-581-2111

E: amyconnochie@hotmail.com

**Bernard Manuel**


T: 250-350-3254

E: bmanuel@bcaafc.com



Aboriginal Sport, Recreation  
& Physical Activity Partners Council

RCMP



## RCMP Newsletter

*Working together towards Safe Homes, Safe Communities*

### Merritt Detachment - First Nations Policing

**April 2016**

**Merritt Detachment**  
*Quick Facts*

The Merritt Detachment is comprised of 31 Police Officers, 4 Municipal Employees and 3 Public Service Employees.

S/Sgt. Sheila Whit is the Detachment Commander.

Of those, the First Nations Policing Section has 4 Police Officers assigned.

Cpl. Rick Aird  
Cst. Rose Grant  
Cst. John Ryan

Vacate due to retirement

Sgt. Frank Paul is the Aboriginal Advisory officer for South East District and he is situated in Kelowna.

Inspector John Brewer is the Officer in Charge of Aboriginal Policing and he is situated at Headquarters in Surrey

**May 4<sup>th</sup>, 2016**

There will be a Parent and Community Session held at Interior Community Services to speak about Social Media Safety and the myths about bullying and bullies.

This is part of the Youth Empowerment Summit being held May 4<sup>th</sup> and 5<sup>th</sup> for grades 6 & 7 and grades 8 & 9.

This is a free event with beverages and snacks provided. Childcare will be available.

[www.bcy2k.com](http://www.bcy2k.com)

**The RCMP Is Hiring !!**  
**Make a Difference, Start today!**

Are you interested in a career with the RCMP? Do you know someone who would be make a good police officer?

**The RCMP is actively recruiting individuals who:**

- are a Canadian Citizen
- are at least 19 years of age
- have a Canadian Secondary School Diploma's or equivalents
- have a valid driver's licence
- meet physical and mental requirements
- are willing to serve anywhere in Canada
- 

To ensure that the RCMP's workforce is representative of the communities it serves, a national recruiting strategy was developed. It includes a component focused on encouraging Aboriginal people to become police officers. This strategy also encourages Aboriginal candidates to consider civilian career opportunities in the RCMP.

Contact the Merritt Detachment for additional information.

**RCMP Service**

If you call the police to make a report of an incident and require immediate service, you should expect a Police Officer to contact you either in person or by phone **even if** there isn't any First Nations Policing Officers working. There is always a Police Officer working and should respond.

If you have concerns about the quality of service you receive, in response to a call for assistance, please contact the Merritt Detachment and ask to speak with a supervisor.

If you call 250-378-4262 outside the Merritt Detachment's office hours of 4:00 pm to 8:30 pm, when prompted to, please push "1" to speak with our dispatcher in Kelowna. **If you leave a message, it won't be answered until the following day.**

**Did you know...?**

More information related to Fraud Prevention can be found on the RCMP website – Scams and Fraud

**Ideas or Suggestions**

Please contact our editor, Cst. Rose Grant, at the Merritt Detachment (250-378-4262) or via email at [rose.grant@rcmp-grc.gc.ca](mailto:rose.grant@rcmp-grc.gc.ca)

## DATING VIOLENCE

- Dating violence is any intentional psychological, physical or sexual attack on one partner by the other in a dating relationship.
- Dating violence is ABUSE. Someone who does something to you or acts in a way that makes you feel afraid or bad about yourself does not love you. Abusive behaviour is wrong and you do not have to live feeling afraid or sad.
- ABUSE is not about something that you have done or something you deserve. No one asks to be hurt and you are not responsible for someone else's words or actions.
- Each person is responsible for their words, actions and control of their own body. No one has the right to force another person to do something that they don't want to do or that makes them feel uncomfortable.
- You have the right to stand up for yourself and you have the right to say NO at any time.

### How to be a Friend

- If you notice that a friend is in an abusive relationship, talk to them about it.
- Don't ignore the signs and think that it will go away.
- If a friend wants to talk to you, listen. It's okay to express your concerns and be afraid for your friend. Support them, don't judge.
- Point out your friend's qualities and good points.
- Most people who are being abused think that they are bad or they caused the abuse.
- Encourage your friend to seek help from a trusted adult. Don't make the decision for them, this is their choice.
- Call the police or tell an adult if you witness your friend being slapped, hit, hurt or any other type of assault.
- You are not responsible for stopping the abuse or protecting your friend, but you can be there to listen and suggest other ideas to him/her.

### Warning Signs:

Are you or do you know someone that is going out with a person who...?

- is jealous, possessive, checks up on you or won't accept breaking up?
- screams, yells, puts you down in front of your friends, tells you that you are stupid or ugly?
- scares you, makes you wonder if you have done something wrong to make him/her react like this?
- is violent, grabs, hits, pushes, or shoves you?
- brags about mistreating others, loses his/her temper easily, has a history of fighting?
- pressures you for sex or tries to force you into having sex?
- has a history of bad relationships and blames the other person?
- abuses alcohol or drugs and pressures you to take them as well?
- makes your friends and family afraid for your safety?


**If you can answer YES to any of these questions, this is Dating Violence.**

### What to do if you want the Abuse to Stop

- Talk to someone that you trust: Friend, Family member, Teacher, School Counselor, Clergy
- Call the police (911) Community Services
- Call Kids Help Phone toll free at 1-800-668-6868
- You are **NOT** alone. Someone will listen and will help you.
- Write a letter to someone that you trust describing what is happening to you and how you are feeling. Give it to them.
- Keep a daily diary or journal about what has happened and how you feel about it.
- Do not meet your partner alone. Do not let your partner into your house or get into a car with him/her when you are alone.
- Avoid being alone at school, at work or when walking to and from places. Tell someone where you are going.

**Think and plan what you would do if your partner becomes physically abusive.**



<p>May 4<sup>th</sup> Grade 8 and 9</p> <p>May 5<sup>th</sup> Grade 6 and 7</p> <p>9:30am – 2:00pm</p>	 <p>Merritt <b>y2k</b> Youth Empowerment Summit</p> <p><i>Empower. Connect. Mobilize</i></p>
<p>Interior Community Services 2975 Clapperton Rd.</p>	<p><b>Youth Empowerment and Healthy Choices</b></p>


The *Yes2kNOW Youth Summit* will include engaging workshops on:

- Youth Wellness, Self-confidence, and Resilience
  - Aboriginal Gang Awareness
  - Respectful Relationships
  - Social Media and Online Safety
- Sexual Exploitation and Human Trafficking
- Local Resources and Opportunities for Youth

Speakers include: Jesse Miller and Children of the Street Society  
For more information on **Yes2kNOW** visit: [www.bcy2k.com](http://www.bcy2k.com)





<p><b>May 4<sup>th</sup></b>  <b>6:30pm – 8:45pm</b>          (Doors open at 6pm)</p>	
<p>Interior Community Services          2975 Clapperton Rd</p>	<p><b>Parent &amp; Community Session</b></p>

**Join us for an informative and engaging evening!**

As part of the *Yes2kNOW Youth Summit* in Merritt, an evening Parent and Community Session will be held at Interior Community Services, which will feature two dynamic speakers.

**Speakers include:**

**Jesse Miller**, an international public speaker, will discuss social media safety and parenting in the social media generation. He is a trusted resource to numerous school districts in Canada and a trusted partner to numerous public safety agencies who use his expertise to address issues that occur on social media.

**Darlene Barriere** will discuss the myths surrounding bullying & bullies, why kids actually bully, and some strategies to stop bullying. Darlene is well known for her workshops and presentations on violence, including dating violence and child abuse, as well as bullying and harassment.

This is a **FREE** event. Beverages and snacks will be provided.  
 Childcare is available between 6:30pm – 8:45pm.

For more information on **Yes2kNOW** visit: [www.bcy2k.com](http://www.bcy2k.com)



# ROCKY PINES COMMUNITY CENTRE

These drawings of the preliminary concept only and will change as the project is completely defined (although the basics are there). We encourage feedback from community members!

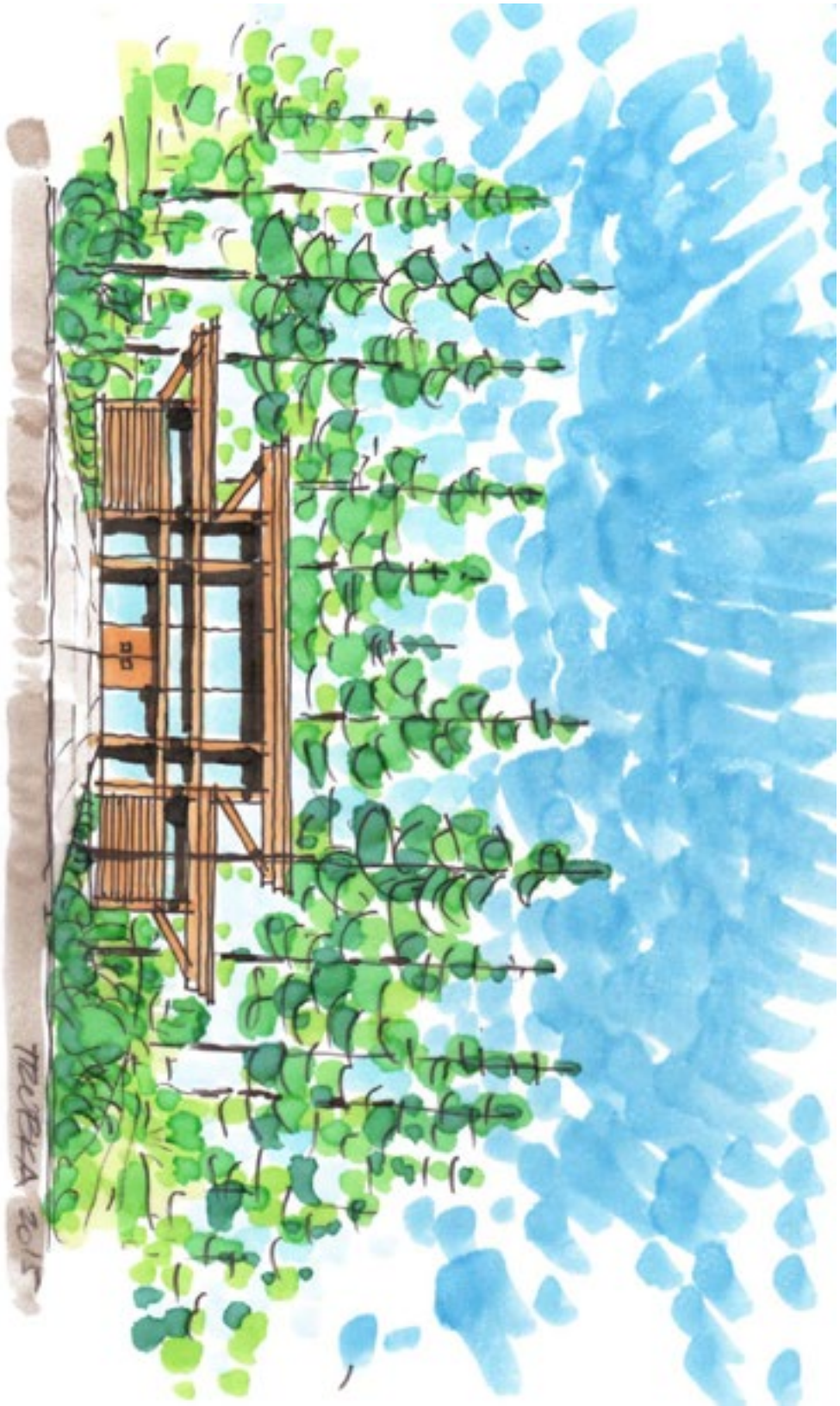
ROCKY PINES COMMUNITY MULTI-PURPOSE CENTRE - SCHEMATIC CONCEPT PLAN



**Summary of Proposed Programs:**

Program	Dimensions	Area (sq.ft.)
<b>Community Hall (High Roof):</b>		
Hall (50 persons plus)	32' x 56'	1,792
Vestibule	10' x 12'	120
Storage of tables and chairs 2 x (6' x 12')		144
<b>Other Programs (lower roof):</b>		
Offices	2 x (14' x 11.5')	315
Meeting Room	14' x 22.5'	315
Beauty Salon	14' x 11.5'	161
Post Office/Store	14' X 11.5'	161
Kitchen	14' x 14'	154
Washrooms/ Janitor	14' x 22'	308
Electrical & Mechanical	11' x 14'	154
<b>Total Area = 3,624 sq. ft.</b>		

LUBOR TRIBUKA ASSOCIATES ARCHITECTS  
 1200-1500 WEST GEORGIA STREET, VANCOUVER, BC V6G 2Z6 TEL: 604-687-3722 EMAIL: info@lubortribuka.com WEB: www.lubortribuka.com



ROCKY PINES COMMUNITY MULTI-PURPOSE CENTRE - CONCEPT SKETCH

LUBOR TRUBKA ASSOCIATES ARCHITECTS

1200-1500 WEST GEORGIA STREET, VANCOUVER, BC V6G 2Z6 TEL: 604-687-3722 EMAIL: [lt@lubortrubka.com](mailto:lt@lubortrubka.com) WEB: [www.lubortrubka.com](http://www.lubortrubka.com)

## MEMBERSHIP

### RENEWING YOUR CERTIFICATE OF INDIAN STATUS CARD (CIS)

Please schedule an appointment with the Indian Registry Administrator at the LNIB Band Office. Appointments may be scheduled for **Wednesdays between 9 am and 4 pm**

CALL GERALDINE BANGHAM AT 250-378-5157

#### IDENTIFICATION REQUIRED

Clients must provide two (2) pieces of identification when applying for a status card. One piece of id must have a digitized photo on it. NO PHOTOCOPIED ID or SIN cards accepted. All identification must be intact and not have expired.

Acceptable ID:

**Primary ID** - Valid Canadian Passport

- New plastic CIS issued after 2002 ; and

**Secondary ID** - Certificate of Birth

- Marriage of Divorce Certificate

- Provincial Identification Card

- Driver Licence

- Employee ID with digitized photo

- Student ID with digitized photo

- Firearms Licence

**Other Category:**

- Guarantor's from approved by Indian Registration and Band Lists Manager; AANDC-BC Regional Office

Questions on Membership?  
Geraldine (Shuter) Bangham is the  
Indian Registry Administrator;  
Back-ups are Vonna Moses and  
Phyllis Edwards



## JOB OPPORTUNITIES

### DEPARTMENT: RECREATION

### POSITION TITLE: RECREATION ASSISTANT

Hours: 20-25 hrs per week, evenings and some weekends, summer months 35 hours per week. All day time.

Start Date: May 16TH

Term: Permanent

Wage: Negotiable

Reports to: Recreation/Shulus Arena Manager

#### Summary of responsibilities

Under the direction of Arena/Recreation Manager the successful candidate will be responsible for developing and participating in recreational programs and events for Lower Nicola Indian Band members. Successful candidate will also be responsible for youth center programming.

#### Duties and tasks

- Develop recreational programs that interests youth, adults and elders
- Must be willing to participate with youth during activities
- Report to LNIB membership on a monthly basis through LNIB newsletter
- Driving and maintenance of LNIB recreation van.
- Ensure LNIB and other facilities are properly taken care of following use by the recreation department
- Work within recreation budget
- September to June evening hours (20 – 25 hrs/wk) July and August day time hours (35 hrs/wk)
- Must be willing to take courses related to recreation ie. Skipper training, first aid and AED courses
- Must be willing to participate in overnight trips with recreation programs
- Clean and maintain youth center equipment, supplies and building
- Assist management with duties and tasks related to recreation
- Organize fundraising events for recreation department special events
- Some overtime and weekend work may be required



Qualifications:

- High school completion with one to two years related work experience, or an appropriate combination of education and experience, preferably with First Nation's community services.
- A valid class 4 driver's license or willing to complete and pass the driving test
- Background working with First Nation youth
- Excellent communication and high energy while working with youth
- Computer literate in Microsoft Word, Excel, Outlook, Publisher
- A team worker with a great work ethic, a self-starter and able to work independently
- Ability to speak or willingness to learn the N'lakapamux language
- Must be willing to produce a criminal record and a vulnerable sector check

Apply To:

Lower Nicola Indian Band

181 Nawishaskin Lane

Merritt, BC V1K 0A7

E-mail: [reception@lnib.net](mailto:reception@lnib.net)

Fax: 250-378-6188

Deadline to apply:

Friday MAY 6TH, 4:00PM

"vegetarian is an old Indian word for  
'doesn't hunt well'"

- Paul Harvey



## Employment Notice

**Lower Nicola School Expansion**  
**181 Nawishaskin Lane, Merritt, BC**  
**CONSTRUCTION WORKERS**

Unitech Construction Management Ltd. has been appointed as Construction Manager for the above project and is accepting applications for employment in regards to the construction. The Lower Nicola School Expansion will be a 4,400 Square Foot addition to the existing single storey wood post and beam / wood frame school with partial slab on grade / concrete crawlspace. Work on site will start in May and the project will be completed by November 2016.

- Work is available for labourers, carpenters and other construction trades people.
- Transportation and accommodation will be the responsibility of the applicants.
- Please email resumes to [info@unitechcm.ca](mailto:info@unitechcm.ca) or fax to our office at 604 943-0912.

Position	Wage Range
Labourer / Helper	11.50 to 13.50
Level 2 First Aid (Safety)	22.00 to 30.00
Apprentice Carpenter(or experienced)	22.00 to 30.00
Journeyman Carpenter (ticketed)	26.00 to 34.00

Shifts will generally be 8 hours per day, 5 days per week, producing a total of 80 hours per two week pay period. Some shifts will involve weekend work.

**TRADE CONTRACTORS, EQUIPMENT SUPPLIERS, TRADES PEOPLE**

- Trade contractors interested in bidding on contract packages should fax an expression of interest on company letterhead indicating their capabilities and type of work desired.
- Tradesmen that will not be bidding trade packages but are interested in positions with the successful trade contractors should also email resumes to [info@unitechcm.ca](mailto:info@unitechcm.ca) or fax to our office at 604 943-0912 for forwarding to the appropriate trade.
- Equipment suppliers are invited to email or fax details of available equipment and machinery that may be of use on this project complete with their rate schedule.

**Applications and expressions of interest accepted by Fax.**  
**No phone calls please.**

## Lower Nicola Indian Band

### High School Summer Student Employment Opportunities

Are you a student returning to school in September 2016/17?

Tentative Start Dates are listed below. Office hours are 8:30pm-4:30pm but evenings and weekend hours may be required.

Lower Nicola Indian Band has summer student opportunities in the following areas:

- o Administrative Band Office: Reception Start Date: July 4, 2016 End Date: Aug 26,2016

Under the Supervision of the Executive Assistant the Successful candidate will be assisting in all aspects of reception including directing calls and clients to appropriate staff member. Specifically the individual would gain experience in all duties involved with reception within the Administration Department.

- o Public/Capital Works Start Date: July 4, 2016 End Date: Aug 26,2016

Under the supervision of the Director of Infrastructure general upkeep of the Lower Nicola Indian Band properties (may include Band School) performing such tasks as: Lawn maintenance; Manual duties to clean and maintain landscaped environment

- o Economic Development Start Date: July 4, 2016 End Date: Aug 26,2016

Under the supervision of the Director of Lands and Economic Development the successful candidate would provide valuable support to the Economic Development staff in all areas of the department's mandate. Specifically the individual would gain experience in meeting preparation, developing communications materials for newsletters or website posting, public speaking, reporting and budgeting.

- o Summer Garden Start Date: July 4, 2016 End Date: Aug 26,2016

Under the supervision of the Director of Infrastructure the successful candidate will assist in the revitalization and up-keep of the community garden.

- o Recreation Assistant Start Date: July 4, 2016 End Date: Aug 26,2016

Under the direction of Arena/Recreation Manager the successful candidate will be responsible for developing and participating in recreational programs and events for Lower Nicola Indian Band youth, adults and elders. Evenings and Weekends may be required. Work hours will vary.

Submit Resume and Cover Letter with three references to:

Lower Nicola Indian Band, 181 Nawishaskin Lane, Merritt BC V1K 0A7

Or: by fax (250) 378-6188

OR by email [executiveassistant@lnib.net](mailto:executiveassistant@lnib.net)

**Application Deadline: June 20, 2016 at 2:00 pm**

## Lower Nicola Indian Band

### Post Secondary Summer Student Employment Opportunities

Are you a student returning to school in September 2016/17?

Tentative Start Dates are listed below. Office hours are 8:30pm-4:30pm but evenings and weekend hours may be required.

Lower Nicola Indian Band has summer student opportunities in the following areas:

- o **Cultural Coordinator Assistant** Start Date: May 9, 2016 End Date: Aug 26,2016

Under the Supervision of the Director of Human Services the Cultural Coordinator Assistant will assist with the development and implementation of the Cultural programs offered to the LNIB community

- o **Public/Capital Works** Start Date: May 9, 2016 End Date: Aug 26,2016

Under the supervision of the Director of Infrastructure general upkeep of the Lower Nicola

Indian Band properties (may include Band School) performing such tasks as: Lawn maintenance; Manual duties to clean and maintain landscaped environment

- o **Economic Development** Start Date: May 9, 2016 End Date: Aug 26,2016

Under the supervision of the Director of Lands and Economic Development the successful candidate would provide valuable support to the Economic Development staff in all areas of the department's mandate. Specifically the individual would gain experience in meeting preparation, developing communications materials for newsletters or website posting, public speaking, reporting and budgeting.

- o **Summer Garden** Start Date: May 9, 2016 End Date: Aug 26,2016

Under the supervision of the Director of Infrastructure the successful candidate will assist in the revitalization and up-keep of the community garden.

- o **Recreation Assistant** Start Date: May 9, 2016 End Date: Aug 26,2016

Under the direction of Arena/Recreation Manager the successful candidate will be responsible for developing and participating in recreational programs and events for Lower Nicola Indian Band youth, adults and elders.

Evenings and Weekends may be required. Work hours will vary.

Submit Resume and Cover Letter with three references to:

Lower Nicola Indian Band, 181 Nawishaskin Lane, Merritt, B.C. V1K 0A7

C/O Sondra Tom, Executive Assistant

Or: by fax (250) 378-6188 or email to executiveassistant@LNIB.net

**APPLICATION DEADLINE: JUNE 20, 2016 AT 2:00 PM**

**Lower Nicola Indian Band  
Infrastructure Sector - Facility and Event Planners**

Positions: Permanent, On Call-Casual, Event Planner/Coordinator

Reports to: Public Works Maintenance Supervisor

**Job Summary:**

The team of event planners will be responsible for set-up, take down and cleaning up after community events at various band facilities.

**Duties and Task:**

- Set up of facility to specific floor plans in timely manner;
- Take down and storage of all tables, chairs and equipment;
- Clean and disinfect all supplies, equipment and areas;
- Work efficiently as a team, and occasionally with custodial team
- Ability to multi-task.

**Qualifications and Abilities:**

- Must have a minimum valid class 5 driver's license and reliable transportation;
- Good organizational and time management skills;
- Physically fit and enthusiastic;
- Must be willing to work evenings, weekends and on short notice.
- Must have basic janitorial skills.

**DEADLINE FOR APPLICATION: MAY 24, 2016 4:00PM**

Submit Resume and Cover Letter:

ATTN: Executive Assistant

Email: [executiveassistant@lnib.net](mailto:executiveassistant@lnib.net)

181 Nawishaskin Lane

Merritt, BC V1K 0A7

One of the stories of how the Scwéxmx (people of the Creeks or Nicola Valley) came together was loooong ago the Stuwix, who were the Athapascan Nicola-Similkameen tribe, had frequent wars with the Thompson (the Lytton people) & the Okanagans. The Thompson drove them away & the Stuwix occupied which is now Nicola Valley. The Thompson ceased to attack the Stuwix after they had intermarried, as they were afraid of killing their own family. The Okanagan for the same reason also made fast friends with the Thompson & became their allies, & ceased to attack the Stuwix. During the past century the Thompson, Stuwix & Okanagan never fought with one another. - from the FirstVoices.com



## LOWER NICOLA INDIAN BAND

**Position Title:** Cultural Heritage Resource/ Environmental Project Workers  
**Reports To:** Lands & Economic Development Director  
**Subject to:** Term Position Lasting until Approximately November 2016. Subject to Terms and Conditions of the Personnel Policy and Budget Approval.

**Summary of Organizational Responsibilities:** The successful candidate will bring their energy, enthusiasm and interest in environmental and cultural resources to a variety of resource planning and research projects. Specifically the successful candidate will work the LNIB staff as a surveyor on land and resource development projects.

**Potential Duties and Tasks:**

- Field surveying of Cultural Heritage Resources, archaeological, plants, wildlife and soils values;
- Data entry;
- Communications (small reports, presentations);
- Background research relating to current and historical resource use and environmental management;
- Interviewing community members on current and historical resource use in the Nlaka'pamux Territory;
- Strong computer and information management skills;
- Strong file management;
- Familiarity with online mapping platforms.

**Qualifications:**

- Post-secondary training/education in natural resource management or related field (Preferred);
- Resource Inventory Standards Committee Training in Archaeological and CMT Inventory for Crew Members (Preferred);
- Level I first-aid (Preferred);

**Knowledge, Skills and Abilities:**

- A valid drivers license and reliable transportation (Mandatory);
- Positive attitude and genuine interest in projects and related duties (Mandatory);
- Understanding/interest in Nlekepmx resource use and cultural practices; Computer literate in Microsoft Word, Excel, Outlook, Publisher;
- Attention to detail related to note taking, and field sampling duties;
- Physically fit and able to work in adverse field conditions;
- Daily travel will be required;
- High paced work environment;
- Personal Protective Equipment (hard hat, safety glasses, steel toed boots, hi-vis vest) required;
- Ability to speak or willingness to learn the Nlekepmx language.

**Deadline:** This is an open call; however individuals are encouraged to respond as soon as possible.

**Start Date:** Dependent on scheduling with clients.

Applicants are required to submit a cover letter and resume to: Lands & Economic Development Director  
181 Nawishaskin Lane, Merritt, B.C. V1K 0A7 Email: reception@lnib.net



## EMPLOYMENT OPPORTUNITY

### Seasonal On-Call Fire Crews

- Crew Leaders - Supervisors
  - Danger Tree Assessors - wildfire module
  - First Aid Level 1 with transport endorsement
  - First Aid Level 3
  - Chainsaw Certified Operators
  - Pump Operators - Firefighters
  - Structure Protection - crew members
  - Structural Firefighters
- ✓ Email scanned copies of resume & training certificates
- ✓ [joel.firestorm@shaw.ca](mailto:joel.firestorm@shaw.ca) & [nsmolinski.firestorm@shaw.ca](mailto:nsmolinski.firestorm@shaw.ca)
- ✓ View our website under "Employment" for FAQ's
- ✓ All further correspondence via email only

[www.wildlandequipment.com](http://www.wildlandequipment.com)

## BIRTHDAYS



*Congratulations to Jenna Hill and Eric Carnegie who Welcomed baby Bryson James Carnegie on March 30th 2016.*

**Happy Birthday to  
Laura Isaac,  
Roy Spahan and  
Joyce Coutlee!**



**KEN'KEK'NUM TOM FOR MAY 10  
LOTS OF LOVE, AUNTIE TRE, UNCLE  
DAVE, ASHLEE & LEANN**

MAY 22ND - HAPPY 9TH BIRTHDAY JOHN MUIR  
- LOVE KALVIN, MYRNA, AUSTIN AND MOMMY

MAY 22ND - HAPPY BIRTHDAY JOHN M LOVE MOMMA &  
POPPA

Happy Birthday To LNIB Staff - May 1 Bonnie Kozub, May 3 - Jessie Devlin And Phyllis Edwards, May 6 - Lindsay Tighe, May 10 - Kelly Hampton, May 14 - Rylan Kerber, May 15 - Bridget Labelle, May 20 - Hyrum Peterson, May 25 - Chelsea Skoflek, May 28 - Ernie Mcivor

The Greatest Mother is Nature

Nature -- the Gentlest Mother is,  
 Impatient of no Child --  
 The feeblest -- or the waywardest --  
 Her Admonition mild --

In Forest -- and the Hill --  
 By Traveller -- be heard --  
 Restraining Rampant Squirrel --  
 Or too impetuous Bird --

How fair Her Conversation --  
 A Summer Afternoon --  
 Her Household -- Her Assembly --  
 And when the Sun go down --

Her Voice among the Aisles  
 Incite the timid prayer  
 Of the minutest Cricket --  
 The most unworthy Flower --

When all the Children sleep --  
 She turns as long away  
 As will suffice to light Her lamps --  
 Then bending from the Sky --

With infinite Affection --  
 And infiniter Care --  
 Her Golden finger on Her lip --  
 Wills Silence -- Everywhere --

- Emily Dickenson

First Nations Astrology:

Beaver: April 20 - May 20

Take charge, adapt, overcome - this is the Beaver motto. Mostly business, the Beaver is gets the job at hand done with maximum efficiency and aplomb. Strategic, and cunning the Beaver is a force to be reckoned with in matters of business and combat. One might also think twice about engaging the Beaver in a match of wits - as his/her mental acuity is razor sharp. The Beaver has everything going for him/her - however tendencies toward “my way or the highway” get them in trouble. Yes, they are usually right, but the bearer of this Native American animal symbol may need to work on tact. In a nurturing environment the Beaver can be compassionate, generous, helpful, and loyal. Left to his/her own devices the Beaver can be nervous, cowardly, possessive, arrogant, and over-demanding

Deer: May 21 - June 20

This Native American animal symbol is the muse of the zodiac. The Deer is inspiring lively and quick-witted. With a tailor-made humor, the Deer has a tendency to get a laugh out of anyone. Excellent ability for vocalizing, the Deer is a consummate conversationalist. This combined with his/her natural intelligence make the Deer a must-have guest at dinner parties. Always aware of his/her surroundings, and even more aware of his/her appearance, the Deer can be a bit self-involved. However, the Deer’s narcissism is overlooked because of his/her congeniality and affability. In a supportive environment the Deer’s natural liveliness and sparkly personality radiate even more. He/she is an inspiring force in any nurturing relationship. Left to his/her own devices the Deer can be selfish, moody, impatient, lazy, and two-faced.

## SUMMARY OF LANDMARK COURT DECISIONS IN ABORIGINAL LAW

We continue this month with the publication of relevant sections of the document “Summary of Landmark Court Decisions in Aboriginal Law” prepared by W. Ming Song, of Songbird Law Corporation, and originally published by the Office of the BC Vice-Chief of the Assembly of First Nations. In this edition, we will cover case law in three key topics:

- A. Self-Government
- B. Federal Authority, and,
- C. Provincial Authority

### A. SELF-GOVERNMENT

#### R. v. Sioui (1990) Supreme Court of Canada

Huron band Indians were charged with cutting down trees, camping and making fires in places not designated in Jacques-Cartier park contrary to provincial regulations. The Court was asked to determine whether regulations applicable to Hurons practising customs and religious rites, whether the document signed by General Murray in 1760 guaranteeing them free exercise of their customs and religion is a treaty, whether the treaty is still in effect and whether territorial scope of the treaty extends to the territory of the park so as to make regulations unenforceable in respect of accused.

From a treaty context, through historical evidence, the Court applies a more liberal approach to self-government when examining the historical relationship between First Nations and the Crown.

#### R. v. Pamajewon (1996) Supreme Court of Canada

The appellants Howard Pamajewon and Roger Jones, members of the Shawanaga First Nation, were charged with keeping a common gaming house contrary to s. 201(1) of the Criminal Code. The charges arose out of high stakes bingo and other gambling activities on the reserve. The appellants Arnold Gardner, Jack Pitchenese and Allan Gardner, members of the Eagle Lake First Nation, were charged with conducting a scheme for the purpose of determining the winners of property, contrary to s. 206(1)(d) of the Code. The charges related to the band’s bingo activities on the reserve. All were convicted and the convictions were upheld on appeal.

At issue here was whether the regulation of high stakes gambling by the Shawanaga and Eagle Lake First Nations fell within the scope of the aboriginal rights recognized and affirmed by s. 35(1) of the Constitution Act, 1982. The constitutional question before the Court queried whether ss. 201, 206 or 207 of the Criminal Code, separately or in combination, were of no force or effect with respect to the appellants by virtue of s. 52 of the Constitution Act, 1982, by reason of the Aboriginal or Treaty rights within the meaning of s. 35 of the Constitution Act, 1982.

Writing for the majority, Chief Justice Lamer stated that assuming, without deciding, that section 35(1) includes



self-government claims, the applicable legal standard is that laid out in *R. v. Van der Peet*. Claims to self-government made under s. 35(1) are no different from other claims to the enjoyment of Aboriginal rights and must be measured against the same standard and must be an element of a practice, custom or tradition integral to the distinctive culture of the Aboriginal group claiming the right. Aboriginal rights, including any asserted right to self-government, must be looked at in light of the specific circumstances of each case.

The Court rejected the appellants' claim that s. 35(1) recognizes and affirms their right to participate in, and to regulate, gambling activities on their respective reserve lands. The evidence presented at trial did not demonstrate that gambling, or that the regulation of gambling, was an integral part of the distinctive cultures of the Shawanaga or Eagle Lake First Nations at the time of contact. The activity was therefore not protected by s. 35(1).

*Campbell et. al. v. Attorney General of BC et al.* (2000) BC Supreme Court

Then leader of the opposition Gordon Campbell (and Attorney General to-be Geoff Plant) brought this case as a challenge to the self-government provisions of the Nisga'a Treaty. The plaintiffs argued that while s. 35 of the Constitution Act, 1982, may afford constitutional protection to Aboriginal title and some Aboriginal rights, the inherent right to self-governance was extinguished at the time of Confederation when the Constitution divided all governance powers between federal parliament and provincial legislatures, leaving no legislative powers for aboriginal people and their governments.

Up until this point, it was unclear whether the courts would hold that there was room in s. 35 of the Constitution Act, 1982 for an inherent right of self-governance as the Supreme Court of Canada had left this question open. Justice Williamson ruled that a limited form of self-government survived confederation and was affirmed by section 35, and the Nisga'a Treaty give this right definition and content.

## B. FEDERAL AUTHORITY

*R. v. Jim* (1915) British Columbia Supreme Court

The defendant Indian was charged with violating the Game Protection Act by killing a buck on reserve and using the meat for sustenance. The case is significant in promoting the notion that lands reserved for Indians were "federal enclaves" and as such, provincial legislation ended at the boundary of Indian reserves. This case was subsequently overturned by *R. v. Cardinal*.

*Cardinal v. Attorney-General of Alberta* (1973) Supreme Court of Canada

The appellant, a treaty Indian, at his home on an Indian Reserve in Alberta, sold a piece of moose meat to a non-Indian. He was charged with unlawful trafficking in big game, in breach of s. 37 of the Wildlife Act, R.S.A. 1970, c. 391. It is uncontested that what he did was, in fact and in law, within the prohibitions of that Act. The appellant was acquitted at trial on the ground that the Wildlife Act was ultra vires of the Legislature in its application to the appellant as an Indian on an Indian Reserve. An appeal by way of a stated case was dismissed.

On a further appeal to the court of Appeal, the judgment at trial was reversed. The appellant was granted leave to appeal to this Court.

The decision in *Cardinal* soundly rejects the notion of Indian reserves as federal enclaves from which makes all provincial laws inapplicable. The Court clarified that a province could not enact laws in relation to Indians or reserves. However, the intention of section 91(24) of the Constitution Act of 1867 was not to create federal enclaves such that provincial laws were inapplicable. If provincial legislation does not relate to Indians qua Indians, then it will apply on reserve.

Re: *Stoney Plains Indian Reserve No 135 (1982) Alberta Court of Appeal*

This case affirms the nature and effect of surrendering reserve land and title being transferred in fee simple. It will no longer be considered reserve land for purposes of federal jurisdiction and section 91(24) of the Constitution Act, 1867 and thus will be subject to provincial jurisdiction. However, the lands may remain a reserve, and under federal authority, if the underlying Indian interest remains, if no band interest is ceded, Canada retains title, the land is held in trust for the benefit of the Indian band and its members or if land is surrendered for leasing purposes but the reversionary is held by the Indians.

### C. PROVINCIAL AUTHORITY

*Kruger et al. v. R (1978) Supreme Court of Canada*

While hunting for food during the closed season, the appellants, members of the Penticton Indian Band, killed four deer. They lacked permits, available to them under the Wildlife Act, 1966 (B.C.), c. 55, for hunting during the closed season. The hunting took place upon unoccupied Crown land which is the traditional hunting ground of the Penticton Indian Band.

The case dealt with the interpretation of section 88 of the Indian Act. Section 88 states that, “all laws of general application from time to time in force in any province are applicable to and in respect of Indians in the province, except to the extent that such laws are inconsistent with this Act or any order, rule, regulation or by-law made thereunder, and except to the extent that such laws make provision for any matter for which provision is made by or under this Act.”

In applying section 88, the Court held that laws of general application, in this case, the Wildlife Act, are those laws that apply uniformly throughout the jurisdiction and therefore are not in relation to one class of citizens, namely Indians. In other words, laws that apply to everyone will also apply to Indians.

*Dick v. Queen (1985) Supreme Court of Canada*

The Appellant, a non-treaty Indian member of the Alkali Lake Band, was charged with the killing of a deer out of season without being the holder of a permit, contrary to s. 3(1) of the British Columbia Wildlife Act. The Appellant killed the deer for food on the traditional hunting grounds of the Alkali Lake Band outside the reserve.

The Appellant was subsequently convicted and his appeals to the County Court and the Court of Appeal were dismissed.

This appeal raises several issues: (1) whether the Wildlife Act impairs the status and capacity of Indians, an invasion of the federal field under s. 91(24) of the Constitution Act, 1867; (2) if so, whether the Wildlife Act is a law of general application referentially incorporated into federal law by s. 88 of the Indian Act; and (3) whether this appeal raises a question of law alone for the purpose of s. 114 of the Offence Act of British Columbia. Held: The appeal should be dismissed.

The case is significant in definitively establishing a new interpretation of section 88 of the Indian Act and the application of provincial laws to Indians.

The Court held that the Wildlife Act of British Columbia is a law of general application and it applies to the appellant either by its own force or, assuming that the Wildlife Act has the effect of regulating him qua Indian, by referential incorporation under s. 88 of the Indian Act.

(a) Laws of general application: To determine whether a provincial enactment is not a law of general application, it must be shown that the intent, purpose or policy of the legislation was to impair the status or capacities of a particular group. While it is assumed in this case that the Wildlife Act impairs the status or capacity of Indians, it has not been demonstrated that the provincial legislator intended this particular impact nor has it been established that the legislative policy of the Wildlife Act singles out Indians for special treatment or that it discriminates against them in any way.

(b) Referential incorporation: Section 88 of the Indian Act does not incorporate, as part of federal legislation in respect to Indians, all provincial laws of general application. On one hand, s. 88 refers to the provincial laws which cannot apply to Indians without regulating them qua Indians, i.e., provincial legislation which, per se, would not apply to Indians under the Indian Act unless given force by federal reference. On the other hand, provincial laws of general application which can apply to Indians without touching their Indianness apply to them *ex proprio vigore*.

*Derrickson v. Derrickson* (1985) Supreme Court of Canada

The parties, husband and wife, were members of an Indian Band located in British Columbia. The appellant brought a petition for divorce and made an application under Part 3 of the Family Relations Act for one-half of the interest in the properties for which her husband held Certificates of Possession issued pursuant to s. 20 of the Indian Act, or for compensation in lieu of division. The Supreme Court of British Columbia dismissed the application. On appeal, the Court of Appeal concluded that the appellant was not entitled to an interest in the Indian reserved lands but made an order for compensation for the purpose of adjusting the division of family assets between the spouses. This appeal is to determine whether the provisions of the Family Relations Act of British Columbia dealing with the division of family assets are applicable to lands in a reserve held by an Indian.

This decision affirms the interpretation of section 88 of the Indian Act as set out in *Dick*. The provisions of the Family Relations Act dealing with the right of ownership and possession of immovable property, while valid in

respect of other immovable property, cannot apply to lands on an Indian reserve. When provincial legislation, given the generality of its terms, extends beyond the matter over which the legislature has jurisdiction and over a matter of federal exclusive jurisdiction, it must, in order to preserve its constitutionality, be read down and given the limited meaning which will confine it within the limits of the provincial jurisdiction. The right to possession of lands on an Indian reserve is of the very essence of the federal exclusive legislative power under s. 91(24) of the Constitution Act, 1867. It follows that provincial legislation cannot apply to the right of possession of Indian reserve lands.

The Court further found that, even assuming that s. 88 of the Indian Act applies to lands reserved for the Indians, the impugned provisions of the Family Relations Act cannot be referentially incorporated in the Indian Act since they are excluded by the application of the federal paramountcy set out in the section. Provisions such as are made in s. 52 of the Family Relations Act for orders dealing with ownership, right of possession, transfer of title, partition or sale of property, severance of joint tenancy are in actual conflict with the provisions of the Indian Act. 32 Therefore, where an equal division is not possible, like in this case, because some assets cannot be divided, the court may pursuant to s. 52(2)(c) of the Family Relations Act award compensation for the purpose of adjusting the division of family assets between the spouses. There is no inconsistency between such a provision for compensation between spouses and the Indian Act.

R. v. Francis (1988) Supreme Court of Canada

The Appellant was convicted under s. 167(b) of the New Brunswick Motor Vehicle Act for a traffic offence that occurred on an Indian reserve. He raised the argument that he could only be charged and convicted under s. 6 of the Indian Reserve Traffic Regulations. The constitutional questions stated by this Court queried: (1) whether s. 167(b) of the New Brunswick Motor Vehicle Act was constitutionally applicable to the regulation and control of the operation of motor vehicles on an Indian reserve, and if so, (2) whether s. 167(b) of the Motor Vehicle Act was in conflict with the Indian Reserve Traffic Regulations and therefore inoperative to the extent of the conflict.

This case provides another example of the applicability of provincial legislation on reserve lands and provides a means by which conflicting or separate laws can be resolved.

The Court held that in the absence of conflicting federal legislation, provincial motor vehicle laws of general application apply *ex proprio vigore* on Indian reserves. To hold otherwise would amount to resuscitating the “enclave” theory.

Section 6 of the Indian Reserve Traffic Regulations incorporates by reference or adopts provincial traffic regulations as federal laws. The provincial law, nevertheless, can operate in its own right for federal and provincial laws that merely duplicate one another but do not conflict can exist side by side. Neither the incorporation by reference nor the enactment of a separate penalty for breach of the federal regulations establish a sufficient intent on the part of the federal government that it wished to cover the field exclusively.



## WILD CRAFTING



Nicola Tribal Association has teamed up with Community Services to provide a series of classes on Wild Crafting and Traditional Medicines. The are instructed by Dr. Jeannie Paul who has over thirty years medical and traditional medicine experience. Approximately 30 people are taking the course, many are LNIB Members, and it's wonderful to have this knowledge passed on.

The first day was a Wild Crafting day spent in the beautiful Stein Valley learning to recognize and harvest some of the coastal traditional medicine plants. We harvested nine different plants - which meant a lot of cleaning and chopping later!

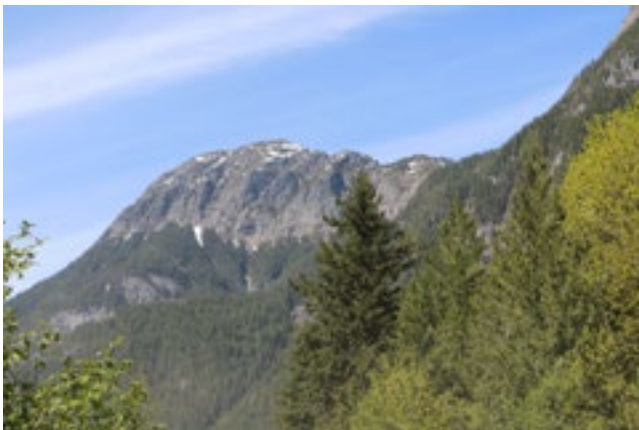


The second class was a half day session of intensive learning about some of the history of the medicines and their uses, and the Doctrine of Signatures (essentially what the plant looks like is what it cures).

There are four more sessions to this course so more about it in next month's newsletter. If you ever have the opportunity to hear Dr. Jeannie Paul, it's not to be missed. She is a dynamo!

Thanks to Jim Adams and Tamara George at NTA with the hopes that there will be future classes, and to Bridge Labelle for organizing this for LNIB.

And, food for thought.... Shouldn't the Community Garden have a section for Traditional Medicine plants?





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Last thoughts:

I hope you have enjoyed this issue of the Newsletter. We are constantly striving to make it fresh and informative. We rely on all our departments to provide content, but we are also interested in hearing from and receiving content from the Community. So please share your thoughts, poetry, recipes, stories. Drop them off at the Band Office, or email them to me at [communications@lnib.net](mailto:communications@lnib.net).

Secondly, it has been past practice to have copies of the Newsletter delivered door to door on reserve and this involves a lot of printing cost. We will certainly continue to provide hard copies to Elders and to anyone without access to a computer but please let me know what your preference is. Do you read the Newsletter in paper format or prefer the online in colour version? We are going to reevaluate delivery systems for the July issue, so please get in touch!

Ruth Tolerton, Communications Coordinator

IMPORTANT EVENTS:

APRIL 25, 2016, 6:00 PM BAND GENERAL - Shulus Hall

APRIL 27, 2016, 5:30 PM SHULUS CATTLE CO - Band School

MAY 15, 2016, 9:00 AM TURN ME LOOSE IN SHULUS  
fundraiser run - Band School (register on line at [www.lnib.net](http://www.lnib.net))



Answers to puzzles on page 6

1. Feeling under The Weather
2. Walking backwards
3. Two peas in a pod.